Research Paper

Medical Science



Physico-Chemical Evaluation and HPTLC Finger Printing of Siddha Polyherbal Formulation Thaalisaathi Chooranam (TSC)

| Suresh K. | Lecturer, Department of Kuzhandhai maruthuvam, National Institute of Siddha, Chennai, India. | |
|---------------|---|--|
| Pattarayan R. | Guide, Former Professor, Department of Kuzhandhai maruthuvam, National institute of Siddha, Chennai, India. | |
| Banumathi V. | numathi V. Director, National Institute of Siddha, Chennai-47 | |

3STRACT

Thaalisaathi Chooranam(TSC) is a poly herbal formulation widely used in Siddha system medicine. It is mainly used for Respiratory disease like bronchitis, cough, common cold, asthma and fever etc. Though the individual herbs used in the formulation have the previous record of standardization, there is no evidence of scientific validation on the physical form of the study drug Thaalisaathi Chooranam (TSC) and hence this study was aimed. All the ingredients were procured from reputed raw drug store and botanically authenticated by the Medicinal botanist of National Institute of Siddha, Chennai. All the 28 Ingredients were purified individually as per the Siddha classical literature and the formulation was prepared as per the procedure mentioned in Sastric Siddha text Siddha vaidhya thirattu. The prepared drug was subjected to analysis. The derived physico-chemical parameters, HPTLC fingerprint profiles serve as diagnostic parameters to identify this polyherbal formulation. HPTLC - High performance thin-layer chromatography is a rapid, precise and cost-effective method and this method is widely used for the determination of biological compounds from medicinal plants¹. Thus, HPTLC method has been used for the determination of Flavonoid, Alkaloids and Essential oils present in Thaalisaathi chooranam (TSC).

KEYWORDS

Thaalisaathi chooranam, TSC, Siddha medicine, Chooranam, Respiratory diseases, HPTLC.

1. INTRODUCTION

Siddha medicine is an indigenous system of medicine practiced in South India and other Tamil speaking countries like Sri Lanka, Malaysia and Singapore. World Health Organization endorsed Siddha system of medicine as a codified medical system. About 65% of Indian population is using Indian medicine for their primary health care ². Even though, the formulations of Siddha medicines are well documented and time- tested standard preparations, it is the need of the hour to document standardization procedures based on current analytic techniques to prevent adulteration and to maintain quality control on par with contemporary medical world ¹

Thaalisaathi chooranam (TSC) is a polyherbal formulation prescribed in the management of respiratory disorders of adults and children. Literatures Review of the ingredients of TSC revealed that the drugs are having good anti-allergic, bronchodilator, expectorant, anti-inflammatory, anti-pyretic activities³, ⁴. But the compound form of the medicine Thaalisaathi chooranam (TSC) has not been established through standardization procedure for it global acceptance. So the author interested to do Physicochemical analysis and HPTLC finger printing methods to get the complete scientific picture of the study drug TSC

2. MATERIAL AND METHODS

2.1 Plant materials

All the ingredients were procured from reputed raw drugs store in Chennai and authenticated by Medicinal Botanist of National Institute of Siddha for its genuinity. The list of the ingredients of Thaalisaathi chooranam (TSC) is given in Table - 1

2.2 Purification of raw drugs

All ingredient were purified as per the purification method mentioned in Sastric Siddha literature and in accordance with Siddha Formulary of India

2.3 Preparation of Thaalisaathi chooranam (TSC)

The study drug TSC was prepared after purification process,

all the materials were completely dried, then powdered separately and sieved by white cloth which is mentioned as Vasthirakayam in classical Siddha text. The sieved ingredient powders were throughly mixed together and stored in a clean and air tight glass container.

2.4 Physico-chemical analysis

The particle size, loss on drying, total ash, acid insoluble ash, water soluble extractives, alcohol soluble extractive and pH value were carried out as per the methods described in Indian Pharmacopoeia texts and Protocol for Testing of ASU medicines published by PLIM, Ghaziabad ⁵

2.5 HPTLC finger printing of Thaalisaathi Chooranam (TSC)⁶

a) Test related to Alkalids

Sample preparation: weighed about 2 g of Thaalisaathi Chooranam (TSC) and shaken for 15ml of 0.1N sulphuric acid and then filtered. The filter was washed with 0.1 N sulphuric acid to a volume of 20 ml; 1 ml of concentrated ammonia was added. The mixture was shaken with chloroform. The chloroform was dried over anhydrous sodium sulphate and evaporated to dryness. The residue was dissolved in methanol. Silica Gel 60 F254 used as Stationary phase and Toluene: Ethlyl acetate: Diethylamine (70:20:10) was used as Mobile phase.

Procedure: Applied 20µl, 30µl test solutions on a precoated silica gel 60 F254 HPTLC plate (E.Merck) of uniform thickness 0.2 mm using Linomat 5 sample applicator. Developed the plate in the solvent system to a distance of 8 cm. Observed the plate under UV light at 254 nm and 366 nm using CAMAG REPROSTAR3 to identify the appearance of colour bands.

a) Test related to Flavanoids

Sample preparation: weighed about 1 g of Thaalisaathi Chooranam (TSC) and and added 25 ml of methanol and macerated for 24 hours and filtered. The filtrate was evaporated to dryness. Dissolve the residue in 2 ml of methanol. Silica Gel 60 F254 used as Stationary phase and Toluene: Ethlyl acetate:

Formic acid (5:4:1) was used as Mobile phase.

Procedure: Applied 5µl, 10µl test solutions on a precoated silica gel 60 F254 HPTLC plate (E.Merck) of uniform thickness 0.2 mm using Linomat 5 sample applicator. Developed the plate in the solvent system to a distance of 8 cm. Observed the plate under UV light at 254 nm and 366 nm using CAMAG REPROSTAR3 to identify the appearance of colour bands.

a) Test related to Essential oils

Sample preparation: weighed about 1 g of Thaalisaathi Chooranam (TSC) and added 25 ml of petroleum ether and macerated for 24 hours and filtered. The filtrate was evaporated to dryness and dissolved the residue in 2 ml of Petroleum ether. Silica Gel 60 F254 used as Stationary phase and Toluene: Ethlyl acetate (93:7) was used as Mobile phase.

Procedure: Applied 5µl, 10µl test solutions on a precoated silica gel 60 F254 HPTLC plate (E.Merck) of uniform thickness 0.2 mm using Linomat 5 sample applicator. Developed the plate in the solvent system to a distance of 8 cm. Observed the plate under UV light at 254 nm and 366 nm using CAMAG REPROSTAR3 to identify the appearance of colour bands.

3. RESULTS AND DISCUSSION

Raw materials for this polyherbal formulation Thaalisaathi choornam (TSC) were procured from reputed raw drug store from Chennai and the same was authenticated by Medicinal botanist of National Institute of Siddha. Physical form of medicine i.e Chooranam was prepared after purification of each and every ingredients as per Sastric Siddha literature.

The physicochemical values are shown in Table 2. The TLC photo documentations colour bands visible under UV 254 nm, 366 nm after developed with solvent system are presented are shown in Figure 1A-C. The loss on drying of the drug was found to be 5.112% which may attribute to essential oil rich ingredients. The volatile compounds may be protecting the drug from microbial growth. The total ash was found to be 4.456% which is due to the presence of the inorganic ingredient present in the drug. The acid insoluble ash shows that the drug contains only negligible amount of acid insoluble ash content. The extractive values, viz., water and alcohol were found to be 53.32% and 10.85% which shows that most secondary metabolites are extractable with the above solvents and also it shows the high polar secondary metabolites such as glycosides, tannins, proteins, etc. in the drug. The pH value of 4.62 shows that the drug is acidic in nature. The particle size analysis shows that the drug is fine in nature. The TLC photo documentation of the drug under UV 254 nm shows four major bands and four major bands under UV 366 nm related to Alkaloids, seven major bands and eight major bands under UV 366 nm related to Flavanoids and nine major bands and eight major bands under UV 366 nm related to Essential

Table. 1: Ingredients Thaalisaathi chooranam (TSC)^{7,8,9}

| SI.no | Tamil name | Botanical name | Part used | Quan- tity |
|-------|----------------------|---------------------------------|-----------|---------------|
| 1. | Thaleesapa- thiri | Taxus baccata L | Leaf | 10 gm |
| 2. | Lavangapattai | Cinnamomum zeylan- icum BL. | Bark | 10 gm |
| 3 | Elam | Elettaria cardamo- mum MATON | Seed | 10 gm |
| 4 | Chukku | Zingiber officinale ROSC | Rhizome | 10 gm |
| 5 | Athima- thuram | Glycyrrhiza glabra L. | Root | 10 gm |
| 6 | Perungayam | Ferula foetida L. | Resin | 10 gm |

| 7 | Nellimulli | Phyllanthus emblica L Syn : Emblica officina- lis GAERTN | Dried fruit | 10 gm |
|----|-----------------------|--|----------------|-----------|
| 8 | Koshtam | Saussurea lappa C.B.CL. | Root | 10 gm |
| 9 | Thippili | Piper longum L. | Fruit | 10 |
| 10 | Seeragam | Cuminum cyminum L | Seed | 10 gm |
| 11 | Sathakuppai | Anethum sowa KURZ. Syn: Peucedanum graveolens BENTH | Seed | 10 gm |
| 12 | Karunseer- agam | Nigella sativa L. | Seed | 10 gm |
| 13 | Thippilikattai | Piper longum L. | Stem | 10 gm |
| 14 | Kirambu | Syzygium aromati- cum L | Buds | 10 gm |
| 15 | Saathipathiri | Myristica fragrans HOUT | Aril | 10 gm |
| 16 | Karkadaka- sirungi | Rhus succedanea L. | Leaf galls | 10 gm |
| 17 | Saathhikkai | Myristica fragrans HOUT | Fruit | 10 gm |
| 18 | Thantrikkai | Terminalia bellerica ROXB | Fruit | 10 gm |
| 19 | Kadukkai | Terminalia chebula RETZ & WILLD | Fruit | 10 gm |
| 20 | Sadaman- jil | Nardostachys jata- mansi DC. | Root, ubers | 10 gm |
| 21 | Milagu | Piper nigrum L | Fruit | 10 gm |
| 22 | Sirunaagapoo | Mesua ferrea L | Flower | 10 gm |
| 23 | Shanpag- amokku | Michelia champaca L | Flower bud | 10 gm |
| 24 | Vaividangam | Embelia ribes BURM. | Seed | 10 gm |
| 25 | Lavangapa- thiri | Cinnamomum tamala NEES & EBERM | Aril | 10 gm |
| 26 | Omam | Trachyspermum ammi L | Seed | 10 gm |
| 27 | Thaniya | Coriandrum sativum L. | Seed | 60 gm |
| 28 | Cane sugar | Saccharum officinar- um L. | Granules | 120 gm |

Table. 2: Physico chemical values of Thaalisaathi Chooranam (TSC)

| | | (|
|----------|--------------------------------|----------------------------------|
| S.No | Parameters | Results |
| 1 | Appearance | Light brown coloured fine powder |
| 2. 3. | pH at 25°C | 4.62 |
| 3. | Total ash (%) | 4.456 |
| 4. | Acid Insoluble ash (%) | 0.2887 |
| 5. | Loss on drying at 105°C (%) | 5.112 |
| 6. | Water soluble Extractive (%) | 53.32 |
| 7. | Alcohol soluble Extractive (%) | 10.85 |
| 8. | Bulk Density | 0.3142 g/ml |
| 9. | Tap Density | 0.5404g/ml |

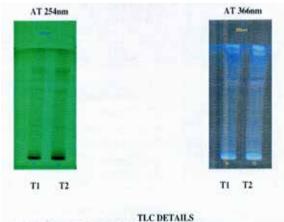


Figure 1 A: HPTLC photo documentation of TSC related to Alkaloids ^{10, 11}

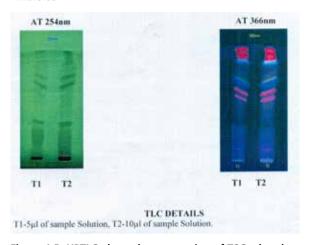


Figure 1 B: HPTLC photo documentation of TSC related to Flavanoids^{10, 11}

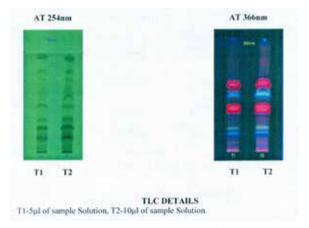


Figure 1 B: HPTLC photo documentation of TSC related to Essential oil^{10, 11}

4. CONCLUSION

The achieved results of physico-chemical analysis and HPTLC finger print profiling will be useful as tool for authentication, standardization and quality control assessment of the poly herbal formulation Thaalisaathi chooranam (TSC),

5. ACKNOWLEDGEMENTS

The author is thankful to The Director, National Institute of Siddha, Chennai for permitting me to do this study.

6. CONFLICTS OF INTEREST

There are no conflicts of interest from the author

7. REFERENCES

- Chaudhary, A., & Singh, N. (2011). Contribution of world health organization in the global acceptance of Ayurveda. Journal of Ayurveda and Integrative Medicine, 2(4), 179–186.
- WHO Country Cooperation Strategy 2006-2011 Supplement on Traditional Medicine http://www.searo.who.int/entity/medicines/topics/who_country_cooperation_strategy_india.pdf accessed on 13.06.16
- S. Bhavani, 2015, Review on Anti-Pyretics & Analgesic Herbs in Siddha Medicine, J. Pharm. Sci. & Res. Vol. 7(10, 812-817)
- G. S. Lavekar, 2009, Management Of Chikungunya Through Ayurveda And Siddha A Technical_Report,http://www.ccras.nic.in/Traning_module/6.%20 MANAGEMENT%200F%20CHIKUNGUNYA%20THROUGH%20AYURVE-DA%20AND%20SIDDHA-A%20TECHNICAL%20REPORT.pdf , accessed on 13.6.16
- Lohar, 2005. Protocol for Testing of ASU medicines, Pharmacopeial Laboratory of Indian Medicine, Ghaziabad, Last accessed on 13.06.16
- 6. Wagner H, Bladt S. Plant Drug Analysis, Edn 2, Springer, Berlin, 1996

- Vaithiya Rathinam K.S. Murugesamuthaliar., Gunapadam First part, Indianmedicine and Homeopathy Department, Chennai., 106-160.
- Kuppusamy mudhaliyar, K. N, Uthamarayan. K.S, Siddha Vaidhiya Thiradu, Indianmedicine and Homeopathy Department, Chennai., 1992; 21(1): 106.
- Anonymous. The Siddha Formulary of India, Part-I, Department of ISM & H, Ministry of Health & Family Welfare, Government of India, New Delhi, 1992.
- Sethi PD. High Performance Thin Layer Chromatography. Edn 1, Vol. 10, CBS Publishers and Distributors, New Delhi, 1996, 1–56.
- Zeeshan Ahmed Sheik, A novel HPTLC method for quantitative estimation of biomarkers in polyherbal formulation Asian Pac J Trop Biomed., 2015; 5(11).