



A CASE REPORT OF BILATERAL OPTIC NEURITIS – CHEMOTHERAPY INDUCED (TREATMENT A CHALLENGE?)

Oncology

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KEYWORDS

INTRODUCTION

The incidence of cytotoxic chemotherapy-related ocular toxicity is on the rise with the advent of newer agents and more aggressive combination regimens.

The quality of life of the patient is further compromised due to poor vision in such cases. We report a case of presumed chemotherapy-induced optic neuropathy associated with the use of vincristine and methotrexate for diffuse large b cell lymphoma (DLBCL)

CASE REPORT

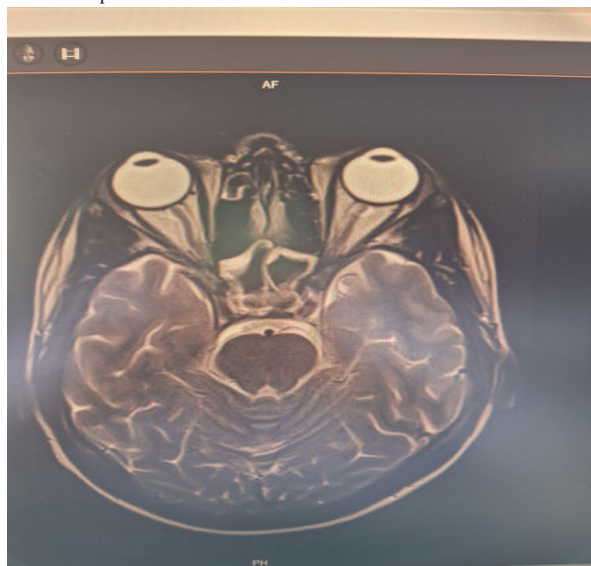
A 19 year old boy presented with complaints of cough and breathlessness since 1 month. On examination vitals; pulse – 92, bp – 110/80, spo2 – 96 and ros was normal. Imaging was done on which showed anterior mediastinal mass and lesion in the left upper pole of the kidney. Biopsy was done and suggestive of Diffuse large B CELL Lymphoma.

Following which he was started on chemotherapy under LMB 96 protocol. He received pre-phase COP and 2 Induction cycles of R COPADM. After which he presented within 4 days with pain in right eye. Following which OPHTHAL EXAMINATION revealed –

VISUAL ACUITY – RIGHT EYE	LEFT EYE
6/6	6/6

FUNDUS EXAMINATION – NORMAL

Then MRI brain was suggestive of optic neuritis. Magnetic Resonance Imaging (MRI) Showed Hyperintensity In Bilateral Optic Tracts



Serum MOG antibodies – were negative.

THE PATIENT WAS MANAGED WITH CORTICOSTEROIDS - INJ METHYL PREDNISOLONE 1 GM FOR 3 DAYS

Patient symptomatically improved and we proceeded with to continue with consolidation CYM Post Chemo it was uneventful.

Patient is on tapering dose of steroids and is not having any complaints. Patient has completed chemo and is in remission.

DISCUSSION

OPTIC NEURITIS is associated with moderate to severe vision loss, color vision loss, and pain with eye movement. Optic neuritis that is due to ischemia, however, may be nonpainful. Examination of the optic nerve head can sometimes show either optic disc swelling, if it involves the anterior portion of the optic nerve, or no swelling, if it involves the posterior portions. An MRI with contrast and dedicated orbital cuts can help with diagnosis. Patients may have an afferent pupillary defect if one optic nerve is involved more than the other.

Vincristine Induced

Vincristine is a mitotic inhibitor used to manage various pediatric tumors. Peripheral neuropathy is a well-known side effect of vincristine, and cranial nerve palsy is also seen occasionally. Other neurologic side effects are uncommon, with optic neuropathy being a particularly rare complication. Herein, we report a case of bilateral acute optic neuropathy in a male adolescent patient. We speculate that vincristine treatment is the underlying cause of the optic neuropathy.

3 doses of vincristine was given over a span of 4-6 weeks; so we hypothesize that chronic accumulation of the drug triggered the toxicity.

Methotrexate

If Methotrexate is injected by intrathecal route; optic neuropathy and internuclear ophthalmoplegia can develop.

Optic neuropathy is a rare complication of vincristine use, with only a few cases reported. Norton and Stockman reported two pediatric patients who developed unilateral optic neuropathy approximately 1 week after being treated with vincristine. In that report, unlike our patient, both children were affected unilaterally and complained of pain; also, visual acuity improved after discontinuation of vincristine. Shurin et al reported bilateral optic atrophy in a 15-year-old girl that developed after 5 doses of weekly vincristine for management of medulloblastoma. Her vision improved after discontinuation of vincristine; however, optic disc pallor developed. Teichmann and Dabbagh reported severe bilateral optic neuropathy in a patient treated with vincristine for low-grade spinal cord astrocytoma. Weisfeld-Adams et al reported another case of optic neuropathy associated with vincristine: A 6-year-old boy presented with retro-orbital pain and rapid loss of vision 3 weeks after completing the sixth cycle of vincristine. There was no significant recovery of vision despite discontinuation of vincristine and administration of intravenous methyl-prednisolone, and fundoscopic examination revealed bilateral optic atrophy.

CONCLUSION

Optic neuritis is rare adverse event of chemotherapy. However, this diagnosis should still be considered when they present with visual loss while receiving systemic chemotherapy. Visual acuity should be

monitored when patient is on chemotherapy and any deterioration should alert the attending physician the possibilities of optic neuritis.

In the setting of ocular toxicity , the continuation or discontinuation of particular chemotherapeutic agent should be individualised.

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