



A CASE SERIES OF SURGICAL MANAGEMENT OF PSEUDOCYST OF PANCREAS

General Surgery

Dr. B. Srinivas

MS., Assistant Professor, Dept of General Surgery, GMC & GGH, JAGTIAL, Telangana.

KEYWORDS

Pseudocyst, Cysto-gastrostomy.

INTRODUCTION:

Pancreatic pseudocysts are usually managed by Endoscopic / surgical drainage. For a minority of cases, pancreatic resection and external drainage are performed.

Surgical cysto-enterostomy has traditionally been the preferred procedure for internal drainage, with pseudocyst recurrence rates less than 5%.

We present our case series from GGH, Jagtial, Telangana, presenting our experience over a period of 42 months from January 2022 to June 2025, on the current value of cystogastrostomy in the management of pancreatic pseudocyst.

METHODS:

- The present study –Retrospective and prospective study.
- A total of 25cases of pseudocyst of the pancreas, which were surgically managed from January 2022 to June 2025, were Included.
- Total number of Open Cystogastostomies -25

Inclusion Criteria:

- Patients with a Pseudocyst of the pancreas greater than 6weeks duration.
- Cyst wall thickness >6mm on CECT abdomen.

Exclusion Criteria:

- Cyst wall thickness <6mm. Small pseudocyst of size <6cm.
- Patients managed by other means excluded.

Age & Sex Distribution:

Age	No. of cases	Percentage
1-20	04	15%
21-40	17	65%
41-60	05	20%
Sex	No. of cases	Percentage
Male	21	80.7%
Female	05	19.3%

Clinical Presentation:

- All the patients presented with abdominal Pain of various durations.
- 12 cases presented with abdominal distention, 8 cases with vomiting, and early satiety in 6cases.
- Most common being the pain in the upper abdomen radiating to the back, followed by abdominal distention and vomiting.

ETIOLOGY:

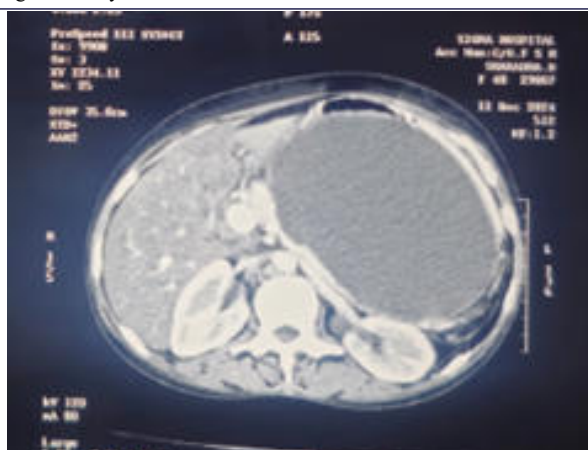
Etiology	No. of cases	Percentage
Alcoholic	16	61.5%
Biliary	09	34.6%
Traumatic	01	3.8%

ASSOCIATED COMPLICATIONS:

- pseudoaneurysm is seen in 1case.
- Portal vein thrombosis was seen in 1 case.

Treatment

- In all these patients, cystogastrostomy was done, because in all patients, the pseudocyst is close to the posterior wall of the stomach and makes an impression on the stomach.
- Incisions – Midline epigastric incision.



**CONCLUSION:**

Cystogastrostomy is an effective procedure, with near-zero morbidity and mortality when chosen appropriately (there is a pseudocyst close to the stomach and making an impression on the stomach).

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