



ORIGINAL RESEARCH PAPER

Medical Science

A CASE OF BILATERAL RENAL CALCULI

KEY WORDS:

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A male patient age 33 yrs referred by one of my patient K/C/O Bilateral renal calculi
At present c/o pain abd Lt side during micturation
Heat of palms & soles
No h/o fever ,chills, nausea, vomiting,

Past/History

Complaints since last 3 yrs.
Patient was apparently alright before 3 yrs. Then he started following complaints..
Pain abd Lt. Renal & Iliac fossa while urination
Burning micturation
Vomiting once
Mild fever.
Advised all routine investigations with USG abd & Pelvis
Diagnosed as Bilateral Renal calculi
Treated with Allopathic medication
Complaints subsides for a while.
Again pt showed scenario of the same complaints..
Then he took again allopathic as well as ayurvedic medicines .
But observed only palliation without change in numbers & size of Renal Calculi .
H/O epistaxis twice before four to five yrs

Family / History.. Father :HTN
Today as on date.... (08/09/2018)

Pain abd Lt. side during micturation.
Heat of palms & soles

Observations.. Height 5' .11" Weight 78 kg
Temp Normal **Pulse** 84/m **B.P** 124/80mm of hg
POLICE Absent

Systemic examination:

- RS** AEBE
- CVS** S1S2 heard
- CNS** Conscious oriented
- PA** Tenderness Lt. Renal fossa.
- Physical Generals:**
- Appetite:** he eat normally with good appetite.
- Thirst:** Excessive thirst for ice cold water.
- Desire:** Ice cream, Cold things, Cold drinks, Spicy food
- Aversion:** Not Specific food
- Perspiration:** Normal.
- Sleep:** Normal. Starts at slight noise.
- Thermal Relationship:** Chilly Patient

Mental History:

- Sensitive to noise.
- Aversion to be alone.
- Desire company.
- Becomes sensitive to emotions of others.

Evaluation of The Case:

- Desire Company
- Sensitive to noise
- General - Thirst for Cold water
- Heat of palm & soles.
- Pain abd Lt. side
- Epistaxis

RUBRICS ARE:

- NOSE - EPISTAXIS
- STOMACH - THIRST - unquenchable

- EXTREMITIES - HEAT - Hand - palm
- EXTREMITIES - HEAT - Foot - sole
- ABDOMEN - PAIN - SORE LT SIDE
- MIND - COMPANY - desire for
- MIND - COMPANY - desire for - alone agg.; when
- MIND - SENSITIVE - noise, to - slightest noise; to the

First Prescription:

Rx
Phosphorus 200 Single dose..... (08/09/2018)

First Follow up (20/10/18)

Much better
No pain abd
Rx
Placebo
Second Follow up:(14/11/18)
Much better.
Asymptomatic
Rx
Placebo

Third follow up (20/12/18)

Asymptomatic
Rx
Placebo

