



## The Death Anxiety among T.B. Patients-A Psychological study.

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### ABSTRACT

*The T.B. is considered to be an incurable disease. But it is not so now. Still the persons afflicted with T.B. are not at peace of mind. Many a times they suffer from the feeling of Death Anxiety. In the present study the attempt is made to find out the Death Anxiety in T.B. patients. The problem of the study was "The Death Anxiety among T.B. Patients-A psychological study." The sample was consisted of 240 T.B. patients randomly selected from Amarghad T.B. Hospital (Amerli Dist.). There were 60 Indoor and 60 Outdoor males and 60 Indoor and 60 Outdoor female patients.*

*Death Anxiety Scale by Prof. J.P. Thakur was used. Types of Patients and Sex were the variables under study. Conclusions confirmed that there is no significant mean differences of Death Anxiety between Indoor and outdoor of the male T.B. patients. There is no significant mean differences of Death Anxiety between Indoor and outdoor female T.B. patients.*

Most of the people are frightened by the name of the T.B. It is but natural,

because it is not easily curable. Though the modern medicine has discovered its remedy, it takes along time to cure. Due to this reason, some patients thought that they would be not recovered and ultimately die. In other words this feeling creates Death Anxiety among the T.B. patients. This disease catches the individual when micro-

bacteria become active. These bacteria are present in the coughing process. This disease was first discovered by Dr. Robert Cocke in A.D. 1882. Some years back the injections of Stptomycine were used, but to day the injections of ethambutol are used

the method of DOTS is also in the practice. In spite of these medicines the patients are afraid of this disease and suffer from the the feeling of Death Anxiety. The idea of the death constantly haunt their mind.

The most of the patients can not wipe out the anxiety of the death inspite the counselling of the psychiatrist. Because of this type of situation the present researcher found it interesting to study this feeling among the T.B. patients. The effect of different variables like the Type of the patients and the Sex is also studied here.

### METHODOLOGY

#### Objectives of the study :

- (1) To find out the Death Anxiety among different types of T.B. patients with reference to the Male.
- (2) To find out the Death Anxiety among different types of T.B. patients with reference to the Female.

#### Statement of the problem :

The Death Anxiety among T.B. Patients-A Psychological study

#### Hypotheses :

- (1) There is no significant mean differences of Death Anxiety between Indoor and outdoor of the Male T.B. patients.
- (2) There is no significant mean differences of Death Anxiety between Indoor and outdoor of the Female T.B. patients.

#### The Sample :

The sample is consisted of 240 T.B. patients of Amarghad T.B. Hospital of Amerli Dist. There were 60 Indoor and 60 Outdoor males and 60 Indoor and 60 Outdoor female patients. They were randomly selected.

#### Tools :

Following tools were utilised in the present study :

- (1) Personal Data Sheet : In this sheet the name of the patient, age, sex, etc. details were asked. Since when they are suffering from T.B. was also inquired.
- (2) Thakur Death Anxiety Scale: This test is standardised by Prof. G.P. Thakur. There are various statements related with the feeling of death Anxiety. The patient has to respond to each statement by saying Completely True, True, Uncertain, False and Completely False.

The Reliability of the scale by Kuder Richardson is .78 and Validity is .75

#### Procedure :

Thakur Death Anxiety Scale was administered to the T.B. patients. The proper instructions were given to them. The Test was given individually. The total score of each patient was collected. Thus scores of 240 patients were collected.

#### Variables :

##### Independent :

- (1) Types of Patients-i.e. Indoor or Outdoor.
- (2) Sex.

##### Dependent :

The scores obtained on Death Anxiety Scale.

##### Controlled :

The instructions were given to all groups of patients were the same. The peaceful environment was maintained for all the patients .

### RESULT AND DISCUSSION

The results obtained by using the Test were subjected to the statistical analysis. The t-Test was used to find out the differences between means.

**Table-1**  
**Showing the mean differences of Death Anxiety Level**  
**between the types of T.B.patients (Male)**

Type N Mean SD t Significance

Indoor 60 53.82 3.84

0.60 Not Signi.

Outdoor 60 53.23 6.50

The obtained t is 0.60 is not significant .The hypothesis no.1 is accepted, indicating that there is no difference in the Death Anxiety Level of the Indoor and the Outdoor male T.B. patients.That means they both experience the same amount of the feeling of

the Death anxiety.This is but natural , because the T.B. disease is a dangerous one and not easily curable.

Table-2

**Showing the mean differences of Anxiety Level**  
**between the types of T.B.patients (Female)**

Type N Mean SD t Significance

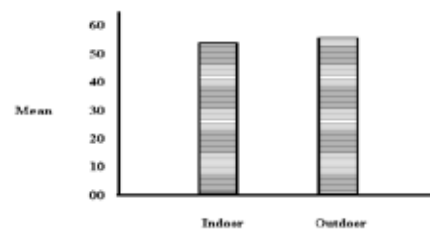
Indoor 60 52.60 4.54

1.66 Not Sign.\*

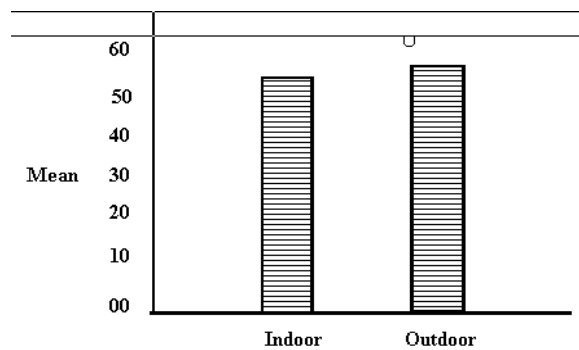
Outdoor 60 53.87 3.81

The obtained t is 1.66 is significant.The hypothesis no.2 is accepted.,indicating that there is no difference in the Death Anxiety Level of the Indoor and the Outdoor female T.B. patients.The psychological reason may be as discussed above.

**The Graphical Presentation of the Death Anxiety Level (Male)**



**The Graphical Presentation of the Death Anxiety Level (Female)**



**CONCLUSIONS**

- (1) There is no significant mean differences of Death Anxiety level between Indoor and outdoor of the male T.B. patients.
- (2) There is no significant mean differences of Death Anxiety level between Indoor and outdoor female T.B. patients.

**REFERENCES**

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