



ORIGINAL RESEARCH PAPER

Homoepathy

A CASE OF ALLERGIC RHINITIS WITH BEHAVIORAL CHANGES.

KEY WORDS:

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A girl child patient of age 10 years presented with complaints of recurrent coryza ,dyspnea with cough from 2 to 3 years, aggravated since 3 days. Bland discharges from nose with itching, rubbing of nose and sneezing with it. Dyspnoea is there generally at night while sleeping due to blockage of nose with cough .Cough is dry and more at night with dryness in throat without thirst. She feels better by drinking warm drink.

She likes sweets and chocolates. Thirstless ,appetite regular and aversion to cold food.

she is very quite during physical examination. Does not reply to any question asked by me, then her parents sais that She never talks with strangers, relatives and if someone try to talk with her then either she will run away from there or do not give any response to that person. Even she do not have any friend in school .she is very neat and clean. She wants her toys, uniform ,pencil, and all stationary at one place. she never keeps anything here and there. She is very obstinate. She always shout when talking with her parents. Patient is very much attached to her mother. She is reserved and dictatorial .she shouts and cry loudly if the parents refuses anything to her. She expresses her anger by shouting loudly . she is not playful and of reserved nature. when asked about the academic behavior they explain that she do not talk with her class teacher .she spells or write wrong words during dictation session in school. She is very caring for her grandmother.

RUBRICS SELECTED

1. Nose ,coryza ,chronic
2. Respiration ,difficult,cough during
3. Mind ,sensitive
4. Mind, strangers,presence of aggravation
5. Mind,obstinate
6. Mind,fastidious
7. Mind,caring
8. Mind,memory ,weak
9. Mind ,talk ,loudly

FIRST PRESCRIPTION

Based on these symptoms and considering the person as a whole lycopodium 30 O.D. H.S. was prescribed for 3 days supplemented with sac lac for 12 days.

FOLLOW UP

After 15 days- No changes in behavior

NO cough and coryza.

Again Lycopodium- 200 O.D.H.S. 3 doses with sac lac

After 20 days i.e. on third visit her parents explained that now she does not shout angrily and one more thing they have added that – meanwhile they visited to ENT specialist and that physician diagnosed as she has 40-60% hearing loss for both ears, he gives her hearing aid with medium frequency that she should use at least One year after that they will change frequency. Now she can hear properly and is responding. On the basis of this history syphilinum 200 single dose was prescribed.

On 4th visit- after 1 month

Causticum 30 4 doses and sac lac

On 5th visit – after 15 days

- She became active.
- Hearing and frequency became medium to low
- Coryza cure
- Activity good
- Responding to others
- Better in academics

Again Causticum 30 O.D. FOR 3 days and S.L. for 30 days
After 30 days-

- Hearing aid frequency very low
- Responds to others very well
- No coryza
- Proper behaviour
- No shouting, no irritability, no anger.
- Speak softly with parents
- Improvement in behavior with parents

Because of use of Homeopathic medicines, the hearing aid frequency became surprisingly less and patient is now active and responding to others .There is total change in behavior.