



VERTIGO: HOMEOPATHIC MANAGEMENT (OBSERVATIONAL STUDY)

Homeopathy

Dr. A K Dwivedi

Professor and HOD, Department of Physiology and Biochemistry SKRP Gujrati Medical College, Indore, India

ABSTRACT

Experiencing that objects surrounding you are revolving than you may have symptoms of vertigo. It is very difficult to retaining sense of balance while walking and standing due to which it results in inadequate imbalance which causes fall. The person may also feel like Nausea and vomiting. The vertigo affects very badly the quality of life the person is leaving. In this paper we have discussed have homeopathy heals the vertigo without any adverse effect.

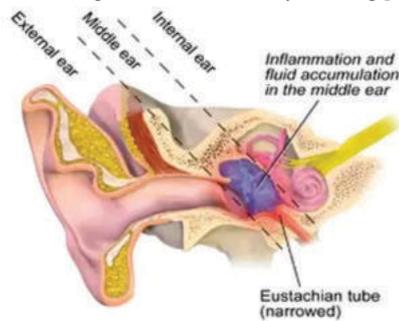
KEYWORDS

Vertigo, Revolving, Giddiness Shakiness Imbalance, Nausea, Vomiting, Homeopathic Medicines Etc..

INTRODUCTION

Vertigo may arise from lesions in the central nervous system, particularly in the nuclei of the vestibular nerve, the cerebellum, and the connections between cerebellar and vestibular nuclei.[1]

Vertigo results from abnormal processing of apparently contradicting information in the central nervous system and is often accompanied by auditory symptoms, making it more difficult for the patient to tolerate. Disturbances of equilibrium, including rotational or positional vertigo, systematic imbalance, or instability, can have negative consequences on the social lives of patients and can be truly disabling.[2]



Causes Of Vertigo

- Cervical spondylitis
- Meniere's Disease
- Inner Ear Disorders
- Labyrinthitis
- Ear Trauma

Symptoms Of Vertigo

1. Vomiting
2. Feeling nauseated
3. Spinning
4. Unbalanced
5. Pulled to one direction.
6. Ringing in the ears or hearing loss
7. Abnormal or jerking eye movements (nystagmus)
8. Sweating

Vertigo is normally caused by a change in the position of the head. If left untreated, vertigo can lead to falls, injuries, and other problems. In this paper we have discussed how homeopathy can heal vertigo completely.

Homeopathic Management of Vertigo

Homeopathy is a natural and gentle system of medicines which make use of small dosages of well-studied medicines to enhance the body's natural healing process. This ultimately implies that the Homeopathic therapy increases the body's capacity to battle against the disease. It is well-studied medicines to enhance the body's natural healing process.

In our ADVANCED HOMOEOPATHIC HEALTH CENTER & HMR PVT LTD, Indore we have conducted the studies on following number of patients:

Sr. No.	Age Group	Number of Patients
28		International Journal of Scientific Research

1	35 to 65 years	138
2	66 and above	57

Medication Prescribed:[4-13]

Sr. No.	Name of Medicine	Symptoms
1	COCCULUS INDICUS	Vertigo, nausea, especially when riding or sitting up. Intoxicated with pain in eyes, when rising or sitting. Sea sickness and car sickness
2	BRYONIA	Treat gastric vertigo accompanied by nausea. Faintness on rising, confusion. Aural vertigo.
3	Chininum Sulph	Vertigo with noises in ear. The noises can be buzzing, ringing or roaring in nature. Difficulty in standing and frequently falls down. Mainly worsens on stooping vertigo is accompanied by headache.
4	KALI BICHROMICUM	Vertigo with nausea when rising from seat .headache over eyebrows, preceded by blurred vision.
5	Pulsatilla	vertigo in woman who have delayed menses, better in open air. Pressure on vertex. frontal and supraorbital pains.
6	SEPIA	Vertigo Sensation of something rolling round in head coldness of vertex. Stinging pain with nausea and vomiting.
7	Belladonna	Vertigo that occurs along with headache, vertigo worsens from movement, when turning in bed. It may also increase while stooping and from rising from stooped position. A tendency to fall to the left side. Headache gets better by applying pressure or binding the head.
8	GELSEMIUM	spreading from occiput with heaviness of head band feeling around and occipital headache. Dull, heavy ache, with heaviness of eyelids. A feeling of heaviness in the limbs.
9	CONIUM MACULATUM	When lying down and Turning the head side wise or turning eyes especially of old people, feels as if bed were floating

CONCLUSIONS

Vertigo remains a disturbing situation both physically and mentally and can sometimes lead to dangerous complications. From our research at our research institute, we have found that homeopathy can completely treat the vertigo.

REFERENCES

1. Michael Weiser, MBChB; Wolfgang Strösser, MD, MBChB; Peter Klein, MSc, Homeopathic vs Conventional Treatment of VertigoA Randomized Double-blind Controlled Clinical Study, Arch Otolaryngol Head Neck Surg. 1998;124(8):879-885
2. Kroenke KArrington MEMangelsdorff AD The prevalence of symptoms in medical outpatients and the adequacy of therapy. Arch Intern Med. 1990;150:1685- 1689.
3. Aantaa E Treatment of acute vestibular vertigo. Acta Otolaryngol (Stockh). 1991;47944-47.

4. Portmann G The old and new in Ménière's disease: over 60 years in retrospect and a look to the future. *Otolaryngol Clin North Am.* 1980;13292-312.
5. Harrison's Principal Of Internal Medicines 17th Edition
6. Davidson's Principal & Practice Of Medicines
7. J.T. KENT REPERTORY Of Homoeopathic M.M.
8. Dr. S. K. Dubey, Text Book Of Material Medica
9. DR. N.M. CHOUDHARI, A Study On Materia Medica
10. DR. WILLIAM BOERICKE, Pocket Manual Of Homoeopathic Materia Medica & Repertory.
11. DR. H.C. ALLEN □ Keynotes & Characteristics With Comparisons Of Some Leading Remedies Of The Materia Medica With Bowel Nosodes, 8th Edition.
12. DR. PAMEETA UNİYAL, Materia Medica For Students.
13. DR. RITU KINRA, Materia Medica For Students.