



ROLE OF FINE NEEDLE ASPIRATION CYTOLOGY IN DIAGNOSIS OF SALIVARY GLAND LESIONS AND ITS HISTOPATHOLOGICAL CORRELATION

Pathology

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ABSTRACT

BACKGROUND: Fine needle aspiration cytology (FNAC) is the established first line investigation of mass lesions in the body. Kun was the first to describe the diagnostic use of FNAC in 1847. About 2-6.5% of all head and neck region neoplasm in adults are from salivary glands which are usually accessible for FNAC. It helps to distinguish salivary glands lesion as inflammatory, benign and malignant hence allowing proper planning for management.

MATERIAL AND METHODS: It was a retrospective study carried for the period of December 2020 to May 2021. 68 cases of salivary gland swelling were included in which cytological and histological studies were done. 22 cases were excluded from the study on view of inadequate material or lack of either FNAC or histology correlation. All the patients were clinically evaluated and FNAC was done using 10 ml disposable syringe and 23/24-gauge needle without using local anesthesia. We classified our FNAC results as true-negative, true-positive, false-negative and false-positive. We also compared the histopathology of the surgical specimens and cytology of the FNAC specimens and evaluated the sensitivity, specificity, positive predictive value (PPV), negative predictive value (NPV).

RESULTS: Parotid gland was commonest affected site. Out of 46 neoplastic lesions 39 (84.7%) were benign and 07 (15.3%) were malignant. An overall of 86.9% (40/46) concordance between FNAC and final histological diagnosis was established. A sensitivity of 97.4% and specificity was 71.4%, were observed with 93.4 % of accuracy. The positive and negative predictive values were 95% and 83.3%, respectively.

CONCLUSION: FNAC is a safe and accurate diagnostic tool. Surgeon can plan treatment according the preoperative FNAC diagnosis and avoid unnecessary surgeries.

KEYWORDS

Cytology, FNAC, Parotid gland

INTRODUCTION

The diagnostic use of needle aspiration technique as a new instrument was first described in 1847 by Kun. After that in the United Kingdom in 1927 Dudgeon and Patrick used it as a means of rapid microscopic diagnosis but in 1933 Stewart analyzed 2500 tumors by aspiration cytology and mentioned the points which still form the core of knowledge that must be acquired to ensure the correct and successful application of needle aspiration cytology. Fine needle aspiration cytology (FNAC) is now established as the first line investigation of mass lesions in the body.^[1-3]

About 2-6.5% of all head and neck region neoplasm in adults are from salivary glands which are usually accessible for FNAC. This procedure will avoid incisional biopsy and the risks of fistula formation, or tumour implantation in case of neoplasms.^[4-5] However, some authors have the opinion that pre-operative FNAC has little influence on the clinical management since most of the masses ultimately require surgery^[6].

Due to the distinct morphology of salivary glands, FNAC helps to distinguish salivary glands lesion as inflammatory, benign and malignant hence allowing proper planning for management. If the pathology is known it is easy to counsel the patient and plan surgery if necessary.

This retrospective study evaluated and analyzed salivary gland lesions by FNAC and correlated the cytologic findings with histopathology.

MATERIALS AND METHODS

Present study was carried out in the Department of Pathology, Jawaharlal Nehru Medical College, Bhagalpur, Bihar during the period of December 2020 to May 2021. In the present study, 68 cases of salivary gland swelling were included in which cytological and histological studies were done. Three cases were having scant or inadequate aspirate on FNAC and 19 cases were having either cytology or histology reports available and were excluded from the study. Thus only 46 cases were included in this study and cytohistological correlation was made. All patients were clinically evaluated by detailed history, clinical examination, and hematological and radiological investigations. FNAC was performed from different sites of the salivary gland swelling using a 10 ml disposable syringe

and 23/24-gauge needle without local anesthesia. FNAC air dried smears were stained with Leishman stain and wet smears fixed in 95% ethyl alcohol were stained with either Papanicolaou stain or Hematoxylin and Eosin stain.

We classified our FNAC results as true-negative, means absence of malignancy and correctly diagnosed, true-positive means presence of malignancy and correctly diagnosed, false-negative means cytological specimen failed to diagnose a malignancy and falsepositive means cytological specimen was incorrectly considered or suspected for malignancy.

We also compared the histopathology of the surgical specimens and cytology of the FNAC specimens and evaluated the sensitivity, specificity, positive predictive value (PPV), negative predictive value (NPV), and overall accuracy of FNAC to differentiate between benign and malignant disease.

RESULTS

The study included 46 cases of salivary gland neoplasms ranging from 1-91 years, out of which 26 (56.5%) were males and 20 (43.5%) were female with an overall male predominance. Out of 46 neoplastic lesions 39 (84.7%) were benign and 07 (15.3%) were malignant. Benign neoplasms outnumbered the malignant neoplasms. In general parotid gland was commonest affected site. In this series 34 (73.9%) patient had parotid, 6 (13.05%) had submandibular, 6 (13.05%) sublingual and minor salivary gland tumors.

Pleomorphic adenoma was the most common in benign tumor group 23 (50%) cases. [Table 1 and 2].

Table 1 : Showing various histopathology diagnosis

Histopathology diagnosis	Number of cases and Percentage
Pleomorphic adenoma	20(43.4%)
Warthin's tumor	3(6.5%)
Sialadenitis	7(15.2%)
Basal cell adenoma	1(2.17%)
Myoepithelioma	1(2.17%)
Cyst	6(13.0%)

Kimuras Disease	1(2.17%)
Mucoepidermoid carcinoma	2(4.34%)
Metastasis of Squamous cell carcinoma	2(4.34%)
Adenoid cystic carcinoma	2(4.34%)
Carcinoma ex Pleomorphic adenoma	1(2.17%)
Total	46(100%)

Table 2 : Showing histopathology diagnosis and cytology discordance

Benign	Histopathology diagnosis	Cytology discordance
Pleomorphic adenoma	20(43.4%)	3(6.5%)
Warthin's tumor	3(6.5%)	
Sialadenitis	7(15.2%)	1(2.17%)
Basal cell adenoma	1(2.17%)	
Myoepithelioma	1(2.17%)	
Cyst	6(13.0%)	1(2.17%)
Kimuras Disease	1(2.17%)	
Total Benign	39(84.78%)	5(10.86%)
Malignant		
Mucoepidermoid carcinoma	2(4.34%)	1(2.17%)
Metastasis of Squamous cell carcinoma	2(4.34%)	
Adenoid cystic carcinoma	2(4.34%)	
Carcinoma ex Pleomorphic adenoma	1(2.17%)	
Total Malignant	7(15.22%)	1(2.17%)

An overall of 86.9% (40/46) concordance between FNAC and final histological diagnosis was established.

The cytological diagnosis was true positive for malignancy in 5 (10.86%) cases and true negative in 38 (82.6%) cases. Five of the 5 (100%) true-positive neoplasms and 35 of the 38 (92.1%) true-negative benign lesions were determined as accurate results.

There was 1 (2.1%) false positive and 2 (4.3%) false negative results. [Tables 3, 4 and 5].

Table 3 : Showing true-positive cases with accurate and inaccurate results (n=05)

Accurate [n=05]		Inaccurate [n=02]	
Cytology	Histopathology	Cytology	Histopathology
2 Squamous cell Ca	2 Squamous cell Ca	-	-
2 Mucoepidermoid Ca	2 Mucoepidermoid Ca	-	-
1 Adenoid Cystic Ca	1 Adenoid Cystic Ca	-	-

Table 4 : Showing true-negative cases with accurate and inaccurate results (n=38)

Accurate [n=35]		Inaccurate [n=03]	
Cytology	Histopathology	Cytology	Histopathology
20 Pleomorphic adenoma	20 Pleomorphic adenoma	1 Warhins Tumor	1 Kimras Disease
1 Warthin's Tumor	1 Warthin's Tumor	1 Warthin's Tumor	1 Sialadenitis
7 Sialadenitis	7 Sialadenitis	1 Cystic Lesions	1 Sialadenitis
6 Cystic Lesions	6 Cystic Lesions		
1 Basal Cell Adenoma	1 Basal Cell Adenoma		

Table 5 : Table showing False Positive and False Negative Results

False-negative (n=5)		False-positive (n=2)	
Cytology	Histopathology	Cytology	Histopathology
1 Pleomorphic adenoma	1 Carcinoma ex Pleomorphic adenoma	1 Mucoepidermal Ca	Myoepithelioma
1 Cystic Lesion	1 Adenoid cystic Ca		

A statistical analysis of 46 cases was carried out to assess the diagnostic accuracy of salivary glands FNAC compared with that of histological results [Table 6]. A sensitivity of 97.4% and specificity was 71.4%, were observed with 93.4% of accuracy. The positive and negative predictive values were 95% and 83.3%, respectively.

No complication such as local inflammation, hematoma, infection, or

facial nerve damage was observed.

Table 6 : Comparison of histological results in 129 with

FNAC diagnosis	Histological diagnosis			
	Benign	Malignant	Total	
	38TN	02FN	40	
Benign	01FP	05TP	06	
Malignant	39	07	46	

DISCUSSION

The FNAC has been widely used as a diagnostic tool for the management of various head and neck lesions. It is accurate, safe and a superior modality.^[7,8,9,10]

In the present study, 3rd and 4th decade age group had more cases and male preponderance was observed which was 1.3:1 but in other studies females were outnumbered.^[10] Parotid gland was involved in 73.9% cases and is comparable with other studies. There were 39 (84.7%) benign cases and 7 (15.3%) malignant cases these incidence were also comparable to other studies.^[11,12,13,14]

23 out of 46 (50%) cases diagnosed as pleomorphic adenoma on FNAC, 20 out of 46 (43.5%) were correctly confirmed by histopathology and remaining three case were carcinoma ex pleomorphic adenoma, sialadenitis and Warthins tumor. These diagnostic errors might be due to sampling from nonrepresentative areas with inflammation and metaplastic changes. FNAC smears from pleomorphic adenoma shows epithelial and spindle-shaped cells with chondromyxoid ground substance in background. This is similar to other studies as 50% and 21.6% cases were of pleomorphic adenoma.^[12,13]

There were 5 out of 8 cases of sialadenitis which were confirmed on histopathology, while 2 cases of sialadenitis were conformed as Warthins tumor and one was cystic lesion on histopathology. Similarly 5 out of 7 cases of Cystic lesion were confirmed on histopathology while 1 case was sialadenitis and another turn out to be adenoid cystic carcinoma. In present study cyto-histological correlation of for chronic sialadenitis was 62.5% compared to 90% and 81.8% in other studies.^[14,19]

The diagnostic sensitivity of FNAC in detecting malignant disease was 97.4% and specificity was 71.1%. This wide range of sensitivity and specificity reported in various studies, from as low as 27% up to 97% and 84% to 100% can be because of variation in skills to perform FNAC and expertise of the Pathologist to assess the specimen [15-18]. Sampling error can lead to increase number of false negative and false positive FNAC results and decrease in diagnostic accuracy. In our study there were 2 (4.34%) false negative cases that is carcinoma ex pleomorphic adenoma and adenoid cystic carcinoma and 1 (2.17%) false positive case of myoepithelioma. These cases have varied complex and overlapping morphological features which make the diagnosis difficult.

CONCLUSION

It can be concluded from our study that FNAC is a safe and accurate diagnostic tool. Surgeon can plan the treatment according to the preoperative FNAC diagnosis and avoid unnecessary surgeries in cases where surgery is not required and also extend the treatment plan when the diagnosis of malignancy is made.

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