



HOMOEOPATHIC MEDICINE ORNITHOGALUM UMBELLATUM FOR MANAGEMENT IN CASE OF IRRITABLE BOWEL SYNDROME -A CASE REPORT

Homoeopathy

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KEYWORDS

INTRODUCTION

Irritable Bowel Syndrome (IBS) is a functional bowel disorder characterized by abdominal pain or discomfort and altered bowel habits in the absence of detectable structural abnormalities. IBS is characterized by recurrent abdominal pain in abdomen, abdominal swelling, diarrhea, constipation, eructation and flatulence and mucorrhoea. IBS is important because of its high prevalence, substantial morbidity and enormous costs. Patients with IBS have a poor quality of life with severe impact on their social and economic burdens. IBS affects about 11% of people worldwide, depending on the diagnostic criteria used. IBS is more prevalent in younger people.

The number of people with IBS has been increasing recently, especially in developed countries. The prevalence of IBS is 10% - 15% and the incidence of IBS is 1% - 2% per year in the general population. The population based studies reported a female predominance. IBS is the most prevalent functional gastrointestinal disorder, with an estimated 11.2% prevalence worldwide.

The mechanism of IBS remains unknown. However, it has been clarified that most of the reported disorders, like dysregulation of the nervous system, altered intestinal motility, and increased visceral sensitivity, result from dysregulation of the The pathophysiology of IBS has been linked to the brain-gut axis, which is the two-way communication between the brain and the gut and its enteric nervous system.

Case

A patient reported pain in the abdomen and nausea with passage of flatus. Pains increased when food passes pyloric outlet. Vomiting of coffee-ground-looking matter. Frequent belching of offensive flatus. Painful sinking across epigastrium. Abdominal distension and hardness. Rolling from side to side in wind-in balls.

Past History-N/S.

Physical Generals:-

- Appetite – 1 chapatti at a time twice a day.
- Thirst - normal
- Desire – N/S
- Aversion- N/S
- Tongue coated
- Bowel Habits- D-1,
- Urine- _{D4,N1}
- Sweat- normal, non offensive, non staining.
- Sleep- normal
- Thermal Reaction- chilly.

Mental Generals – Depression, Feeling of sickness.

General Examination

- Height- 150cm
- Weight- 50kg
- Pallor- Absent
- Icterus- Absent
- Cyanosis- Absent
- Clubbing- Absent
- Lymphadenopathy- lymph nodes not palpable
- Edema- Absent
- Nails- Normal and healthy
- Gait- normal

Vitals

Blood Pressure- 110/70 mm of Hg
Temperature- A febrile 97.4F (auxiliary)
Pulse- 76/minute
Respiration Rate- 26/minute

Analysis Of The Case :-

Mental Generals – Depression, Feeling of sickness.

Physical Generals:-

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Particular:- A patient reported pain in the abdomen and nausea with passage of flatus. Pains increased when food passes pyloric outlet. Vomiting of coffee-ground-looking matter. Frequent belching of offensive flatus. Painful sinking across epigastrium. Abdominal distension and hardness. Rolling from side to side in wind-in balls.

Selection Of Medicine -

Non-Repertorial Approach
ornithogalum umbellatum

Selection Of Potency And Dosage

15 drops ornithogalum umbellatum Mother tincture in half a cup of normal water twice each day

Prescription –

Rx 15 drops ornithogalum umbellatum mother tincture in half a cup of normal water twice each day Sac.lac. 30/ TDS for 15 days

Follow-Up

Date	Changes in Symptoms	prescription
5/10/2023	pain in the abdomen and nausea with passage of flatus. Pains increased when food passes pyloric outlet. Vomiting of coffee-ground-looking matter. Frequent belching of offensive flatus. Painful sinking across epigastrium. Abdominal distension and hardness. Rolling from side to side in wind-in balls.	15 drops ORNITHOGALUM UMBELLATUM Mother tincture in half a cup of normal water twice each day Sac.lac. 30/ TDS for 15 days
19/10/23	pain in the abdomen and nausea with passage of flatus. Pains increased when food passes pyloric outlet. Vomiting of coffee-ground-looking matter. Frequent belching of offensive flatus. Painful sinking across epigastrium. Abdominal distension and hardness. Rolling from side to side in wind-in balls.	Sac.lac. 30/ TDS for 15 days
2/11/2023	pain in the abdomen and nausea with passage of flatus. Pains increased when food passes pyloric outlet. Vomiting of	15 drops ORNITHOGALUM UMBELLATUM

	coffee-ground-looking matter. Frequent belching of offensive flatus. Painful sinking across epigastrium. Abdominal distension and hardness. Rolling from side to side in wind-in balls.	Mother tincture in half a cup of normal water twice each day Sac.lac. 30/ TDS for 15 days
16/1 1/20 23	Better-. pain in the abdomen and nausea with passage of flatus Pains increased when food passes pyloric outlet. Vomiting of coffee-ground-looking matter. Frequent belching of offensive flatus. Painful sinking across epigastrium. Abdominal distension and hardness. Rolling from side to side in wind-in balls.	Sac.lac. 30/ TDS for 15 days
30/1 1/20 23	pain in the abdomen and nausea with passage of flatus.	15 drops ORNITHOGALUM UMBELLATUM Mother tincture in half a cup of normal water twice each day Sac.lac. 30/ TDS for 15 days
14/1 2/20 23	Better-. pain in the abdomen and nausea with passage of flatus.	Sac.lac. 30/ TDS for 15 days
28/1 2/20 23	Better-. pain in the abdomen and nausea with passage of flatus.	Sac.lac. 30/ TDS for 15 days
11/1/ 2024	Better-. pain in the abdomen and nausea with passage of flatus.	Sac.lac. 30/ TDS for 15 days

CONCLUSION:

Homoeopathic medicines have a positive effect on the irritable bowel syndrome (ibs) status of the patients

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