



HOMOEOPATHIC MEDICINES AND SYNTHESIS REPERTORY IN THE TREATMENT OF MIGRAINE

Homeopathy

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KEYWORDS

INTRODUCTION

Migraine is a complicated genetically influenced illness characterised by episodes of moderate-to-severe headache, nausea, sound sensitivity, and light sensitivity, with the most common unilateral occurrence. . The word "migraine" comes from the Greek word "hemikrania," which was then renamed "hemigranea" in Latin. "Migraine" is the French version.."

According to :The headache classification committee of the International Headache Society Migraine classified into subtypes,

- **Migraine without aura:** this type of migraine are recurrent headache attack of 4 to 72 hours; mostly unilateral in location, pulsating in quality, moderate to severe in intensity, aggravated by physical activity, associated with nausea, light (photophobia) , sound sensitivity (phonophobia).
- **Migraine with aura:** this type of migraine has recurrent fully reversible attacks, lasting minutes, mainly one or more of these unilateral symptoms: visual, sensory, speech and language, motor, brainstem, and retinal, usually followed by headache and migraine symptoms.
- **Chronic migraine:** in this type of migraine headache that occurs on 15 or more days in a month for more than three months and has migraine features on at least eight or more days in a month.

Prevalence

Migraines more common in women than men. About 14 out of 100 women and 7 out of 100 men have recurring migraines. The different for children, where migraines is equally common in boys and girls: About 4 to 5 out of 100 children are affected.²

Pathophysiology

Now Migraine are considered brain disease. past, it was thought of as a vascular disease. This new theory requires the brain to be genetically sensitive to migraine-inducing neurochemical changes that result premonitory symptoms. These neurochemical changes lead to trigeminovascular activation and, eventually, neurogenic inflammation.³ This inflammation drops the threshold for trigeminal input entering the nucleus caudalis of the trigeminal nerve in the brain stem. These sensory changes from C1 and C2 dermatomes eventually synapse the somatosensory and limbic cortices where conscious awareness of headache occurs.^{4,5}

Symptoms

Migraines mainly associated with moderate to severe headaches that affect one side of the head mainly. pulsating, throbbing or pounding type of pain mostly present. It often gets worse during a little move and physical activity . Nausea or vomiting may accompany the headaches. Instead of headaches, nausea, vomiting, and dizziness are the most common symptoms in youngsters.

During migraine attacks, some people become extremely sensitive to light or noise. The symptoms might continue anywhere from four hours to three days if not managed..⁶

Rubrics Of Symptoms Of Migraine Rubrics In Synthesis^{7,8}

MIND - MOANING - hemicrania, with
MIND - INTOLERANCE - noise, of
VISION - HEMIOPIA - hemicrania, with
VERTIGO - CHRONIC - headache; with one-sided
HEAD - PAIN - Sides - one side HEAD - PAIN - Sides – left

HEAD - PAIN - Sides - left - then right
HEAD - PAIN - Sides – right
HEAD - PAIN - Sides - right - then left
HEAD - PAIN - Sides - one side - extending to – eye
HEAD - PAIN - Sides - menses – before
HEAD - PAIN - Sides - menses – during
HEAD - PAIN - Sides - menses – after
HEAD - PAIN - Sides – pulsating
HEAD - PULSATING - Sides – left
HEAD - PULSATING - Sides – right
HEAD - PULSATING - transient, in one-half of
EYE - REDNESS - megrim
EYE - PHOTOPHOBIA - headache, during
EYE - LACHRYMATION - headache, during
EYE - PAIN - left - headache; with left-sided
EYE - PHOTOPHOBIA - headache, during
VISION - BLURRED - headache, before
VISION - COLORS before the eyes - black - rings, circles - headache, before
VISION - COLORS before the eyes - black - spots - headache – before
VISION - COLORS before the eyes - black - spots - headache - during
VISION - COLORS before the eyes - blue - stars - headache,
VISION - DIM - left - headache; with right-sided
VISION - DIM - headache - before
VISION - DIM - headache - during
VISION - FLICKERING - headache –
VISION - FLICKERING - headache - beginning of.
VISION - FLICKERING - headache - during
VISION - FOGGY - headache, during
VISION - SCOTOMA
VISION - SCOTOMA - central
VISION - SPARKS - headache - before
VISION - SPOTS - headache - before
VISION - SPOTS - headache - before
HEARING - ACUTE - headache, during
STOMACH - NAUSEA - headache, during
STOMACH - VOMITING - headache, during
EXTREMITIES - PERSPIRATION - Hand - megrim, in
EXTREMITIES - WEAKNESS - Hand - headache, during
EXTREMITIES - WEAKNESS - Foot - headache, during
GENERAL - WEAKNESS - headache – from
GENERAL - WEAKNESS - headache – during

Homoeopathic Medicine.^{9,10,11}

Arsenicum Album

Periodical burning pains, with restlessness; with cold skin. icy feeling of scalp and great weakness. Sensitive head in open air. Headaches relieves by cold.

Belladonna

Headache from suppressed catarrhal flow. Sudden outcries. Pain worse light, noise, jar, lying down and in afternoon; better by pressure and semi-erect posture. Vertigo, with falling to left side or backwards. Sensitive to least contact. Much throbbing and heat. Palpitation reverberating in head with labored breathing. Pain; fullness, especially in forehead, also occiput, and temples.

Cocculus Indicus

Vertigo, nausea, especially when riding or sitting up. Sense of emptiness in head. Headache in occiput and nape; worse, lying on back

of head. Sick headache from carriage riding, cannot lie on back part of head. Pupils contracted. Opening and shutting sensation, especially in occiput. Trembling of head. Pain in eyes as if torn out of head.

Epiphegus Virginiana

Pressing pain in temples from without inwards, worse, left side. Viscid salivation, constant inclination to spit. Sick headache coming on when deviating from ordinary pursuits. Headaches from nerve tire caused by mental or physical exhaustion, preceded by hunger.

Carbolicum Acidum

Disinclined to mental work. Tight feeling, as if compressed by a rubber band. Orbital neuralgia over right eye. Headache, better, by green tea; while smoking.

Chionanthus Virginica

Dull frontal headache, over root of nose, over eyes, through temples, worse stooping, motion, jar.

Cannabis Indica

Feels as if top of head were opening and shutting and as if calvarium were being lifted. Shocks through brain (Aloe; Coca). Urémic headache. Throbbing and weight at occiput. Headache with flatulence. Involuntary shaking of head. Migraine attack preceded by unusual excitement with loquacity.

Kalium Bichromicum

Headache over eyebrows, preceded by blurred vision. Aching and fullness in glabella. Semilateral headache in small spots, and from suppressed catarrh. Frontal pain; usually over one eye. Bones and scalp feel sore.

Glonoinum

Head heavy, but cannot lay it on pillow. Cannot bear any heat about head. Better from uncovering head. Throbbing headache. Angio-spastic neuralgia of head and face. Very irritable. Vertigo on assuming upright position. Cerebral congestion. Head feels enormously large, as if skull were too small for brain. Sun headaches; increases and decreases with the sun. Shocks in head, synchronous with pulse. Headache in place of menses.

Gelsemium Sempervirens

Heaviness of head; band-feeling around and occipital headache. Dull, heavy ache, with heaviness of eyelids; bruised sensation; better, compression and lying with head high. Pain in temple, extending into ear and wing of nose, chin. Headache, with muscular soreness of neck and shoulders. Headache preceded by blindness; better, profuse urination. Scalp sore to touch. Delirious on falling asleep. Wants to have head raised on pillow.

Pulsatilla Pratensis

Wandering stitches about head; pains extend to face and teeth; vertigo; better in open air. Frontal and supra-orbital pains. Neuralgic pains, commencing in right temporal region, with scalding lachrymation of affected side. Headache from overwork. Pressure on vertex.

Natrium Muriaticum

Throbs. Blinding headache. Aches as if a thousand little hammers were knocking on the brain, in the morning on awakening, after menstruation, from sunrise to sunset. Feels too large; cold. Anémic headache of school-girls; nervous, discouraged, broken down. Chronic headache, semi-lateral, congestive, from sunrise to sunset, with pale face, nausea, vomiting; periodical; from eyestrain; menstrual. Before attack, numbness and tingling in lips, tongue and nose, relieved by sleep. Frontal sinus inflammation.

Nux Vomica

Headache in occiput or over eyes, with vertigo; brain feels turning in a circle. Oversensitiveness. Vertigo, with momentary loss of consciousness. Intoxicated feeling; worse, morning, mental exertion, tobacco, alcohol, coffee, open air. Pressing pain on vertex, as if a nail driven in. Vertigo in morning and after dinner. Scalp sensitive. Frontal headache, with desire to press the head against something. Congestive headache, associated with hemorrhoids. Headache in the sunshine. Feels distended and sore within, after a debauch.

Sanguinaria Canadensis

Worse right side, sun headache. Periodical sick headache; pain begins

in occiput, spreads upwards, and settles over eyes, especially right. Veins and temples are distended. Pain better lying down and sleep. Headaches return at climacteric; every seventh day (Sulph; Sabad). Pain in small spot over upper left parietal bone. Burning in eyes. Pain in the back of head "like a flash of lightning".

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