



Abnormal Psychology: Personality Disorders

*Prof. Vibha A. Dave

*Assistant Professors, Government Arts College, Shahera Dist.Panchmahal

ABSTRACT

Mental disorders known as the scientific study of abnormal psychology. When a convention, or a society or culture from the accepted behavior deviates, the term of the unusual behavior. It is the study, research and clinical psychologist therapist, and by the social workers. This personality disorder is a 'Trepanation' was treated using a method known as. Trepanation prehistoric, classical and Renaissance period, Karat said. The spine chilling process to process, this personality disorder treatment Dura mater open to reveal a hole in the skull. This process is used to treat seizures and was much more mental illnesses. They differ from normal patterns of social work experience different emotions. At the time, they do not control their impulses and become a menace to themselves and others around them can. Personality disorder symptoms, abnormal psychological personality disorder specific to each type. Treatment has changed greatly over the years. Patients are no longer treated inhumanely. Available today for the treatment of disorders and control society aim to re-enter patient. Mostly as a personality disorder, chronic disorders, patients may require life-long treatment.

Keywords : Types of disorders

Introduction:

Various types of mental illnesses, personality disorders, or a person who is social, family and work life affect the normal word for it. People with mental illness often do not realize that they are suffering from such a disorder.

Mental disorders known as the scientific study of abnormal psychology. When a convention, or a society or culture from the accepted behavior deviates, the term of the unusual behavior. It is the study, research and clinical psychologist therapist, and by the social workers. Personality disorder, physical illnesses are similar. There is a mental condition that can affect an individual are different types. The many 'mental' word belongs beliefs, can not find a brain chemical imbalance. Suffering from mental imbalance is not the concept itself is not such a person, it is going wrong with.

History of Abnormal psychology:

These unusual clinical personality disorders were treated as avatars, but the demons, ghosts and evil spirits work. The witches and wizards stories witch - craft and magic sparked. This personality disorder is a 'Trepanation' was treated using a method known as. Trepanation prehistoric, classical and Renaissance period, Karat said. The spine chilling process to process, this personality disorder treatment Dura mater open to reveal a hole in the skull. This process is used to treat seizures and was much more mental illnesses.

Hippocrates to the extraordinary mental personality disorder was the first to point to the root cause of the brain. Outcasts were considered mentally ill patients and abolished them socially. They were held under inhumane conditions and they are demonological methods. Patients died or were permanently disabled due to the brutal methods adopted for the treatment of personality disorder. Bethlehem Hospital in London was the first mental asylum converted into a hospital. Other humanistic psychotherapists Carl Jung, Alfred Adler, Abraham Maslow, Carl Rogers, Ivan Pavlov, JB Watson and BF Skinner were

What is Personality Disorder?

Diagnostic and Statistical Manual of Mental Disorders (DSM-IV) of the fourth edition (1994) "inner experience and behavior that is sufficiently severe and deep-

seated and enduring pattern (s) to define the personality disorder is frequently a person to bring his or her social and conflict with the professional environment. "

Each and every person has a personality. The way a person thinks, acts, and feelings are unique to each person. The symptoms of a particular disorder into individual mindset, when behavior becomes extreme and inflexible. Most of these conditions begin in childhood and adulthood personality disorder development was overblown. Any emotional or mental injury suffered during childhood, it can lead to. Such people around the world about their own and they are affected by their own ideology. They differ from normal patterns of social work experience different emotions. At the time, they do not control their impulses and become a menace to themselves and others around them can.

• **Cluster A:** The personality disorder that is strange or odd cluster is located in a group like this suspicious behavior disorders include:

- Paranoid
- Schizoid
- Schizotypal

• **Cluster B:** The personality disorder that is associated with emotional or erratic cluster B disorders under group located in the emotional and impulsive behavior disorder include:

- Social
- acute
- Artificial
- Narcissism

• **Cluster C:** Anxious or fearful disorders are clubbed together under the cluster C. The anxious behavior includes:

- Avoidant
- Dependent
- obsessive-compulsive

It has been found that a person can come under various categories. Thus, subsequent treatment or psychotherapy for a variety of disorders needs an unconventional line.

People with cluster difference:-**Paranoid personality disorder:**

People suffering from this condition show doubt and suspicious of the people around them. The other people will doubt every move. Everything that is or wants one, says do harm, or be exploited as a suspect. They hold grudges and insults on any other slights, and tend to lose the opportunity to hurt. They suspect and their partners and their loyalty will no doubt show confidence. However, these people do not suffer from auditory hallucinations and their beliefs, but the reality of the line.

Schizoid personality Disorder:

A schizoid person's social interactions and relationships, it becomes different. This sentiment is expressly forbidden. They do not have any desire to be a part of the family does not create such a close relationship. They are often loners and sexual relations are very rashahoya. You will find them to be very cold and emotionally detached.

Schizotypal personality disorder:

This behavior is marked by a pattern of interpersonal behavior in general. This person facing social settings discomfort and reduces the capacity for intimate relationships. Their thinking and perception becomes distorted and bizarre behavior of power. They constitute the strange myths and fantasies. These people have a strange way of speaking or thinking. They telepathy or sixth sense, a strong idea about it.

Antisocial personality disorder:

This personality has little or no regard for the suffering of others, and violates the rights of the people around them. They are commonly referred to as psychopaths or sociopath. They failed to conform to the standards and break all the rules that will lead to their arrest. They are lying, conning people and aliases used mostly for personal benefit and used to enjoy. They never show remorse for their actions and not any feeling or honor financial obligations.

Borderline personality disorder:

Patient's interpersonal relationships, self patient's interpersonal relationships, self-image, mudanam and instability control of impulses. They often their career goals, personal values and unclear about their sexual orientation. These people are often threatened suicide attempt. Their interpersonal relationships are unstable. Own identity is unstable and often self has different views about. He committed suicide and self-mutilating behavior tendencies are toward the plane. These people are mostly an intense feeling of emptiness and showing signs of dissociative personality tendency. These people are very manipulative and little or no sense. He has a knack of pulling people off, then back on their negligence and that person brings them close. A confused about their real nature is that they keep changing their personality, such as a change of clothing.

Histrionic personality disorder:

Patients with this condition hungry for attention on the emotional and dramatic. By their flirtatious or seductive nature towards the people they draw. But they themselves are emotionally shallow. They are easily bored and their own romantic, sweet world alive. He was very uncomfortable when you have to take care of the center. These patients show extreme self-dramatization and easily with their exaggerated emotional expressions can affect any person. These people are often sexually seductive or provocative behavior that the limits of appropriate interaction.

Narcissistic personality disorder:

In this disorder, a patient appreciates empathy, self-importance and shows a lack of ambition. They can not stand criticism or you can lose to anyone. These people are often their talents, achievements, exaggerated and superior to other people. They believe that they are specific, and can only be understood by people of equal talent or unique. They take advantage of any person or situation they will get what they want. He believes that others are envious of them show signs

of jealousy themselves aristocrats. Sprinkled with the arrogant attitude of haughty behavior may be a sign of narcissistic personality.

Avoidant personality disorder:

Such patients are feeling social inhibitions and fear of rejections. They shy away from intimate relationships to develop. They fear criticism and humiliation. These patients often develop relationships or activities that are involved, because they fear humiliation and rejection. They believe that they have a personality unappealing, or inferior to others in some way. These people are shy and awkward, make friends and want to be a part of the social structure, but afraid of rejection

Dependent personality disorder:

Patients with this condition are afraid to be on their own. They irritate or submissive behavior development, they do not want to hurt people. They often have different concerns and ask for guidance from people and do not take decisions on their own. They often have their responsibilities to other people because they can not handle it. They often do not choose the things you will want to accept that they or other support. When they lose a relationship, they are ready to jump to another design that will give them the care and support.

Obsessive-compulsive personality disorder:

In order to keep up with these patients, completeness, hygiene, mental and interpersonal control as well. They rule a tight schedule or plans to spend his time trying to be flexible and open to change or not. He was in his personal and professional life are facing as they want to do things their way. These people are often inflexible when it morality, ethics or values for the individual. They are extremely difficult to find a delegate tasks to others as they fear it will not be exactly how it should be done.

Causes

The majority of patients with personality disorders, the reason lies in his or her childhood. Parental upbringing, social pressure, a personality and physical, mental, or sexual abuse in childhood germinate these problems. Other causes of inherited shame or anger as parents to pass through the features included. Antisocial personality disorder, which is usually an organic cause, is more common in men. Dependent personality disorder sufferers are women. Specific biochemical imbalance in the brain leads to a personality disorder. Environmental factors and family background also contributes to personality disorder over the reasons.

Features

Personality disorder symptoms, abnormal psychological personality disorder specific to each type. Common symptoms of personality disorders are classified as:

- Frequent mood swings
- Temporary relations
- Isolating yourself from social dialogue
- anger outburst
- and family and friends in disbelief doubt
- difficulty in making friends
- Alcohol or drug abuse
- Poor impulse control
- Suicidal tendency
- on the other without provocation loss adjustment

Treatment:-

Treatment has changed greatly over the years. Patients are no longer treated inhumanely. Available today for the treatment of disorders and control society aim to re-enter patient. Mostly as a personality disorder, chronic disorders, patients may require life-long treatment. These treatments include:

- **Psychotherapy:** Psychotherapy includes the status and issues related with the disorder, talks with a patient. Patient's moods, emotions and behavior during a psychotherapy session to learn about. Different types of psychotherapy, cognitive behavioral therapy, dialectical behavior therapy, Psy-

chodynamic psychotherapy and psycho education included. Group psychotherapy sessions or individual sessions can be.

• **Drug therapy:** Antidepressants, mood stabilizing drugs, ant anxiety drugs and medications such as anti-psychotic drugs are prescribed by doctors to help in the treatment and control of these conditions.

• **Hospital and rehabilitation:** some extreme circumstances require psychiatric hospitalization. When a patient becomes extremely violent or unable to take care of themselves, hospitalization is recommended. Many times people get treatment for psychiatric disorders need to be restored before they enter the social structure

In order to improve a skill, it needs to be defeated. Set reasonable goals need to be achieved in the life of the patient. Discuss with family and friends with the physician changes. A daily diary where one all the pain, anger, ill desires and negative emotions can write can help control the maintenance of a personality disorder. In social gatherings and friends - will help make sense of a person's social anxiety and social isolation to keep control of Participation. Support groups help people connect to the same disorder and similar challenges in efforts to help one another. Healthy foods, and alcohol and other substance use after giving the other things that a person can improve his condition included. If someone you know is suffering from a personality disorder, the literature on the concept and help people of all beliefs and seek medical attention.