



## A Study of Emotional Maturity among Students of Arts & Science

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### Abstract

*There is lot's of importance of emotions in our life. By which stimulus emotions emerge & which way it is express. Are depend on the education & grownup.*

*Here in this study main aims to investigate emotional maturity among students. Two group selected one group from Arts faculty and other one group from science faculty each group has 30 student's emotional maturity Scale here used for data collection it is standardized by Dr. Yashvirshig & Mahesh Bhargav. Statistical Technique 't' Test was used for data analysis. Result show that there is significant difference between two groups.*

### Keywords:

#### Introduction :

This study is for the emotional maturity of the students of arts and science..

#### Heading :

The study of emotional maturity of students of arts and science.

#### Problem (Riddle) :

A study of emotionally maturity among the graduate students of Bhavnagar University.

#### Hypothesis :

Their no difference in emotional maturity among the graduate students of Bhavnagar University.

#### Aim :

To check the effecton the study of emotionally maturity.

#### Criticism of Riddle :

In the response of the stress various types of response are elated in the development of emotionally maturity and learning are useful in the beginning years maturity is very useful and after learning and experience also very useful. In which age an emotion will speared is base upon maturity when and from which stimulus an emotion will born and how to present an emotion is depend on learning and reading.

'Emotion' is come from Latin word. 'Emovere', it means to produce a noise when a person becomes zealous. He feels that his common mental situation is different from the psycho-physical situation.

"Emotion means an agitated of person's whole nervous system"

- R.S. Wood Wearth and D.J.Mark weas

"Emotion means to much excess"

- Lindse

"Emotion is pungent flow make people's aware whose roots is psychological, in whom some outer gesture inner experience and physical action included."

- P.T.Young

"Emotion is an excitement or difficulty which is suddenly taking mind and stops the factor's independent and natural re-

lation".

- Hoff king

"Emotion" is an experience which means behaviour very effective and united or departed and further it gives structure wasted it".

- D.E. Hobb

According to garret and others psychologist emotion has a three main factor while Dr. C.T.Morgan presents for factors of emotion.

1. Experience factor.
2. Present factor.
3. Physical changes.
4. Inspiration factor.

There are many types of persons emotional experience that are as under.

1. Secretion in stomach and digestion.
2. Respiration and heart beating.
3. Blood circulation and blood donation.
4. Secretion of glands.
5. Muscular contraction skeletal muscles.
6. Psycho electrical resistece.

According to make duggale vitality's original characteristic emotion. That's why emotion is base of instinct anger there is muscle changes and complex flow during the time of anger fear and sexual excitation.

In the emotional experience a person is very much aware with the emotional conception and there is some changes of inner physical response in his body and some outer physical demonstration and configured various theory to tries to understand this three topics relation.

1. The factor of organ
2. Emotional factor of emotion
3. Theory of jems lenges
4. Theory of cenan bard thelemas
5. Theory of critical time
6. moral precept theory of emotion
7. Theory of competitor reversproccase

In short emotion is not easy but it is complicated mental situation. That's why its scientific study is not easy. According to our expectation we can not control the coincident of emotion

and we can not reproduced it and it is also hard to obscene the emotion impartially generally people tries to hide their natural emotion it's a result it is hard to obscene their jooular assuredly. What are maturities ? How can maturity remedies ? They live far from the society and ask the questions.

We often talks about maturity but we understand a little you the students of university rarely talks about this topics in the class or with the friends maturity can not learn unlocking how can we present our selves happy and good. This is the demerits of maturity first of all known about the various types of maturity.

Maturity's first type is easy for us. The maturity which is seen and emotional maturity is fully developed if is enough but how can we understand the emotional development we can not present the emotional development easily. We can not use the science lab to compare one's emotional maturity emotions are unstable that's why hard to understand.

Emotional maturity is a mixture of complete experience and individual attachment it is a permission of its big capacity how can I finish ! As for a human being it is a great joy of big presence and a big understanding when we one fully developing and capable there the maturity is on the head of development that's why we one here.

### Study of Method :

#### 1. Hypothesis

There is no different emotional maturity between students of arts and science.

#### 2. Aim

The first aim of this study of emotional maturity of arts and science's students.

#### 3. Variables

##### • Freedom variables

- i. Students of arts
- ii. Students of science

##### • Dependent variables

Result of study on arts and science students on emotional maturity.

#### 4. Sample

Choose of sample are given below :

(Total : 60)

30     30

In above example 30 students in arts and 30 are students of science.

### 5. Instrument

This research we get a information by using the method emotional maturity created by Dr. Yashveer Singh and Dr. Mahesh Bhargav.

### 6. Statistically Method :

This research small sample chosen so when I compare both part use interpretation of 't' statistically method.

### Result Discussion

No	N	Mean	't' Value	Significant Level
1	30	86.23	2.71	Signi.
2	30	99.6		

This research reference of the emotional maturity of students of arts and science.

In information interpretation using the 't' statistically method. Declare result mean of students of arts is 86.23 and mean of student of science is 99.6 look hear both part between emotional maturities of different in mean.

But here calculate get 2.71 that is smaller than describe in tables so different is successful or hypothesis is unaccepted. So, reference of emotional maturity there are not same part of students of arts and science.

### Conclusion :

There are looking the different between student of arts and science of emotional maturity.