



HOMOEOPATHIC MEDICINE MERCURIUS SOLUBILIS FOR MANAGEMENT IN CASE OF DERMATOPHYTOSIS -A CASE REPORT

Homeopathy

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KEYWORDS

INTRODUCTION

Dermatophytosis (Ringworm or Tinea) is a group name for a highly contagious, segmented mycelia fungus. It is the commonest, single fungus group of infections found in tropical and subtropical countries. It affects approximate 20 to 25% of population of any group in both sexes. It is not even 200 years since the disease that has become an enigma to the academicians and nightmare to the practicing dermatologists today. The incidence of ringworm infection has suddenly surged to an alarming level in the last 4-5 years. The "Specter of Dermatophytosis" is certainly haunting the Indian dermatology. Ringworm or Tinea is the name given to inflammatory rashes caused by dermatophytes. Dermatophyte infections are also called ringworm or tinea. Dermatophytosis refers to superficial fungal infection of keratinized tissues caused by keratinophilic dermatophytes. Dermatophytes are classified in three genera, Epidermophyton, Microsporum and Trichophyton. These fungi can infect skin, hair and nails. Dermatophytes are the most common agents of superficial fungal infections worldwide and widespread in the developing countries, especially in the tropical and subtropical countries like India, where the environmental temperature and relative humidity are high. Other factors such as increased urbanization including the use of occlusive footwear and tight-fashioned clothes, has been linked to higher prevalence. The important clinical patterns are: tinea capitis (infect scalp), tinea corporis (infect whole body), tinea pedis (infect soles of the foot), tinea cruris (infect groin area), tinea unguium (infect nails), and tinea barbae (infect face and beard). Homoeopathic cure is based on law of similars, law of simplex and law of minimum. Where the modern system of medicines makes the usage of external application like ointments, fungicides etc., in treatment of any skin infections like ringworm or dermatophytosis infection, which leads to suppression or palliation. So the disease tends to recur often and becomes a chronic disease.

Case Study –

A 35 years old female patient with the clinical history of Itching circular Skin Eruptions on right upper limb & left waist region since 2 year, burning & itching is present. < Non veg, Brinjal, evening, night > Bathing. reported to the outpatient department (OPD). Location - right upper limb & left waist region Sensation - burning & itching is present Modalities < Non veg, Brinjal, evening, night > Bathing

Past History-n/s.

Physical generals:-

- Appetite – 2 chapatti at a time twice a day.
- Thirst - normal, 2 liter/day.
- Desire – sweets.
- Aversion- N/S
- Bowel Habits- D-1,
- Urine- ^{D4,N1}
- Sweat- normal, non offensive, non staining.
- Sleep- normal
- Thermal Reaction- chilly.

Mental generals - Weak memory, confused thoughts.

General Examination

- Height-160 cm
- Weight- 50kg

- Pallor-Absent
- Icterus- Absent
- Cyanosis- Absent
- Clubbing- Absent
- Lymphadenopathy- lymph nodes not palpable
- Edema-Absent
- Tongue- clean
- Nails- Normal and healthy
- Gait- normal

Vitals

Blood Pressure- 120/80 mm of Hg
Temperature- A febrile 97.4F (auxiliary)
Pulse- 76/minute
Respiration Rate-26/minute

Analysis Of The Case :-

Mental generals:- Weak memory, confused thoughts..

Physical generals:-

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Thirst - normal, 2 liter/day.

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Bowel Habits- D-1,

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Particular - A 35 years old female patient with the clinical history of Itching circular Skin Eruptions on right upper limb & left waist region since 2 year, burning & itching is present. < Non veg, Brinjal, evening, night > Bathing. reported to the outpatient department (OPD). Location - right upper limb & left waist region Sensation - burning & itching is present Modalities < Non veg, Brinjal, evening, night > Bathing

Repertorisation:-

The following rubrics were selected from RADAR 10.0:

Mind - Memory, Weakness Of

Mind - Confusion Of Mind

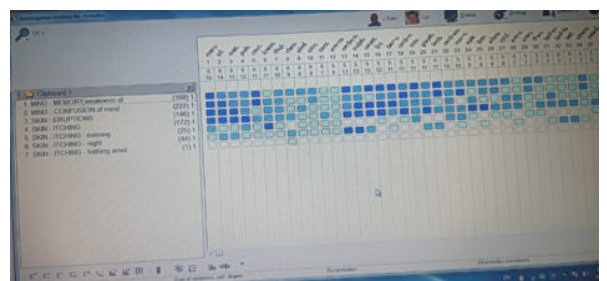
Skin - Eruptions

Skin - Itching

Skin - Itching - Evening

Skin - Itching - Night

Skin - Itching - Bathing Amel.



Selection Of Remedy And Its Potency With Justification –

Mercurius Solubilis was selected as first prescription because: First maximum marks with maximum rubrics after repertorisation. After comparison of symptoms from various books of materia medica, Mercurius Solubilis appears to be most similar remedy to the totality of symptoms of the patient.

Prescription –

Rx – Mercurius Solubilis 30/1dose
Phytum 30/Tds 14 days

Follow-up

Date	Changes in Symptoms	prescription
1/3/2024	Itching circular Skin Eruptions on right upper limb & left waist region since 2 year, burning & itching is present. < Non veg, Brinjal, evening, night > Bathing	Mercurius Solubilis 30/1dose Phytum 30/Tds 14 days
15/3/2024	of Itching circular Skin Eruptions on right upper limb & left waist region since 2 year, burning & itching is present. < Non veg, Brinjal, evening, night > Bathing.	Mercurius Solubilis 30/Tds 14 days
29/3/2024	Better-. of Itching circular Skin Eruptions on right upper limb & left waist region since 2 year, burning & itching is present. < Non veg, Brinjal, evening, night > Bathing	Phytum 30/tds 14 days
12/4/2024	Better-. of Itching circular Skin Eruptions on right upper limb & left waist region since 2 year, burning & itching is present. < Non veg, Brinjal, evening, night > Bathing	Phytum 30/tds 14 days

CONCLUSION:

Homoeopathic medicines have a positive effect on the Dermatophytosis status of the patients

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