



ORIGINAL RESEARCH PAPER

Sports Science

COMMUNITY, SPORTS & SOCIALIZATION

KEY WORDS: Socialization, Sports, Community.

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ABSTRACT

Socialization is a process of learning the ways of one's society and becoming a functioning member of it along with exhibiting standards of behaviour in accordance with its rules, laws and customs, which have been formed due to our interaction in the community. Sports socialization occurs through contact with socializing agents. Man is a social animal and is distinctive from other animals due to his ability to learn. For a primitive man, food, shelter and clothing were his basic needs. Education, health, recreation etc. came to be added to his growing list of secondary needs. These needs can be classified as biological, sociological and psychological aspects of life. Through socialization people develop ideas about themselves and about those with whom they interact. Inevitably, socialization is a two-way process that affects everyone to a greater or lesser degree. It takes place throughout one's life, but it is during the early years that the most crucial phases occur. In these phases a person's sense of self, social identity and relationships with others are shaped.

INTRODUCTION:

Sports is a factor or a media, or an agent, or a force which humanizes and socializes the individuals. Sports and socialization will go hand in hand. They are inseparable and indispensable for developing personality has to be ensured through participation of physical activity programmes. The physical education, and sport scientist believed that physical education is a social experience. Sports is helping the individual to make personal adjustment as worthy member of the society. Physical activity programmes inculcate social needs of the individuals as self respect, love; recognition, belongingness acceptance etc. are a few of them. Physical education and sports develop social qualities such as co-operation, friendship, sympathy, honesty, fair play, sportsmanship, respect for authority and so on are the important aspects of culture as well as socialization. Thus sports and physical education totally transform the human animal into human being, of converting the biological being into a social being.

Sports Converts Biological-being into Social-being

Man is so born social. He becomes social by virtue of the programmes of physical education. It is a made it very clear that only through constant practice and training the new born child becomes social in nature.

Community Sports and Socialization

Community sports is full of recreative activities. Recreation is a basic need for living in a democratic society. There are a number of coordinating organizations that function in the community. In the community, there are a number of social agencies such as private and public working together for understanding, co-ordination of services, consultations on policy and programme, joint planning and study and trying to meet total community needs through various programmes.

Recreation Develops Socialization

The parents' role is very important to develop the socialization. Parents education, personality characteristics their emotional and social behavior, then mutual, affection, love and quarrel, their interest and attitude and general characters etc. are important components of socialization. No one is born with the spirit of cooperation, coordination, sportsmanship, honesty, courtesy etc. but all such qualities are developed through sports and games.

Contributes to the Development of Personality

The aim of physical education and sports is not to achieve anything in the society but to achieve the wholesome development of the personality of the individuals. Physical education and sports must strive to make every child physically, mentally, morally, socially and emotionally fit. It also develops in him such personal and social qualities as will

keep him to live happily with others and with himself and build him up as a good citizen of tomorrow.

Produces a Worthy Citizen

Socializing process in physical education is aimed to develop individuals who must become worthy citizens of tomorrow. They should be able to take up civic responsibility in their family or in the groups. Physical education and sports develop humanitarian attitude and tolerance for all races and religions, who conform to rules and regulations as the players do during sports competitions. Physical education and sports make the individual share responsibility leading to democratic life. Sports in variable develops these qualities among the participants. An educated person needs such qualities.

Eliminates Social Distance

Sports is a factor or an agent which is held responsible for eliminating social distance among the children. Sports is a socializing agent which is providing equal opportunities to all the children irrespective of their abilities. One of the causes of faculty socialization is "social distance". Through sports different types of antisocial behavior has been eliminated and washed away during the time of play. It gives changes for interacting and interdependent on each others. Here, no rich and poor, high caste and low caste, inferior and superior treatments. But it gives opportunities to think "a feeling of oneness" and "a feeling of equals".

Helps to Create a Bright Future

Sports and socialization are complementary to each others. The product of sport is socialization. Socialization and sports are the powerful instruments of changing the destiny of mankind. It is through sports, the individual can establish a new life. Sports thoroughly change the behaviour of the individuals. By giving appropriate training to the new born children the coming generation can be altered significantly.

Develops Social Integration

Without social integration, sports cannot flourish. Both will go together culture, in its developments has revealed a tendency to be consistent. At the same time different parts of culture are interconnected. Social quality has been developed through sports. The cultural quality has been acquired only through playing the games and sports. Man is not only a social animal but also a cultural being. Man's social life has been made possible because of culture. That way, the cultural aspect of integration and sports are thickly related to each others.

Develops International Understanding

Sports is not only producing a worthy citizen, and developing social integration but also it develops international understanding between the countries and continents. Today,

as everybody knows, sports is being played between the countries in terms of world cups in football, hockey, volleyball and handball, invitation tournaments in various games and sports, test matches in cricket, Wimbledon and Davis Cup tournaments in tennis etc. Directly or indirectly sports plays a predominant role to develop the spirit of assimilation, interaction, accommodation and cooperation of the social and democratic virtues among the citizens. Strictly speaking, sports itself is a transmitter of socialization to the worthy members of the society. Wherever understanding exists, there the concept of socialization develops, because understanding is one of the most important aspects of socialization.

Social Moral & Cognitive Development

To understand the characteristics of learners in childhood, adolescence, adulthood, and old age, educational psychology develops and applies theories of human development. Often represented as stages through which people pass as they mature, developmental theories describe changes in mental abilities (cognition), social roles, moral reasoning, and beliefs about the nature of knowledge.

Sports Programme and Sports Policy

The implementation of this sports policy needs substantial additional financial outlays by the central and State Government. Investment in the promotion of sports and physical education, being investment in health, fitness, productivity and social well-being of the people, which is really for upgradation of our human resources for development. Such investment in sports and physical education should, therefore, be adequately increased. The Government of India should review alongwith the State Government, every five years, the progress made in the implementation of this national policy and suggest further course of action as may be necessary as a result of such review. The programmes implemented by the Govt. of India are as follows:

- (I) Grants formation of sports infrastructure.
- (ii) Purchase of sports.

In these cases the most important factors are equipment and development of playground synthetic playing surfaces, promotion of sports in Universities and Colleges, assistance of national sports federation, sports capacity search scholarship scheme etc. Through these factors we get a wonderful sports infrastructure.

CONCLUSION:

Socialization is the process of social interaction through which people acquire personality and learn the way of life of their society. Socialization is the essential link between the individual & society a link so vital that neither individual nor society could survive without it. Socialization enables the individuals to learn the norms values, language, skills, beliefs and other patterns of thought and action that are essential for social living. An socialization enables the society to reproduce itself socially as well as biologically thus ensuring its continuity from generation to general socialization is a lifelong process, for we continually encounter new or changing conditions and must learn how to adjust to them. The most important socialization, however, occurs in the early years of infancy and childhood when the basic foundation of later behavior and personality are laid.

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