### **Research Paper**

## **Physical Education**



## A Comparative Study of Personality Traits Between Tribal and Nontribal Football Player

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#### **ABSTRACT**

The purpose of the present study was to compare the personality dimension i.e. Neuroticism, introvert, and dominance between tribal and nontribal Football player. Thirty (30) male Football players were selected as subjects for this study of which fifteen (15) were tribal and rest fifteen (15) were nontribal. The data were collected at Ashoknagar Football academy and Entali Football academy of North 24 parganas District, West Bengal. The age ranged from 18-25 years and the entire subject were selected on random basis. Mean and standard deviation of different variables were calculated. The data of the selected variables were analyzed through standard Statistical procedure. The mean of different variables were compared by using t-test. Statistical significance was tested at 0.05 levels. The results highlighted that there were significant difference in selected personality variables between tribal and nontribal male Football players.

## Keywords: Neuroticism, introvert and dominance

#### INTRODUCTION

Personality is the totality of one's behavior towards oneself and others. It includes everything about the person his physical, emotional, social, mental and spiritual make-up. It is all that a person has about him. It is deeper than more appearance or outward behavior.

Personality is the overall pattern of psychological characteristics that makes each person a unique individual. Personality is the individual's unique psychological makeup or more formally, "the underlying, relatively stable, psychological structures and processes." (Lazarus & Monat). Individual differences are obvious in sport and understanding such personality factors can help to explain sport and exercise behavior. The goal of sport personality research is to provide accurate and reliable information about individual differences in sport and the implications of such personality differences for sport performance and behavior. Personality embraces a person's moods, attitudes opinions, motivations, style of thinking, perceiving, speaking and acting. It is the part of what make each individual distinct. Personality can be described as the sum total or overall pattern of various characteristics related to social behaviors, such as introversion, independence or aggressiveness. Personality also includes perceptual and cognitive characteristics, such as the ability to concentrate of focus attention. The relevant stable organization of person character, temperament, intellect, and physic which predisposes him or her to behave and action particular ways in given situations, and which differentiates one individual from another.

We see in our modern civilization non-tribal are more civilized in respect of Tribal's. There is a big difference in their culture, folk habits, lifestyle and work. It is true that the tribal are more natural from others. It is seen that non-tribes' are more exposed to modern sports compared to Tribal. Tribals are having their own games and sports which they practice

from their childhood, specifically in religious and cultural functions.

#### **METHODOLOGY**

To conduct the study Thirty (30) subjects were selected out of which fifteen (15) were tribal and rest fifteen (15) were non-tribal from Ashoknagar Football Academy and Entali Football Academy of North 24 Parganas District, West Bengal. The age group of the subject ranged from 18-25 years & the entire subjects were selected on random basis. To measure the personality of selected subjects' Bengali version of Burn- Reuter Questionnaire (modified) was used. Each item response was scored differently as per the scoring key prepared by Prof. D. Das Mahanta to measure personality characteristic. The short form of Burn-Reuter personality inventory with 30 items was prescribed and standardized by Prof. D. Das Mahanta.

#### **FINDINGS**

In Table-1 the mean and standard deviation and t-ratio of the Psychological variables (Self- confidence, Dominance, Introversion, Neuroticism and Sociability) have been presented. From the table-1 it was found that statistically significant difference existed at 0.05 level of confidence between tribal and non-tribal football players in Self-confidence, Dominance, Introversion and sociability. But there was no significant difference observed between tribal and non-tribal football players in Neuroticism. It was also found that in Self Confidence Dominance, Introversion and sociability non-tribal football players had significantly higher value than the tribal players. On the other hand the tribal football players in Neuroticism. In the figure the mean value of different personality variables have shown.

#### Table-1

Comparative analysis of Mean, SD and 't' - ratio of per-

# sonality of non-tribal and tribal football players in relation to neuroticism

Variables	Non-Tribal		Tribal		,_,	
	Mean	S.D.	Mean	S.D.	ʻT'	Remarks
Self confidence	- 19.82	28.45	- 38.09	20.16	2.87	Significant
Dominance	22.82	11.42	9.82	20.88	2.99	Significant
Introversion	- 8.55	10.56	- 16.64	9.63	3.10	Significant
Neuroticism	- 15.82	16.67	- 10.40	21.99	1.08	Not Significant
Sociability	- 16.73	7.60	- 26.73	19.40	2.63	Significant

<sup>\*</sup> Table value of 't' for df ( 58) at 0.05 level of confidence = \*2.001

#### FIG-1



#### **DISCUSSION OF FINDINGS**

The result of the study indicated that in Self Confidence, Dominance, Introversion and sociability of the non-tribal footballers had significantly higher value than the tribal football players. But no significant differences were found in Neuroticism between the tribal and non-tribal football players. These results may be explained by the fact that the non-tribal population's footballers belong to respectively high socioeconomic back ground and they enjoyed modern day facilities from their childhood. On the other hand the tribal population of west Bengal suffers from poverty and basically comes from very low socioeconomic background that may influence their psychological traits (Self Confidence, Dominance, Introversion and Sociability) positively. The others psychological trait (Neuroticism) shows no difference which may be due to the fact that this variables was influenced less by the socioeconomic condition of the players.

#### CONCLUSIONS

It is concluded from the obtained result that the Tribal footballer's significantly differs in different personality variables (Self Confidence, Dominance, Introversion and Sociability) with the non-tribal footballers except Neuroticism.

#### REFERENCES

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