



Vartamaan Bhartiya Shiksha Pranali V Bhartiya Stri: Sthiti, Sankat Evam Nirakaran orleku Òkjr; f'k{kk i.lkkyh o Òkjr; L=h flFkr] l dV ,o fujkdj.k

Dr (Mrs) lucky sharma

Associate professor R r bawa DAV college for girls, batala

f'k{kk lkeltfd ifjoru dk egvoin.k Ávd g D;fd bld jkjk d'Á Òh lekt l;h; o fodflr curk gA ijuv f'k{kk* :ih bl Ávd dk i;:x fdl <x l; lekt e fd; k tk jgk gl bl ij iuh utj j lkk cgr t: jh g vU;Fkk ;g ifjoru ldkjRed dh txg udkjRed g ldrk gA

vxj Òkjr d f'k{kk d ifjn; ij utj nMk, r' li"V g tk,xk fd ;g ifjn; dÒh x#dy; ei nh tku okyh on' o mifu"kn' dh f'k{kk i|fr l; vuPNfmr Fkk tgg f'k{kk dk vFk cMk 0;kid FkkA tll&

- f'k{kk o" g t" 0;fDr d' vkRe fo'okl; ,o fu>dle cuk,ß
- f'k{kk o" g t" eu>; d' efdR nA vFkkRk ;k fofn;k lk foeDr;ß

olrrr; f'k{kk* ãkrr; l; mYiUu f'k{kk* 'kcn 0;kid #i ei rhu x;k fo|kFk; d' ãn; ei f'k{kk d jkjk mYiUu dju ij t'j nrk g

- 1- vu'kku NDiscipline
- 2- eu ij fu;=;k Nto Control
- 3- i<uk Nto study

bl rjg dh f'k{kk ei Òkjr;rk dh lxxk Fkh viuh ãkfed lLÑfr ij xoi FkkA

ijUv edfyQ u fcfv'k i'kku dh uho d' Òkjr ei telu d fy, bl f'k{kk i.lkkyh d' 'Education ytem' e ifjofrr dj fn;k vj f'k{kk d' Òkjr; lLÑfr d ik'R;dj.k dk tjh;k cuk;kA Ldy o dkyt vj ;uoflrv;k [k'yh xA vj d'oy if'peh lkfg; o vxixh i<A tku yxh ij bld lkFk gh Òkjr; lLÑfr dh tM' d fgyku dh d'f'k'k Òh g'u yxhA dgkor g uk& *;Fkk jktk rFkk itk

l' tll vxixh lkT; olh ml jkjk fufrr lektA ijuv vk'p; dh ckr ;g g fd n'k dh LorU=rk d lk'pkr Òh edfyQ dh f'k{kk i.lkkyh d' 'bu&fcu' m;h rjg tkjh jgu fn;k x;k vj ble Òkjr;rk dh lxxk Òju dh gj d'f'k'k d' 'Oxokdj.k' dg dj udkj fn;k x;k vj 1986 e d'Bkjh dfe'ku dh flQkf'k ij ãkjh&ãkjh bl f'k{kk lk|fr dk 0;olk;hdj.k fd;k x;k rkfd lekt e 0;kid cjt'xk-jh dh lLk;k d' tM l; [kRe fd;k tk,A uo d n'kd ei ujflgekjh o foÙe=h eue'gu flg jkjk 'k: dh xA futhdj.k fo'ohdj.k ,o mnkjhdj.k fll LPG dgk tkrk gl u Òkjr e cgjk'Vh; dEifu; dh ,d tekr [kMh dj nh fll gekj 0;olk;fd f'k{kk d gh Qy plfg, Fk ijuv bl 0;ogkfjd f'k{kk i)fr ei gekj ufrd eY; cgr ihN NV x, vj vè;Re o efdR dh ckr dju oky; Òkjr; lekt e mit'x dh lLÑfr dk mn; gvk fll ei gj olr; eMh dh mit Fkh fcdkA Fkh ;gk rd fd L=h ÒhA urhtk vkt gekj lku gA

A;= uk;Uv iT;Uv jEuv rc nork* d fl)kr d' ydj pyu oky; Òkjr; lekt dh n'k vj fn'k n'u' gh pòdu oky; o cgn fu-jk'ktud o vQl'lkud gA

- Òkjr; efgyk, vkt cykRdkj] rtk o ngt eR;] o';lofr] Ájy fglk ;u&mrihMu vj NMNM l; tM' vud n'k viu 'kjh o eu ij >y jgh gA
- ifro' ;gk fdru gh llykuh nfgd l[k d fy, x'ok tll lk;Vu LFky' ij vkr gA
- Òk gk; dh nj Òkjr ei rth l; c< jgh gA ,d lo'k d vulkj Òkjr o ifr 1000 i#% d ihN 945 efgyk, gA itk tll

jkT; ei r' ;g nj 1000 ifr i#% d ihN 927 L=h gA

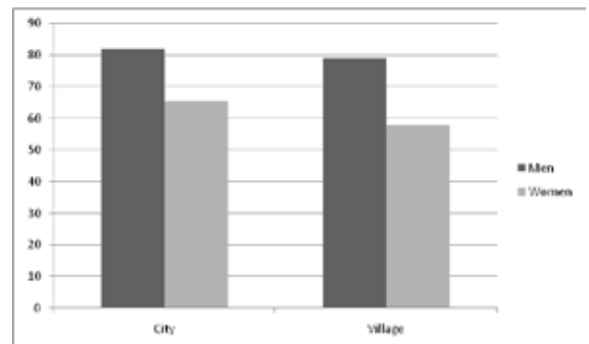
'nh xkM;u fo'o lelpj' ynu d loannrk v'ou o'od'V u 15 tu 2011 d' viu lo'k jkjk Òkjr d' fl=; d fy, fo'o pFkh lcl [krjukd txg o th&20 n'k ei lcl cjh flFkr oky n'k djkd;gA

[n jk'Vh; vijlkk ;j' bl dh i'Vh djr g, bl rjg d vkdM iL-r dj jgk gA

- gj rhu feUV ei ;gk ,d vjv vijlkk dk f'kdj curh gA
- gj 77 feUV ei ngt gR;k dk ekeyk lku virk gA
- gj 2-9 feUV ei vjv l; njlpkj dh d'f'k'k g'rh gA
- gj 16 feUV ei ,d vjv dh gR;k gA
- gj 23 feUV ei fyx&'k'k dk vjv f'kdj g'rh gA
- 77 Òkjr; vjv Ájy fglk dk f'kdj gA

ijUv foMEcu ;g g fd Òkjr; lkjkrk vò;ku r' Òkjr dh 81-4 tul; vkt lkj Á'fr dj jgk g fll 82-01 en vj 65-46 vjv g r' IQj

lkjkrk nj &



tc lkjkrk bruh rth l; c< jgh g r' vjv d fllQ vijlkk Òh r' Ávu plfg, ijuv ;gk r' vijlkk c< jg gl D;fd

gekjh f'k{kk i.lkkyh vjv l; [k'kyh gA ufrd f'k{kk l; oghu gA ug' r' vkA-Vh- lDVj vjv Metropolitan 'lgj rduhdh #i l; m'ur vkt ;u foNfr dk f'kdj u g'ra Live-in-Relationship, ife ip-ing tll Ávuk, o jo ikfvt vkt gekjh lLÑfr dk fglk u curhA

li"V g vkt t#jr g& gekjh f'k{kk ulfr d iul fuk.k dhA

ij d'la fdlh Òh fllVe d' tM l; m[kMu l; igy uo&fuek d fy, i[rrk dk; g'uk vlo';d gA vj ;g dk; ge Lokhe foodklln th d fopj l; fn'k ydj dj ldr g D;fd yxÒx l; lnh igy foodklln th u f'k{kk d' iufjòk'fr djr g, dgk Fkk&

f'k{kk og g t'

- Pkfj= fuek.k dj
- eflr"d d" 'mDr n
- cef) d mufn n
- vkrfu0j cuk,

v0j fQj bl rjg dh 'P'k{k* dli nh tk,) bl ckj. 0h o" ldr djr g&

● fdrkch dh txg 0;ogkfjd P'k{k g'uuh pifg, t" lEi.k 0;fdrRo dk fodl dja

● bl P'k{k lk|fr ei ekel o ;'x dk leko'k g'A

● cāpki; vkJek d" P'k{k dk ekel ekuk tk,A

● ij. 0kjr ei ,d gh rjg dh P'k{k i.kkylh g'A

● blei vkrfud foklu o onkr dk ley g'A

● d'ey dyk,) v0j 'vkv' fdlh u fdlh :lk ei P'k{k dk 0kx ge'kk cuk jg rkfd e'ku o j'c'V ugē pifg,) lonu'khy eu"; pifg,A

● ,d jk'Vh; 0k'k d byok {k=h; 0k'k d" P'k{k dk elē;e cuk,A

● lLŇr 0k'k d" iuh lEkkir dji vFkr 'k'jlfjd' ekkfed o 0;olk;f;d P'k{k d lEkk&lEkk ufrd&ey;" ij vkrfjdr P'k{k i.kkylh d" lEkkir dja

ijŲr e0tnk n0j ei foodku0n th dh bl fQyIqH d" dli viuk;tk,) 0;ogkfjd P'k{k :lk fn;k tk,A bl d fy, dN l>ko g ft0g e0tnk l dV d fujdkj.k d fy, viuk;tk ldrk gA

1- lcl igy viuh P'k{k i.kkylh dk elē;e ekr0k'k dh tk,A Tkj l'fp, t" cPp ek d x0 ei ekr&0k'k o mld 0;kdj.k dk l dYi lh[k dj ink g'rk gA tc 3 lky dh mej ei ml ij fon'kh 0k'k Fh'k tkrh gl r" ml ij D;k chrrh g'xh\ ,d r" Ldy dk vtuch okroj.k ml ij ,d fon'kh 0k'k lh[ku dk ncoA gekjh P'k{k i.kkylh o li 0h P ly Pen v0j Nurery ei One To Three, Johny Johny l Tj;knk r" dN 0h ugē fl[kkrhA i'u ;g g fd gekjh vkt rd viuh 0kjr; P'k{k&uhrh D; ugē gA d'Ā 0h foKlu ;g lkrf ugē dj ldrk fd doy vxth 0k'k cpui ei fl[kku l eflr"d dk fodl cMh rth l g'rk g\ gk ;g t#j lkrf gvk g fd 0k'j;h; ifjokj dh vk; P'k{k o lLŇr ey l t'ueh ,lh 0k'k,) t" Āij l uhp rd fy[lh tkrh g o' gekjh Klu bfn;" o eflr"d d lrfy fodl ei l g;rk djr;h g v0j ge viu cPp' d" thou d ikjE0d o'k' ei gh viuh ekr0k'k N'M dj vxth i<ku o c'yuk 'k# djr; g t" u r' yĀu d mij&ulp fy[lh tkrh g v0j u gh Lon'kh 0k'k gA D;k bl eY;oku cpui d" ipr= ufr'krde dh dFkv' o ekr0k'k l tM lny xhr' o dgfu;" l l'j'ck ugē fd;k tk ldrk\ ipr= o uhrh'kdk bl v'j b'k'k djr; g fd ;g 0;fdr fo'k'k d" l'j 0k'k ei Klu ndj mld' cf)eku cuk nr; gA Lo; ipr= d jfp;rk fo'k'k 'kel d vuklj viu jkt d ikp e[k i= d cf)eku cuk d fy, m0g'u ml eg0k Ňfr d' jpk x;k Fk v0j og ml dk; l IQY 0h jgA

2- cMh dFkv' ei 0h vxth d" Option l j[k tk ldrk gA n[ku ei vk;k g fd 0kjr ei fo[kFē vxth d v0j Klu dh otg l i<kĀ N'M nr; g v0j ,d d.Bk fy, thou finM tkr; gA cgr ckj ;g d.Bk gh ,d ;k nlj; :lk ei ukjh t" i<h fy[lh iruh d #i ei mud lkeu g'rh gl d' vcyk eku dj irkfMr djd l r'V dh tkrh gA

3- 10\$2 dju d ckn 0;olkf;d P'k{k l ukkr t'Mu oky; fo[kFē flQ viu fo'k; rd lkrf g' jg tkr; gA mudk ē;ku d0h lkekfd 0;oLFk o n'k ij ugē tkr; ijŲr vPn; lLdkj ēke) vFk) dke o e'k ei lryu d" t'ue nr; g v0j l=h d ifr lEku 0h fl[kkr; gA

4- ge viuh P'k{k i.kkylh d" 0kjr;h; l;Dr ifjokjd 0;oLFk dh egr0k l t'Muk g'xĀA l;Dr ifjokj lLdkfjr cPp' d" t'ue nr; gA ctix' dh txg Creche u y ldr; g v0j u gh lLdkj n ldr; gA urhtk ē;oghu) mRrfr Nucler ;kuh ,dy ifjokj i; 'k v0j ukjhA ookgd lEek' ei njkj v0j rykdA lepk ifjokjd <kpk vLr 0;LrA ,l ifjokj ei iy&c< cPp ukjh lEek' d lLdkj thou ei ēk;k ugē dj ldr v0j u gh fdlh thou eY; l tM ldr; gA

eY; fuek'k d fy,&

- jkek; .k
- xhrk
- Jh x# xUFk lfgc
- Lkr er d l'k{k i)fr ei vfuok; :lk l vkrElkr dja

vr' ,d eY; fuek'fjr P'k{k i.kkylh 0;ogkfjd P'k{k d lEkk ykx djuk le; dh ekx gA

vr' ikjE0d P'k{k l ydj mPp P'k{k rd t" 0h P'k{k ei nh tkrh g pig Ldy g' ;k dkyt ;k ;fuojflVh ml ikFku; ;x o ē;ku pP' l iuh ifj0k'fr fd;k tk,A

Ldy' o ;uho flV; ei ikFku dk le; fuek'fjr dja gj 0;fdr viu ēkel l lEcfkr ikFku dj ldrk gA

;x b0n;" o eu ij fu;= .k fl[ku d fy, t#jh gA

ē;ku o pP' thou ei c< ruko l u flQ eDr djkx) cyfd eu ei cBh dBkv' d" 0h [k'y nxx v0j fopkj pP' LoLFk #i ydj LoLFk lekt dk fuek'k djkx v0j ,d LoLFk lekt gh l jf'kr fo'o) ,d ukjh d" inku dj ldrk gA

5- 0kjr;h; P'k{k i.kkylh l tM ifjn;" d 0;ogkfjd cnyko d fy, ehM;k fo'k'>kdj lVybV puyt d lg; x dh 0h vko';drk gA fl=;" dh l jk'k o lLdkj' dk ennk v0j 0h i0ko'kylh <x l mBk;k tk ldrk gl vxj ehM;k P'k{k d lEkk tM ufrd eY;" dk viu dk; 0e' ei leko'k dj y D;'fd oreku ;x ei ehM;k) P'k{k d {k= ei gh ugē lEi.k lkekfd cnyko ei l g; d fl) g' ldrk gA

6- ,d v0; l>ko ;g g fd vFkr lkekfd lok d' P'k{k&ufr ei ie[lrk l lohdkj fd;k tk,A lkekfd lok d dk; gr o) vkJe vufkky; v0fo[ky; tli dĀ lLdkj pu tk ldr; g rkfd fo[kFē lonu'khy cuA lonu'khy 0;fdr d0h 0h fdlh d ifr viekutud 0;ogkj ugē dj ldrk fQj pig o' ukjh gh D; u g\

7- v0j ,d eg'oi.k ckr) ei ;g efgl l djr;h g fd gekjh P'k{k 0o;oLFk fo[kFk;" d ifr vr;Ur vlonu'khy gA fo[kFē o' fo[kFē g t" n[ku] luu o le>u ei r' lkek; gh ij Klu b0n;" d vki l rkyey d v0ko d dkj.k o Bhd l fy[k ;k i< ugē ikr) vker0j ij bu dh iglu djd bu ij egur dju dh ctk, b0g ukyl; d fudE; ;k 'k'jkrh dg dj d'u ei feBk fn;k tkr; gA fon'k' ei ,l cPp' d fy, flycl ei NV g'rh gA fo'k'k Ldy o l'j i'ui= rFk 0;ogkfjd P'k{k ij t'j fn;k tkr; g tli lk;Vu ;k Hospitality l tM {k= ei ,l fo[kFk cgrj dk; l dj ldr; gA n[ku ei vk;k g fd bu fo[kFē;" dh ekufd voLFk dk lKlu fy, fcuk b0g yx-krkj MkV&MiV yxlu l ;g <bB g' tkr; g D;'fd eu ei dgē d'Ā d.Bk cB tkr; gA r' dĀ ckj ,l fo[kFē ukyl; d fo[kFk;" d #i ei iglu tkr; gA blfy, ejk ekuu g fd 0kjr;h; P'k{k 0;oLFk d" bu fo[kFē;" d fy, 0h d'Ā v0x l uhr; cuku g'xĀA doy ijk'k ei ,l fo[kFk;" d' ,d Āvk v0kd nuk dkQh ugĀA t' fo[kFk Bhd l i<&fy[k gh ugē ldrk ml ,d&v0k Āvk v0kd fey tk, r' D;k vrj iMrk gA ; cPp gekj n'k dk gA uhr; cuku le; b0g Q'd l ei j[kuk pifg,A D;'fd ukjh ek] cgul iruh o cVh d #i ei bu fo[kFk;" ei 0h e0tn g v0j ,l cPp' l fur; lkeu 0h djr;h gA

ei vr ei ,d ijk'k dgkor l bl iij d' fojie nxx&

vxj vki ,d o'k d fy, ;'tuk cuk jg g r" ēku c'Ā,!

vxj vki ip o'kē; ;'tuk ij dke dj jg g r" o'k c",!

ij vxj vki 0fo'; dh ;'tuk cuk jg g r" viu cPp' d" lgh <x l P'k'kr dhft,!

ijŲr P'k{k v0j ei vŲrj lEkk dj gh ge oreku ifjn;" d' cny ldx v0j ,d l jf'kr fo'o viuh cfV;" d n ik,xĀ

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