



CLINICAL VERIFICATION OF INDIVIDUALIZED HOMOEOPATHIC MEDICINE NATRUM MURIATICUM IN MIGRAINE: A CASE STUDY

Homeopathy

Dr Ishita. S. Vyas

PhD Scholar Tantia University, Associate Professor Department of FMT Merchant Homoeopathic Medcial College, Mehsana, Gujarat, India.

Dr. Sat Paul Madaan

PhD Guide (Emeritus Professor) at Tantia University, Sri Ganganagar, Rajasthan, India.

ABSTRACT

Migraine: One of the most prevalent and challenging therapeutic issues in medicine is headache. The cause is usually minor and curable in most Patients, and a thorough clinical history and examination frequently permits a definitive diagnosis, thereby preventing needless testing. Migraine prevalence typically begins after puberty and lasts until late middle age. 15% of women and 6% of men suffer from migraines, according to Harrison's book of medicine. Because of this uneven sex ratio, it is of interest to note that the frequency of occurrence is higher in females than in males. This knowledge inspired us, and we were interested in learning more about the application of homeopathy to migraines. The case described here involves a 47 years Female who had a migraine that was effectively cured with homeopathic medicine.

KEYWORDS

Migraine, Homoeopathy medicine.

INTRODUCTION

A complicated neurological illness with a genetic component, migraine is typified by episodes of moderate-to-severe headaches, usually unilateral, often accompanied by nausea and increased sensitivity to light and sound. The Greek term hemikrania, which was later translated into Latin as hemigranea, is where the name "migraine" originates. The term migraine is the French version.

Date: 5/09/2023

Name: XXY

Age: 47 years

Sex: Female.

Education: Graduate.

Occupation: House wife.

Religion: Hindu.

Marital Status: Married.

Chief Complaints: – A 47 year old male presented in OPD with complaints of headache since 4 year.

Location	Sensation	Modalities	Concomitants
Head	Bursting pain	A/F grief	Vomiting
Extending occiput to forehead since 4 years.	Pulsating pain	<menses after <mental exertion <physical exertion <sun exposure	

ASSOCIATED COMPLAINTS:

Location	Sensation	Modalities	Concomitants
Skin since 3 year	Itching brown spot	<sun exposure	Vomiting.
GIT since 2 year	Burning	< night < mental shock	
Circulatory system since 4 years	Hypertension	<anxiety	

PHYSICAL GENERALS:-

APPETITE: - Some time excessive some time loss of appetite

THIRST: -Two to three liter per day. Very cold water.

URINE: -N/S

STOOL: -Constipated some times

DESIRES: -Salt,+++ Spicy,+

AVERSIONS: -Milk,+++ apple,++ pastry,+

THERMIC REACTION: -Hot

SLEEP: -Sleeplessif tired, sleeplessIf thoughtful, sometimes sleepless up

To 15 days, sometimes good sleep. Sleep on back position.

PERSPIRATION: -Profuse after menopause

MENSTRUAL FUNCTION:

Menarche 15 years of age.

Flow 4- 5 days.

Dark red blood.

Bleed more if anxiety

Menopause 42 year of age.

Mental Generals - :- TIMID, IRRITABILITY TRIFLES FROM, AILMENTS FROM GRIEF IMPATIENT, CLAIRVOYANCE.

PAST HISTORY:

History of recurrent boils.

Anemia during pregnancy.

LSCS delivery

Family History:

FATHER: Hypertensive.

MOTHER: Diabetes.

SISTER: Healthy.

Physical Examinations And Systemic Examinations:

VITAL DATA:

BP: Hypertension 150/100 mm/hg

Pulse: 78 p/m

Temp.: NAD

RR : NAD

Symptom	Remedy	Value
1 Mind - TIMID	(112) 1	2 3 3 3 1 2 3 2 3 2 3 2 1 3 2 3 2 2
2 Mind - GRIEF ailments from	(67) 1	3 2 3 - 3 3 2 1 - - - 2 3 1 - 2 3 -
3 Mind - IRRITABILITY general - trifles from	(48) 1	2 2 2 1 1 3 - 3 1 - - 1 2 - 1 - 1 1 1
4 Mind - IMPATIENCE	(124) 1	2 2 - 3 2 3 2 2 3 1 3 2 3 2 3 2 3 1
5 Mind - CLAIRVOYANCE	(27) 1	- 1 3 - 1 - - - - 1 - 1 - - - -
6 Food - SALT general - desires	(48) 1	3 2 3 1 - - - - 3 - 2 1 - 2 - 3 - - 3
7 Female - MENOPAUSE general	(100) 1	1 1 2 3 3 2 3 1 3 2 - - 1 1 2 2 2 1
8 Food - SPICY food - desires	(33) 1	1 - - 3 3 - 3 1 - 1 3 - - 2 2 - 1 - -
9 Food - SWEETS general - aversion to	(37) 1	- - 2 2 - 1 1 1 - - - 2 1 2 2 - - -
10 Food - MILK general - aversion to	(61) 1	2 2 2 2 1 1 2 1 2 1 2 1 2 - - 2 2 2
11 Head - PULSATING sensation	(162) 1	1 1 2 3 3 1 2 2 2 3 3 2 - - 3 - 2 2 2
12 Headaches - MENSES during - after	(25) 1	2 2 - - 2 - - 2 - 2 2 - - - 1 - 2 - -
13 Headaches - OCCIPUT headaches gen.	(43) 1	2 2 - 1 2 - - - - 1 2 - - - 2 - - 2
14 Diseases - HYPERTENSION high blood	(80) 1	3 2 1 2 3 2 1 1 1 - 1 1 - 1 1 - 1 -

Prescriptive Totality:

- 1) MIND :- TIMID
- 2) MIND :- IRRITABILITY TRIFLES FROM
- 3) MIND :- AILMENTS FROM GRIEF
- 4) MIND :- IMPATIENT
- 5) MIND :- CLAIRVOYANCE
- 6) FEMALE :- MENOPAUSE GENERAL
- 7) FOOD :- DESIRE SALT.
- 8) FOOD :- DESIRE SPICY
- 9) FOOD :- AVERSION SWEET
- 10) FOOD :- AVERSIN MILK
- 11) HEAD :- PAIN PULSATING
- 12) HEADACHE :- MENSES AFTER
- 13) HEADACHE :- OCCIPUT EXTENDING TO FOREHEAD

14) DISEASE :-HYPERTENSION

Repertorial Result:

NAT. MUR: - 24/12

CALC CARB: - 22/12

LACH: - 21/11

PHOS: - 25/10

Selection Of Remedy And Its Potency With Justification –

Nat mur was selected as first prescription because: first maximum marks with maximum rubrics after repertorisation. after comparison of symptoms from various books of materia medica, Nat mur appears to be most similar remedy to the totality of symptoms of the patient.

PRESCRIPTION:-*Natrum Muriaticum* 200 ONE DOSE

SL 30 TDS for 15 days

FOLLOW UP

DATE	SYMPTOMS	TREATMENT
20/09/08	Headache relieved, acidity relieved .mentally relaxed, sleep well	SL BD 15 days
06/10/2023	Headache relieved, acidity relieved, irritability less,	NAT MUR 1M one dose SL BD 15 Days.
09/11/2023	Headache much relieved, acidity relieved, irritability much less, brown discoloration of leg less seen.	SL BD 15 days
12/12/2023	Sight pain in headache, acidity relieved, irritability less, hypertension less.	NAT MUR 1 M one dose SL BD 15 days
14/01/2024	No pain during this time, no acidity, slight hypertention.	SL 1 One dose, SL BD 15 Days

CONCLUSION:

Homoeopathic medicines have a positive effect on the Migraine status of the patients

REFERENCES:

- Davidson, S., Bouchier, I. and Edwards, C. (1991). *Davidson's principles and practice of medicine*. E.L.B.S. and Churchill Livingstone, London. Pp
- Harrison: Harrison principles of internal medicine 18th edition 2 nd volume Mc Graw Hill 2015 ; 2586
- Rose FC. The history of migraine from Mesopotamian to Medieval times. *Cephalalgia*. 1995 Oct;15 Suppl 15:1-3.
- RADAR [computer program]. Version 10.0. London: Archibel Homeopathic software
- Boericke W. New Manual Of Homoeopathic Materia Medica, New Delhi: B.Jain Publishers (P)Ltd; 2011.
- Pathak S. Materia Medica of homoeopathic Medicines. 2nd ed. Noida: B.jain Publishers; 1999
- Clarke, J.H. A Dictionary of Practical Materia Medica. New Delhi: B. Jain Publishers; 1999.
- Nash EB. Leaders in Homoeopathic Therapeutics with Grouping and Classification. Low price edition. New Delhi: B. Jain Publishers (P); 2014.