



ANALYSIS OF PERSONALITY TRAITS OF ANNA UNIVERSITY WOMEN VOLLEYBALL PLAYERS

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ABSTRACT

The purpose of the study was to compare selected Personality Traits between low and high achiever of women Volleyball players (age 18-21 years). Forty (N=40) women Volleyball players who were participated in inter collegiate tournament organized by Anna University Zone-I were randomly selected for the study. Second round winner is considered as high achievers (n=20) and first round loser is considered as low achievers (n=20). Among various personalities trait components Enthusiasm and Boldness only selected for this study. To measure the different components of Personality Trait (Enthusiasm and Boldness) multidimensional assessment of personality (MAP) scale, developed by Sanjay Vohra (1993) of Psy-com services was used. For statistical analysis and Interpretation of data 't' test was conducted. It was observed that there was significant difference in Personality Trait among low and high achiever of Volleyball players. Result showed that high achieving volleyball Players were more Enthusiasm and Boldness than the low achieving volleyball Players.

KEYWORDS

Enthusiasm, Boldness

Introduction

In modern era, games and sports hold a prominent place in life. Millions of people participate in sporting activities and spend billions of rupees or dollars annually on sports related activities and equipment. The impact of sports on modern society has made it clear that sports are a very legitimate field of academic study. Modern thinkers in education now a day's emphasize that the best individual is one, who is physically fit, mentally sound and sharp, emotionally balanced and socially well adjusted. In modern time's competition in sports needs psychological preparation of team or individual players. It is important as teaching the different skills of a game on scientific lines. It is said that modern warfare is not fought and won with psychological strategies, similar is the case with modern sports. Sports psychology suggests that teams prepared not to play the game but also to win the game. Most of the coaches agree that physical characteristics, skills and training of the players are extremely important but they also indicate that good mental preparation for competition is a necessary component for success (Attri, 2013).

Volleyball is a team sport in which two teams of six players are separated by a net. Each team tries to score points by grounding a ball on the other team's court under organized rules ("Volleyball". International Olympic Committee). It has been a part of the official program of the Summer Olympic Games since 1964.

The complete rules are extensive. But simply, play proceeds as follows: a player on one of the teams begins a 'rally' by serving the ball (tossing or releasing it and then hitting it with a hand or arm), from behind the back boundary line of the court, over the net, and into the receiving team's court. The receiving team must not let the ball be grounded within their court. The team may touch the ball up to 3 times but individual players may not touch the ball twice consecutively. Typically, the first two touches are used to set up for an attack, an attempt to direct the ball back over the net in such a way that the serving team is unable to prevent it from being grounded in their court.

Personality plays important role in achieving high performance in fields of life including games and sports. Personality is a dynamic concept. It cannot be restricted to certain inherited traits, tendencies and attributes. The inner core of personality may refer to inherit qualities, characteristics and traits common to all (which exert a constant pressure on each individual), its peripheral facet constitutes the difference which distinguish one individual from others (Attri, 2013).

It is a proved fact that sporting contest are completely a different situation than the normal day to day life event. Sportsmen have undoubtedly exposed to such situations. The sports performance is dependent greatly on some psychological factor with some specific types of personality profile facilitates. A specific observation itself gives an idea that a good performance in sports requires some psychological qualities.

METHODOLOGY

Forty (N=40) women Volleyball players who were participated in inter collegiate tournament organized by Anna University Zone-I were randomly selected for the study. First round loser is considered as low achievers (n=20) and second round winner is considered as high achievers (n=20) and. Among various personalities trait components Enthusiasm and Boldness only selected for this study. To measure the different components of Personality Trait (Enthusiasm and Boldness) Multidimensional assessment of personality (MAP) scale, developed by Sanjay Vohra (1993) of Psy-com services was used. After scoring obtained data was tabulated. To find out the personality traits of the low and high achiever of Volleyball players, 't' test were used. In this cases 0.05 level of significance was used to test the hypothesis.

Results and Discussion

Enthusiasm

The analysis of independent 't'-test on the data obtained for Enthusiasm of Low and High achievers results are presented in tabular form as given here under.

TABLE – 1
MEAN, SD OF ENTHUSIASM AND COMPARISON OF t-TEST BETWEEN MEANS OF LOW AND HIGH ACHIEVER OF VOLLEYBALL PLAYERS

Group	Mean	Standard Deviation	MD	't' – Value
Low Achiever Group	11.15	0.88	2.20	6.50*
High Achiever Group	8.95	1.23		

***Significant at 0.05 level**
(Table value required for significance at 0.05 level for 't'-test with df 38 is 2.02)

Table -1 show that there were significant differences in Enthusiasm between low and high achievers of Volleyball players. The Mean of Enthusiasm in low and high achievers of Volleyball players were 11.15 and 8.95 respectively and the 't' test value between the means is 6.50. Since the obtained't' test value of 6.50 is greater than the table value of 2.02 with df 38 at 0.05 level of confidence, it was concluded that the low achievers and high achievers had significant difference in the performance of Enthusiasm. Table–1 was illustrated through graphical representation (Fig. 1) for clear understanding of this study.

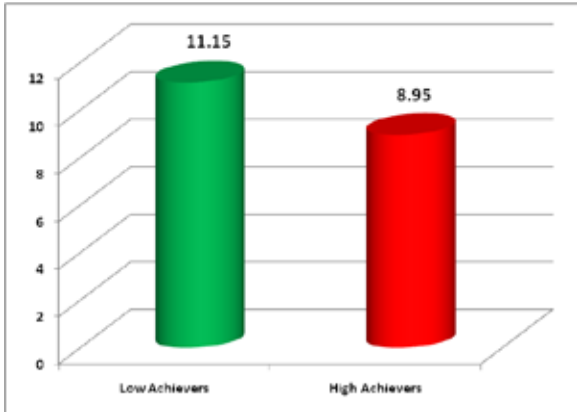


Fig. 1: Graphs Showing Enthusiasm between low achievers and high achievers

Boldness

The analysis of independent 't'-test on the data obtained for Boldness of Low and High achievers results are presented in tabular form as given here under.

TABLE – 2
MEAN, SD OF BOLDNESS AND COMPARISON OF t-TEST BETWEEN MEANS OF LOW AND HIGH ACHIEVER OF VOLLEYBALL PLAYERS

Group	Mean	Standard Deviation	MD	't' – Value
Low Achiever Group	11.40	0.68	2.55	7.92*
High Achiever Group	8.85	1.27		

***Significant at 0.05 level**
(Table value required for significance at 0.05 level for 't'-test with df 38 is 2.02)

Table -2 shows that there were significant differences in Boldness between low and high achievers of Volleyball players. The Mean of Boldness in low and high achievers of Volleyball players were 11.40 and 8.85 respectively and the 't' test value between the means is 7.92. Since the obtained 't' test value of 7.92 is greater than the table value of 2.02 with df 38 at 0.05 level of confidence, it was concluded that the low achievers and high achievers had significant difference in the performance of Boldness. Table–2 was illustrated through graphical representation (Fig. 2) for clear understanding of this study.

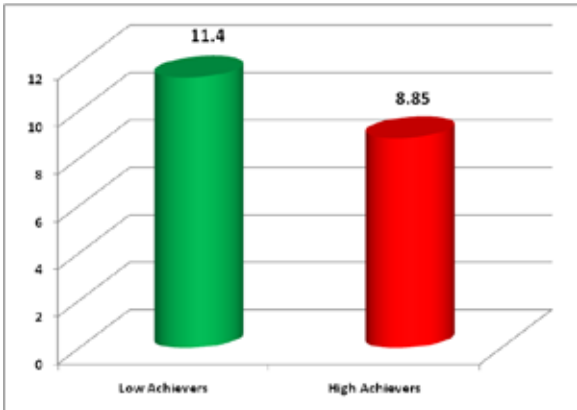


Fig. 2: Graphs Showing Boldness between low achievers and high achievers

Conclusion

Based on the result of the present study and within the limitation, the following conclusions may be drawn. The high achievers of women Volleyball Players were more Enthusiasm and Boldness than low achievers of women Volleyball Players.

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