Research Paper Education

A CORELATIONAL STUDY ON SELFPERCEPTION AND ADJUSTMENT OF SHIKSHA KARMIS

Dr. Neera Pandey | Head of Department (Education) Shri Shankara Mahavidhyalaya , Bhilai Add : Shri Shankara Mahavidhyalaya , Bhilai

Mrs. Reema Dewangan | Asstt. Professor (Education) St.Thomas college, Bhilai

ABSTRACT

iLrqr v/;;u NRrhlx< dk f"k{kdfe;k dk LoiR;{khdj.k ,oa lek;kstu dk e/; lglca/kdk v/;;u djuk gA bl v/;;u gsrq nxi fty dk 600 f"k{kdfe;k dk LRkjhdr ;knfPNd fof/k }kjk fy;k x;k gA f"k{kdfe;k dk LoiR;{khdj.k dk ekiu gsrq Jh d-th-vxoky }kjk fufeir LoiR;{khdj.k ekiuh (Scale Measuring Self Perception) rFkk lek;kstudk ekiu gsrq Mk- ,l-d-exy }kjk fufeir f"k{kd lek;kstu ekiuh ¼ Managl Teacher Adjustment Inventory) dk mi;kxfd;k x;kA lkf[;dh fo"y"k.k gsrq izlj.k fo"y"k.k dh x.kuk dhx;hA v/;;u dk fu"d"kZ ;g crkrk gS fd f"k{kdfe;k dk LoiR;{khdj.k dk mudk lek;kstuij lkFkd iHkko ik;k x;k A

KEYWORDS LoiR;{khdj.k] lek;kstu]vkReLohdfr] vkReLEeku

iLrkouk%&
f"k{kdh; dk;Zlfdlh Hkh 0;fDr dh fy;s ugh cuk gS] vfirq ;g rks fo"k dk"ky ,oa rduhfd;k dk feJ.k gS] tks izfrinUk tUetkr x.kk dh :i esa migkj gA vr% ;g ioksvif{kr /kkj.kk gS fd fdlh 0;fDr dk f"k{kdh; dk;Z dk fodYi dh :i esa puuZ lh igyw Lo;a dk vr%n"ku vFkok vkRe fo'y"k.k djuk pkfg;sA fd D;k mlesa f"k{k.k dk;Z gsrq f"k{kdh; x.k fo|eku gS D;kfd b'oj dh vi.k dk;Z tks fd ,d f"k{kd }kjk fo|kFkh dk fuekZ.k djuk gS] mldh fy;s og Lo;a dk le> ldA
ftl rjg ge nlja dk LoiR;{khd.k djr gS mlh izdkj Lo;a dk Hkh i-R;{khdj.k dj ldrs gA ftl ifØ;k dh }kjk 0;fDr viu&vkidk le> ikrk g ;k viu vki dh ckjs esa Kku ikIr dj ikrk g] mlls Lo&iR;{khdj.k dgk tkrk gA cjku rFkk cu(1987) u Lo iR;{khdj.k dk bl izdkj ifjHkkf"kr fd;k gS ^^ftl ifØ;k }kjk ge ykx viu Hkkoksa] "khyx.kksa rFkk vfHkizj.kksa dk le>rs gS] mls LoiR;{khdj.k dgk tkrk gA^^
LoiR;{khdj.k ,d ifØ;k g] ftlesa ,d 0;fDr Lo;a dh vfHkofÙk;ksa vkj Hkkoukvksa dk fofHkUu ifjfLFkfr;ksa esa fujh{k.k djrk gS vkj Lo;a dh ckjs esa fu.k; djrk gA vke rkj ij Lo;a vkj Lovo/kkj.kk dk le>u dh fy;s db inksa dk lkeU;r% iz;kx fd;k tkrk g ftuesa lsa dN gS & vkRe lEeku] Lovkdyu] Lotkx : drk] LoNfc vkj

vkRe iR;{khdj.k vkfnA
LoiR;{khdj.k dh vk;ke%&
iLrqr "kks/k v/;;u esa Jh d-th- vxoky ¼1991½ }kjk LoiR;{khdj.k ekiuh dh vuxqr fuEu vk;ekksa dk v/;;u fd;k x;k g&
vkReLohdfr
;g ,d ,slk vk;ke g] ftlesa 0;fDr viuh ;kX;rkvksa] n"kyrkvksa ioh.krkvksa ,oa lkeF;Z dh lkFk&lkFk viuh v;kX;rkvksa] ncyrkvksa detkfj;ksa dh lkFk Lo;a dk Lohdkj djus dh {kerk inf"kr djrk gA

vkReLEeku
vkReLEeku ,d ,slk vk;ke g] ftlesa 0;fDr Lo;a dh doy d"kyrkvksa ;kX;rkvksa ,oa ioh.krkvksa dk gh Lohdkj djrk gA
thou esa 0;fDr;ksa dk cgr lh dfBukbZ;ksa dk lkeuk djuk iMrk g tc o viuh bPNkvksa ;k vko";drkvksa dk rjr la"V ugh dj ikrk g ;k viuh vko";drkvksa dk ifr rjr dj ysrk gS ;k leL;k dh vuqdy viu vkidk <ky ysrk g] rk ;g lek;kstu dgykrk gA 0;fDr dk lQy thou 0;rhr djus dh fy;s viu okrkoj.k vkj ifjfLFkfr;ksa dh lkFk lek;kstu LFkkfir djuk vko";d gk tkrk g 0;fDr dh thou esa fofHkUu izdkj dh vuqdy ,oa ifrdy ifjLFkfr;ksa vkrh jgrh gS ftudk mlls lkeuk djuk iMrk gA iR;sd 0;fDr viuh vyx&vyx {kerk dh vuqlkj lek;kstu djus dk iz;Ru djrk gA
iR;sd 0;fDr dk viuk ,d futh vkrfjd txr gkrk g tgk og viuh futh vkdk{kkvksa bPNkvksa] dYiukvksa eY;ksa rFkk eksZ;kvksa dh lkFk thrk gA bl vkrfjd txr rFkk lkekftd ifjfLFkfr;ksa dh chp mldh vge o Lo dk fodkl gkrk gA blh dkj.k iR;sd 0;fDr esa fdlh u fdlh izdkj lh vU; 0;fDr;ksa lh o;fDrd fHkUurk gkrh gA vr% iR;sd 0;fDr dh lek;kstu esa Hkh fdlh u fdlh :i esa o;fDrd fofHkUurk fn[kkbZ iMrh g vFkkr dgk tk ldrk g fd i.kZ lek;kstu doy ,d dYiuk g D;kfd 0;fDr dk lek;kstu mldh viuh eukoKkfud vko";drkvksa rFkk mldh i;koj.k esa ikbZ tkus okyh lfo/kkvksa ,oa mldh Lo;a dh Kku ,oa igpku vkfn ij fuHkj gA dHkh 0;fDr Lo;a esa rk dHkh i;koj.k esa rk dHkh nkuk esa ifjorZu ykdj lek;kstu djuk pkgrk gA
,d f"k{kdeh dh lek;kstu dk lkekftd] vkfFkd] ikfjokfjd dkjd] oruqfolxfr;k dk;Hkkj] ikpk;Z dk 0;ogkj] ekufld LokLF; vkfn db dkjd iHkkfor djrs gA f"k{kdfe;k dk Lo;a dk iR;{khdj.k ,oa Logrq /kkj.kk u flQ mldh urRo 0;ogkj dk cfYd lek;kstu dk Hkh iHkkfor dj ldrk gA LoiR;{khdj.k ,d ,slk pj g tks f"k{kdk dk mudk dk;Z dh ifr nkf;Ro fuHkkus dh fy;s ifjr djrh gA LoiR;{khdj.k dh mifLFkfr fdlh f"k{kd dh vnj ik;s tkus ij ml f"k{kd dh lek;kstu {kerk Hkh fcuk fopfyr g, ugh jg ldrh gA;fn fdlh f"k{kd esa LoiR;{khdj.k dk Lrj mPp gS rks mldk f"k{k.k urRo 0;ogkj] LoeY;kdu ,oa lek;kstu Hkh vPNk ik;k tkuk pkfg,A
vR% "kks/kkFkh }kjk nxi fty dh f"k{kdfe;k dk LoiR;{khdj.k dk lek;kstu ij iHkko dk v/;;u fd;k x;kA bl v/;;u ls ;g Li"V gkxk fd f"k{kdfe;k dk LoiR;{khdj.k dk mudk lek;kstu ij fdruk iHkko iM ldrk gA

mÌ'; %&
f"k{kk dfe;k dk LoiR;{khdj.k ¼vk;ke ,oa lii.k½ ,oa lek;kstu dh e/; lglca/k
dk v/;;udjuk A

ifjdYiuk%&
$H_0r_{1.0}$ f"k{kk dfe;k dk LoiR;{khdj.k,oa lek;kstu dh e/; lkFkd lglca/k ugh ik;k tk,xk A
$H_0r_{2.0}$ f"k{kk dfe;k dk LoiR;{khdj.k dh vk;ke vkReLohdfr ,oa lek;kstu dh e/; lkFkd lglca/k ugh ik;k tk,xk A
$H_0r_{3.0}$ f"k{kk dfe;k dk LoiR;{khdj.k dh vk;ke vkReLEeku ,oa lek;kstu dh e/; lkFkd lglca/k ugh ik;k tk,xk A

v/;;u dh ifjlhek%&
v/;;u gsrq NRrhlx< jkT; dh nxi fty dk p;u fd;k x;k gA
iLrqr v/;;u esa "kks/kdh; "kkykvksa dk gh lfEefyr fd;k x;k gA
v/;;u gsrq "kks/kdh; ikFkfed] ek/;fed ,oa mPpprj ek/;fed "kkykvksa dh f"k{kk dfe;k dk gh lfEefyr fd;k x;k gAfu;fer f"k{kdk dk lfEefyr ugh fd;k x;k gA
"kks/k fof/k %&
U;kn"kZ %&
U;kn"kZ gsrq nxi fty dh rhu fodkl [kaMksa ¼nxi½ ikVu] /ke/kkuh dh 600 f"k{kdfe;k dk puko LRkjhdr ;knfPNd fof/k (stratified random sampling) }kjk fd;k x;kA

midj.kM&
iLrjr "kk/k v/;;u gr f"k{kdfe;k d LoiR;{khdj.k d ekiu gr Jh d-th-vxoky }kjk fufeir LoiR;{khdj.k ekiuh (Scale Measuring Self Perception) dk lek;ktu d ekiu gr Mk- ,l-d-exy }kjk fufeir f"k{kd lek;ktu ekiuh ¼ Mangal Teacher Adjustment Inventory) dk mi;kx fd;k x;kA

inÙkj dk lkf[;dh fo"y"k.k %&
mi;qDr ifjdYiuk d lR;kiu gr f"k{kk dfe;k ij LoiR;{khdj.k ekiuh ,o lek;ktu ekiuh dk i"kklu djd f"k{kk dfe;k d LoiR;{khdj.k ,o lek;ktu d vkdM+k ikIr fd;s x;s rRi"pkr ih;jlu dh x.ku vk?k.k fof/k (Product Moment Method) }kjk mud e/; lglac/k x.kkd dh x.kuk dh xbA ikIr ifj.kke dk fuEu rkfydk Øekd 1.0 en n"kk;k x;k g &
rkfydk Øekd &1.0
f'k{kk dfe;ôk d LoiR;{khdj.k ¼vk;ke ,o lin.k½ ,o lek;ktu
d e/; lglac/k

Pkj	lek;ktu(r)
LoiR;{khdj.k	0.140*
vkReLohdfr	0.124**
vkRelEeku	0.087*

** 0.01 Lrj ij lkFkdrk] *0.05Lrj ij lkFkdrk
mijkDr rkfydk 1.0 l Kkr gkrk g fd LoiR;{khdj.k ,o lek;ktu d e/; lglac/k dk x.kkd dk eku 0.140g] tks fd /kukRed ,o 0.05 Lrj ij lkFkd gA vFkkr LoiR;{khdj.k d eku en of) gkus l lek;ktu dk eku en Hkh of) gkrh g ,o LoiR;{khdj.k dk eku ?kVus l lek;ktu dk eku Hkh ?kVrk gA
vr% "kU; ifjdYiuk ßf"k{kk dfe;k d LoiR;{khdj.k ,o lek;ktu d e/; lkFkd lglac/k ugh ik;k tk,xkA Þ dk vLohdr fd;k tkrk g A
mijkDr rkfydk 1.0l Kkr gkrk g fd vkReLohdfr ,o lek;ktu d e/; lglac/k dk x.kkd dk eku 0.124g] tks fd /kukRed ,o 0.01Lrj ij lkFkd g vFkkr vkReLohdfr d eku en of) gkus l lek;ktu d eku en Hkh of) gkrh g ,o vkReLohdfr dk eku ?kVus l lek;ktu dk eku Hkh ?kVrk gA
vr% "kU; ifjdYiuk ßf"k{kk dfe;k d vkReLohdfr ,o lek;ktu d e/; lkFkd lglac/k ugh ik;k tk,xkAÞ dk vLohdr fd;k tkrk gA
iu% mijkDr rkfydk 1.01l Kkr gkrk g fd vkRelEeku ,o lek;ktu d e/; lglac/k dk x.kkd dk eku 0.087g] tks fd /kukRed ,o 0.05Lrj ij lkFkd gA vFkkr vkRelEeku d eku en of) gkus l lek;ktu d eku en Hkh of) gkrh g ,o vkRelEeku dk eku ?kVus l lek;ktu dk eku Hkh ?kVrk gA
vr% "kU; ifjdYiuk ßf"k{kk dfe;k d vkRelEeku ,o lek;ktu d e/; lkFkd lglac/k ugh ik;k tk,xkAÞ dk vLohdr fd;k tkrk gA
fu"d"k,o 0;k[;k %&
f"k{kk dfe;k d LoiR;{khdj.k ,o lek;ktu d e/; lkFkd lglac/k ik;k x;kA
f"k{kk dfe;k d LoiR;{khdj.k d eku en of) gkus l lek;ktu d eku en Hkh of) gkrh g ,o LoiR;{khdj.k dk eku ?kVus l lek;ktu dk eku Hkh ?kVrk gA
f"k{kk dfe;k d vkReLohdfr ,o lek;ktu d e/; lkFkd lglac/k ik;k x;kA
vkReLohdfr d eku en of) gkus l lek;ktu dk eku en Hkh of) gkrh g ,o vkReLohdfr dk eku ?kVus l lek;ktu dk eku Hkh ?kVrk gA
f"k{kk dfe;k d vkRelEeku ,o lek;ktu d e/; lkFkd lglac/k ik;k x;kA
f"k{kk dfe;k d vkRelEeku d eku en of) gkus l lek;ktu d eku en Hkh of) gkrh g ,o vkRelEeku dk eku ?kVus l lek;ktu dk eku Hkh ?kVrk gA
vr% ;g Li"V gkrk g fdf"k{kk dfe;k d LoiR;{khdj.k dk mud lek;ktu e/; lkFkd lglac/k ik;k x;kAD;kfd LoiR;{khdj.k dh "kfDr Lo dh igpku ml ;g {k.k Kku djokrh g fd mlen dku &dku lh /kukRed ,o _.kRed "kfDr;k fo|keku g vkj ;g Kku ml fdlh Hkh okrkoj.k pkg og lkekftd okrkoj.k] ikfjokfjd okrkoj.k] fo|ky;hu okrkoj.k en lketL; LFkkfir dju en lgk;rk djxk D;kfd lek;ktu dju dk vFkgh g Hkyh&Hkkfr] vPNh rjg l vk;ktu ;k 0;oLFkk djukA l0;oLFkk ;k vPNh <x l ifjfLFkfr;k dk vudy cuku dh ifØ;k gr 0;fDr dk Lo dk Kku vko"; d g ,o ;fn 0;fDr Lo dk Kku Hkyh&Hkkfr dj yrk g viuh ioh.krkvk] dfe;k dk Lohdr dju dh {kerk fodflr dj yrk g ftll muen lek;ktu "kfDr Lor% gh fodflr gk tkrh gA
lek;ktu ,d ,slk pj g tk 0;fDrxr fofHkUurk ij vk/kfjr gkrk gA iR;d 0;fDr viu {kerk vulkj lek;ktu dju dk i;kl djrk gA LoiR;{khdj.k ftle 0;fDr Lo;s dh vfHkofÛk;k vkj Hkkoukvk dk fofHkUu ifjfLFkfr;k en fujh{k.k djrk g vkj Lo;s d ckj en fu.k; djrk gA vkj ;g fu.k; {kerk mlds mfpr vufpr dk vkHkkl djkrk g vkj lek;ktu Lrj dk mPp cuku en lgk;rk djrh g ;gh dkj.k g fd f"k{kk dfe;k d LoiR;{khdj.k dk lek;ktu e/; lkFkd lglac/k ik;k x;kA
lnHk xFk lph
pkc] ,l-ih- ¼2002½ vk/kfud lkekftd foKku d eay rRo] dkU;lIV ifcy-f"kx d;iuh iFke lLdj.k]
dfiy] ,p-d- ¼2012½& vul/kku fof/k;k] vkxjk] Hkkxxo c;d gkml] iUngok lLdj.k
enku] ih- ¼2013½ vf/kxedrk dk fodkl ,o f"k{k.k vf/kxe ifØ;k] vxoky ifcyd"ku] iFke lLdj.k]
ijdj] ,l-¼2011½ &fo|kfFk;k dh 'kf{kd miyfC/k ij f'k{kdk dh f'k{k.k vfHkofRr rFkk LoiR;{khdj.k d iHkko dk v/;;u] ih-,p-Mh- fFkfll] ijfo"kdj "kDy fo"ofo|ky;] jk;ij
flg] ,- d- ¼2003½ lekt euk- dh :ijk[k] ekrhyky cukjlhnkl] NBk lLdj.k
lyeku],e- ¼2005½ mPprj lekt eukfoKku] iFke lLdj.k]
"kek] vkj ,-¼2011½ f"k{kk eukfoKku d eay rRo]vkj-yky c;d fMi©] ejB f=ikBh] ,y- ch- ¼2003½ vk/kfud lkekftd eukfoKku] Hkkxxo c;d gkml] vkxjk] f}rh; lLdj.k]
ekfkj] ,l- ,l- ¼2013½ Lkekt eukfoKku] foukn iLrd efnj vkxjk] } kn"k lLdj.k

REFERENCES

• f"k{kk dfe;k d LoiR;{khdj.k ,o lek;ktu d e/; lkFkd lglac/k ik;k x;kA • f"k{kk dfe;k d LoiR;{khdj.k d eku en of) gkus l lek;ktu d eku en Hkh of) gkrh g ,o LoiR;{khdj.k dk eku ?kVus l lek;ktu dk eku Hkh ?kVrk gA • f"k{kk dfe;k d vkReLohdfr ,o lek;ktu d e/; lkFkd lglac/k ik;k x;kA • vkReLohdfr d eku en of) gkus l lek;ktu dk eku en Hkh of) gkrh g ,o vkReLohdfr dk eku ?kVus l lek;ktu dk eku Hkh ?kVrk gA • f"k{kk dfe;k d vkRelEeku ,o lek;ktu d e/; lkFkd lglac/k ik;k x;kA • f"k{kk dfe;k d vkRelEeku d eku en of) gkus l lek;ktu d eku en Hkh of) gkrh g ,o vkRelEeku dk eku ?kVus l lek;ktu dk eku Hkh ?kVrk gA |