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## nal o **ORIGINAL RESEARCH PAPER Clinical Research** HISTOPATHOLOGICAL CHANGES IN DEVELOPING KEY WORDS: Teratogenic, MICE KIDNEY TREATED WITH LAMOTRIGINE ON Lamotrigine, Microscopic, Kidney, Developing Mice. EARLY AND LATE PHASE OF GESTATION M.D. Anatomy. Hind Institute of Medical Sciences, Barabanki (U.P), India Shweta Singh\* \*Corresponding Author S.K. Pandey M.S. Anatomy. Institute of Medical Sciences Banaras Hindu University, Varanasi (U.P). India. INTRODUCTION-Lamotrigine (LTG) is an anti-epileptic drug (AED) and also used as a neuromodulator, in mood disorders.Metabolism is primarily achieved by competitive glucuronic acid conjugation. The principal product is an inactive lamotrigine-2-N-glucuronide conjugate, found predominantly in urine and to a lesser extent in feces. Recently, malformations have been reported in human foetuses, whose mothers were treated with LTG. However, it is not been possible to establish a recognizable pattern of malformations in the kidneys of human foetuses treated with LTG, therefore the lower animal has been ABSTRACT used as experimental model for the present study. **OBJECTIVE-** The objective of this study is to find out the microscopic changes in the kidney of the growing embryo of mice treated with LTG in both early and late phase of gestation.

MATERIAL AND METHODS - The pregnant mice were divided into two experimental group's i.e. early and late, each with two subgroups i.e. control group (treated with intra peritoneal injection of normal saline on Day 4 and Day 9 of gestation) and treated group (treated with intraperitoneal injection of LTG ,150mg/kg body weight on 4th day and 9th Day of gestation. Fetuses were collected on day 18<sup>th</sup> of gestation and after fixation the kidneys were dissected out and processed for histological examination. RESULT - The results of this study indicate that LTG administered intra peritoneally at high doses causes shrinkage of cortex and medulla and degenerated glomeruli, shrinkage of glomeruli and appearance of edematous spaces between the ducts. **CONCLUSION-** In the present study histopathological changes were seen to be caused by LTG in the kidney of developing mice.

## **1.INTRODUCTION-**

Lamotrigine (3,5-diamino-6-[2,3-dichlorophenyl]-1,2,4-triazine, C9H7Cl2N5) is an AED of the phenyltriazine class[1] and also used as a neuromodulator, in mood disorders [2]..LTG crosses the placenta easily and rapidly, therefore maternal treatment leads to a considerable fetal exposure [3].Oral lamotrigine is rapidly absorbed with negligible first-pass metabolism. Peak plasma concentrations are reached in approximately 2-4 hours, and its half-life is approximately 25 hours Metabolism is primarily achieved by competitive glucuronic acid conjugation. The principal product is an inactive lamotrigine-2-N-glucuronide conjugate, found predominantly in urine and to a lesser extent in feces. The clearance of lamotrigine is reduced in the setting of renal insufficiency and hepatic disease. [1].Pennell et al. (2004)[4] observed an increasing magnitude of lamotrigine clearance during each trimester, reaching a peak of 330% of baseline clearance by week 32 of gestation. Plasma levels were noted to rapidly return to normal during the first few postpartum weeks. In newborns of mothers receiving lamotrigine, extensive placental transfer of drug has been found to occur, with umbilical cord concentrations approaching those of maternal serum. Drugs that have been found to be teratogenic in man have caused similar effects in animals [5, 6]. The objective of this study is to find out the microscopic changes in the growing embryo of mice treated with LTG in early and late phase of gestation.

# 2. MATERIAL AND METHODS

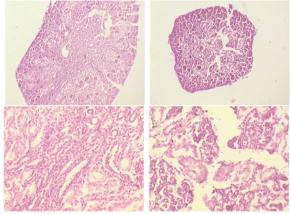
The present study was conducted in the Teratology laboratory of the Department of Anatomy, Institute of Medical Sciences, Banaras Hindu University, Varanasi, after the approval of the Central Animal Ethical Committee. Thirty-two female Swiss albino mice of an average weight of 20-25 gm and about six weeks of age were used in this study. The animals were divided into four groups i.e. First Control Group (Gr-1), Early Treated Group (Gr-2), Second Control Group (Gr-3) and Late Treated Group (Gr-4).[7].

Female mice were transferred in the evening to the cages containing male mice of the same stock in the ratio of 3:1. The presence of vaginal plug on the following morning indicated the Zero Day of pregnancy. Each pregnant mice were weighed and divided into treated and control. Based on literature the dose was estimated to be 150mg per kg [8,9, and 10]. The stock solution was made my dissolving 50mg strength of lamotrigine tablet in 5ml normal saline. Hence, approximately 0.4ml of stock solution would contain 4mg drug. Treated mice of each group received the drug intraperitoneally with the help of tuberculin syringe, whereas the

control group received equal volume of normal saline intraperinoneally. The pregnant mice were sacrificed with an overdose of ether anesthesia on day 18th of gestation. The fetuses were preserved in 10% formalin solution in a jar for fixation. After fixation the kidneys were dissected out and were further processed for paraffin embedding followed by H&E staining. The photomicrographs for histological studies were taken with the help of digital microscope (MOTIC 2000.1.13) and treated developing mice kidneys were compared with the control.

### 3. OBSERVATIONS and RESULTS-

The kidney of Group-2(early treated) showed shrinkage cortex and medullaand degeneration of glomeruli when compared with the corresponding control. In higher magnification, the renal cortex revealed destruction and shrinkage of glomeruli and appearance of edematous spaces in periglomerular area while the medulla showed destruction of ducts and their lining epithelium with appearance of edematous spaces between the ducts (Fig-1). These finding were further confirmed in oil immersion, The kidney of Gr-4 showed paucity of glomeruli and destruction of cortex and medullawhen compared with its corresponding control. In higher magnification, decreased thickness of cortex was well appreciated. There was increased destruction and degeneration of the glomeruli and periglomerularducts in the renal cortex, while the medulla showed destruction of the normal architecture, when compared with the corresponding control (Fig-2).



**Experimental Group** 

FIG-1. Microscopic Structure Of Growing Kidney Of First

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Showing shrinkage of cortex and medulla, degenerated glomeruli and appearance of edematous spaces in the medulla of kidney of treated foetuses (B) when compared with control (A) when viewed in100x. In higher magnification (400x), destruction of ducts & their lining epithelium in medullary region with of edematous spaces between the ducts can be clearly seen in the treated group (D) when compared with the normal appearance seen in the control group ©.

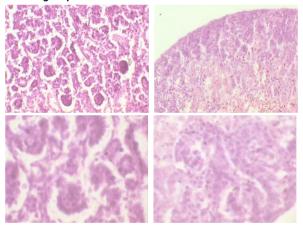


FIG-2 Microscopic Structure Of Growing Kidney Of Second Experimental Group: Showing decrease in thickness of the cortex and increased destruction and degeneration of the glomeruli and periglomerular ducts in renal cortex of treated fetus(B) when compared with control(A) in 100x magnification. In oil immersion degenerative appearance of renal glomeruli and reduction in periglomerular space and increase in cellular density around periglomerular region was noted in the treated fetuses (D) when compared with the normal appearance seen in control group<sup>®</sup>.

DISCUSSION. In newborns of mothers receiving lamotrigine, extensive placental transfer of drug has been found to occur, with umbilical cord concentrations approaching those of maternal serum. Nursing infants demonstrate plasma lamotrigine concentrations approximately 23%-50% of maternal levels. (Ohman et al, 2000). Thus the growing embryo are exposed to very high level of this drug in utero when the pregnant mother receives this drug and this might lead to the various noxious effects on the developing fetus. In Reproductive toxicity studies, the test substance is commonly administered throughout the period of organogenesis. This procedure may have the advantage of covering the entire susceptible period, but the disadvantage is that continuous dosing might activate maternal adaptive mechanisms, mask certain embryonic responses that are developmental stage specific and produce 'misleading results'. It was further described that rodents differ significantly from humans in their metabolism and ability to handle drugs and for this reason teratological studies on anti-epileptic drug (AED) most commonly employ doses several times higher than recommended human doses[11,12]. Few studies have been carried out to ascertain the effects of lamotrigine on developing fetal kidney[13]. As described earlier in the text many changes were found to occur in the developing kidney of treated mice when exposed to LTG in utero.

#### CONCLUSION-

Kidneys of developing mice who were exposed to in utero lamotrigine has shown various noxious effects on histopathological examination. Teratological study are undertaken to anticipate risk before they materialize. Though the findings on animals cannot be directly extrapolated on humans, discretion should be applied to weigh the benefits of treatments against the risk of developing teratologicalchanges.

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