Research Paper Physical Education

Personality Profiles of Women's Football Players of Jangalmahal

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ABSTRACT

The purpose of the study was to investigate personality profile of women football players of jangalmahal, West Bengal. 30 female football players of Jhargram Sub-division participated in the camp having age range was 14-19, in the year of 2014-15 served as subjects. 16 P.F. Questionnaires developed by Raymond B.Cattell was employed to assess the personality traits and profile of women football players of jangalmahal. The data was analyzed by using descriptive statistic. The players were found average personality traits.

KEYWORDS Personality Traits, Profile and Football.

INTRODUCTION-:

The human personality is a marvellously intricate structure, delicately woven of motives, emotions, habits, and thoughts into a pattern that balances, however precariously, the pulls and pushes of the world outside. Personality is the total sum of his 'being' and includes physical, mental, social, emotional, and intellectual aspects. One's personality reflects his perception, imagination, attitude, instincts, habits, values, interests, and sentiments about himself and his self-worth. Intelligence, achievement, motivation, modes of adjustment… all these and much more constitute human personality.

These problems are mainly due to ever growing demand for this materialistic world. Whatever these problems may be related to, but these problems, no doubt, are leaving bad affect on mind and body and over the personality of an individual.

Personality is a product of biological and cultural heritage. A child is born with some biological heritage, while the cultural environment moulds and shapes his personality. Personality is infact a product of the interaction of a biological organism with the social environment. In other words, personality is the way an individual adjusts with his external environment, it is the way of responding to the environment. Therefore, the key to personality development is socialization where biology and culture merge.

Personality is described in terms of an individual's behavior, action, postures, words and attitude and opinion regarding his external words. Personality traits may be as an inclusive as a general attitude of self-confidence or a narrow as a specific habits such as a conditioned muscular contraction is response to a sound. The majority of research undertaken in sports is focused on the psychological areas of human performance. Sports psychology can help a lot in assessing the personality and self-concept of the players. In recent years there has been an increasing amount of attention to the interrelationship of personality variables and psychological factors with athletic performance. Personality assessment has been used now in selection of athletes and also serves as a mean to evaluate sports gifted players and to orient the child to specific sports activity. The performance and perfection in sports is much depending upon psychological traits of sportsman.

Sports psychology can help a lot in assessing the personality and self concept of the players or individuals. Performance in physical education activity or sports not only demands systematic training to develop and physiological variables but also demands training and consideration of psychological characteristics for success in the field.

Personality assessment aims to identify individual traits and personality profiles.

A personality assessment has been used now in selection of athletes and also serves as a mean to evaluate sports gifted players and to orient the child to specific sports activity.

Now a day's physical educators and psychologies have become more interested. It is known that athletes possess unique and definable personality characteristics.

Methodology:

Thirty female football players of Jhargram sub-division, West Bengal were selected as subject whose chronological age range was 14-19 served as subjects. The procedure for selection of the subjects was based on random sampling technique. The questions for assessment of personality like reserved/outgoing, less/more intelligent, low/high ego strength, submissiveness/dominance, expedient/conscientious etc. The questionnaires consist of 187 items. Prior to the collection of data a meeting of the manager and coach was called one day prior to administrate of test and explain the significance of the proposed research project. The personality trait of the players was measured by Cattell's 16 P.F. questionnaires. Scoring of the questionnaire was done by using mean score of each subject on each personality dissension and 0.05 level of significance was chosen for the study.

Results and Discussion:

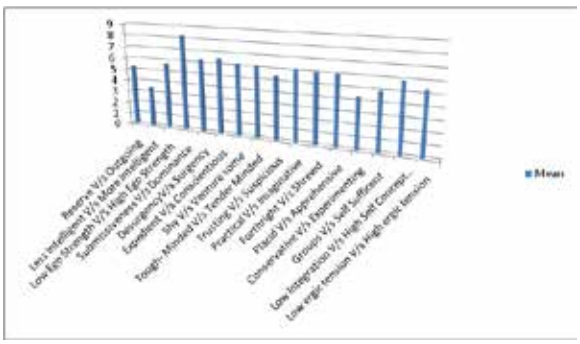
Table: 1

Mean Scores of Women's Football Players of Jangalmahal, West Bengal.

	Factors	Mean
A	Reserves V/s Outgoing	5.24
B	Less Intelligent v/s More Intelligent	3.45
C	Low Ego Strength v/s High Ego Strength	5.66
E	Submissiveness v/s Dominance	8.21
F	Desurgency v/s Surgency	6.31
G	Expedient v/s Conscientious	6.48
H	Shy v/s Venture some	6.14
I	Tough – Minded v/s Tender Minded	6.12
L	Trusting v/s Suspicious	5.41
M	Practical v/s Imaginative	6.13

N	Forthright v/s Shrewd	5.98
O	Placid v/s Apprehensive	5.98
Q1	Conservative v/s Experimenting	4.34
Q2	Groups v/s Self Sufficient	4.89
Q3	Low Integration v/s High Self Concept Control	5.87
Q4	Low ergic tension v/s high ergic tension	5.32

Fig.-1: Graphical representation of means of personality trait of women's football players of Jangalmahal.



The result of the study clearly shows that the players were neither reserved nor outgoing, they were neither effected by feelings nor emotionally stable, they were neither nor assertive they were neither serious nor happy go lucky, they were neither tough minded nor tender minded, they were neither trusting nor suspicious and found to be neither fortnight nor shrewd. Players found to be neither shy nor venturesome, they were neither practical nor imaginative, they were neither placid nor apprehensive, and they were neither group dependent nor self-sufficient. Players found to be less intelligent.

CONCLUSION-:

The players were found less intelligent, the reason may be the low academic achievement. The players were neither affected by feelings nor emotionally stable. The players were not thought minded.

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