



ORIGINAL RESEARCH PAPER

Education

SRI AUROBINDO : AN INTEGRAL REVIEW

KEY WORDS: Integral Yoga, National Integration , super mind.

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ABSTRACT

The philosophy of Sri Aurobindo is a grand system of reconciliation and Integration. It is properly called integral philosophy that synthesizes world-views and philosophical nations. The integral vision of realist is one of the greatest contributions of Sri Aurobindo. He believed that the integration of all yogas mentioned in the Gita helps the human life to be transformed into a celestial one. For the total development of an individual he stressed on integration among all the areas of yoga, not on any one. He formulated three main stages, a 'Triple transformation', in the progression of the Integral Yoga: the Psychic, the Spiritual, and the Supra- mental. Therefore, the Integral yoga i.e. the synthesis of physical, vital, mental and spiritual being takes us from lower level of existence to higher level and to the highest level.

INTRODUCTION:

Sri Aurobindo (Aurobindo Ghosh 1872-1950) was an Indian philosopher, poet, nationalist and yogi. He was an Indian philosopher. He joined the Indian movement for independence from British rule, for a while was one of its influential leaders and then became a spiritual reformer, introducing his visions on human progress and spiritual evolution.

Aurobindo studied for the Indian civil service at Cambridge. After returning to India he took up various civil service works under the private state of Baroda. He increasingly involved in nationalist politics. He was arrested in the bomb outrages. He was released when no evidence could be provided. During his stay in the jail he had mystical and spiritual experiences, leaving politics for spiritual work.

During his stay in Pondicherry, Aurobindo developed a method of spiritual practice, called 'Integral Yoga'. The central theme of his vision was the evolution of human life into a Life Divine.

Aurobindo's main literary works are- The Life Divine, Synthesis of Yoga, Savitri : A legend and a symbol, an epic poem. He works also include philosophy. He translated Vedas, Upanishads and Bhagavad Gita. He was nominated for the Nobel prize in literature in 1943.

Sri Aurobindo's ideas about education are the synthesis of Idealism, Naturalism, Realism, Individualism and Socialism. He tries to modernize education in India by integrating old values. According to him, education must have physical, vital, mental, spiritual, intellectual principles of human activities. Man has been influenced by the materialist operations of development. We are forgetting the truth of life. In this time awareness about the concept of integral Yoga and national integration has become one of the most important emerging needs of relevance to global peace.

PROBLEMS:

The study addressed to the following problems:

- What is the basic concept of Sri Aurobindo's Integral Yoga ?
- What are the major ideas of Aurobindo's Nationalism theory ?
- How Sri Aurobindo's Integral Yoga and political thinking can be applied in present system of the society ?

OBJECTIVES:

The objectives are:

- To study the philosophical thoughts of Aurobindo to Integral yoga.
- To study Aurobindo's political thought before and after independence.

- To study the construction of National Integration
- To study the problem with global peace
- To study the relevance of Aurobindo's thought in present century.

NATURE OF THE STUDY:

This study is a Historical Research. The methods used in the study mainly based on intensive library consultation. It is mainly a qualitative research.

REVIEW OF RELATED LITERATURE:

It is very necessary that one should know the past of that subject. Survey a related literature is an essential to actual planning of any research project. It helps the researcher in avoiding duplication. Some studies which can be helpful are given below:

- Cosmic Humanism and world unity-L.Reiser, Oliver
- Integral yoga in daily life-Reddy Ananda.
- The Integral philosophy of Sri Aurobindo-Haridas Chaudhuri ; Frederic Spiegelberg

INTEGRAL YOGA OF SRI AUROBINDO:

Sri Aurobindo calls his Yoga as 'Integral Yoga'. According to him Yoga are beyond of human existence and towards reaching spirit as a final objective and away from normal life. Aurobindo's philosophy aims at ascending to the spirit and again descending to normal existence to transform it. Mind is the highest term reached in the path of evolution till now but has not yet reached its highest potency. Sri Aurobindo states that there is a possibility to open oneself to higher divine consciousness which would reveal one's true self.

MEANING OF INTEGRAL YOGA:

Integral Yoga is also called 'Supra mental Yoga'. where the past Yoga ends Integral Yoga starts. This aims at the conscious union with the divine in the super mind and super transformation of the nature. The super mental is necessary for the transformation of terrestrial life and not for reaching the self. One must realize self first, only after words can one realize the super mind.

The necessities of Integral Yoga are –Aspiration, Faith, Devotion, Sincerity, Rejection of falsehood, Unreserved surrender of the whole being in all its parts, No desire, No demand, No opinion, No idea etc.

NATIONAL INTEGRATION:

National Integration is the awareness of a common identity among the citizens of a country. It means that thought we belong to different castes, religions, regions, speak different languages, we are recognize the fact that we are all one. This kind of integration is very important in the building of a strong and prosperous nation. There is a difference between the nationalism creates mainly when a nation is ruled by a oppressive way, but National Integration is

come after the liberation of a nation.

LIMITATIONS:

The researcher has reported the work and thought of Sri Aurobindo about his Integral Yoga. Sri Aurobindo has devoted his life to the humanity and peace. He is remembered as a god of reality, who has shown the destination of true life.

India and also all over the world have been working on the life of Sri Aurobindo. There are few research on his integral review. The researcher has studied some selected topics of the essays, books and reviewed very little research among the most important topics of Sri Aurobindo's work. The researcher cannot study perfectly due to short time. Integral Yoga cannot be analyzed through the short work. It is expected more valuable findings and discoveries will be found in future.

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SECONDARY SOURCE :

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