

### ORIGINAL RESEARCH PAPER

# Nursing

## KNOWLEDGE REGARDING COLLECTION OF CORD **BLOOD FOR STEM CELL THERAPY AMONG B.SC** NURSING 3<sup>RD</sup> YEAR STUDENTS

KEY WORDS: 3rd year B.Sc Nursing students, collection of cord blood for stem cell therapy

## Ms. Priyadarshani G. Moon

(child health nursing) Assit. Prof Bombay Hospital College of Nursing, Indore.

# Mr. Rahul Nigam\*

Assit. Prof of mental health nursing, Bombay Hospital College of Nursing, Indore. \*Corresponding Author

BACKGROUND:-Umbilical cord blood is blood that remains in the placenta and in the attached umbilical cord after child birth. Material and Method: Quantitative research approach, a structured close ended questionnaire.

Result: - the mean post test knowledge score (18.82) is apparently higher than the mean pretest knowledge score (8.85). The dispersion of pre test scores (SD=1.605) is more than that of their post – test scores (SD=1.91) and the computed t' value shows that there is a significant difference between pretest and posttest mean knowledge score (t=25.701) .This indicates that structured teaching programme was effective in increasing the knowledge of 3<sup>rd</sup> year B.Sc. nursing students of Bombay Hospital, College of Nursing, Indore. The demographic variables indicated that there is no significant association between, age, religion, sources of previous knowledge and there is significance in previous knowledge about collection of cord blood for stem cell therapy. Thus the hypothesis that there will be significant increase in mean post test knowledge score than mean pre test knowledge score is accepted.

#### INTRODUCTION:-

Health is not simply the absence of illness. Actual health is the will to overcome every form of adversity and use even the worst of circumstances as a springboard for new growth and development. The study and research of human body and related health issues helps to understand how human function and the application of that knowledge help to improve health and to prevent and cure diseases

#### **NEED FOR THE STUDY:-**

Cord blood preservation is still a new concept in India and a lot of people are unaware about this concept. Due to unawareness many people lose once in a life time opportunity to bio-insure their child's future. The Indian council of medical research has estimated that some 50 million patients with heart disease, 5 million with Parkinson's disease and 5 million with Alzheimer's disease in India are "potential beneficiaries' of stem cell therapy.

#### PROBLEM STATEMENT

"A pre- experimental study to assess the effectiveness of Structured teaching programme on knowledge regarding collection of cord blood for stem cell therapy among 3rd year B.Sc Nursing students of Nursing college in Indore. (M.P)"

#### **OBJECTIVES**

- To assess the level of knowledge regarding collection of cord blood for stem cell therapy among 3rd year B.Sc nursing students.
- To evaluate the effectiveness of Structured teaching programme on the collection of cord blood for stem cell therapy among B.Sc nursing 3<sup>rd</sup> year students.
- 3. To determine the association of pre-test knowledge score regarding collection of cord blood for stem cell therapy with selected socio- demographic variables of B.Sc nursing 3<sup>rd</sup> year students.

#### **HYPOTHESIS**

#### Significant at level of 0.05.

H<sub>1</sub>:- There is a significant differences in the mean pre- test and post- test knowledge scores regarding collection of cord blood for stem cell therapy among B.Sc nursing 3<sup>rd</sup> year students.

 $\mathbf{H}_2$ :- There is a significant association between pre – test knowledge scores regarding collection of cord blood for stem cell therapy with selected socio demographic variables of B.Sc nursing 3<sup>rd</sup> year students.

#### **ASSUMPTIONS**

1. The student nurses will have inadequate knowledge regarding

**Statistical method-** Students paired t test, Chi-square Test.

collection of cord blood cells for stem cell therapy.

S.T.P may help to improve the knowledge of student nurses on collection of cord blood for stem cell therapy.

#### **DELIMITATIONS**

Students those who are not willing to take part in the study. Students those who are absent at the time of study.

#### **Review of literature**

Asmitha Mabatho, et.al (2012) conducted a study to assess the knowledge and attitudes about collection, testing, and banking of cord blood stem cells among 443 women attending antenatal clinic. 70% of the women had very poor knowledge about cord blood banking; 68% of physicians should talk to pregnant women about the collection of cord blood. The study concluded that most of the women had lack of knowledge regarding cord blood stem

#### RESEARCH METHODOLOGY

Source of data: - B.Sc (N) 3<sup>rd</sup> year students, Bombay Hospital college of nursing, Indore. Data will be collected by using structured close ended questionnaire. Quasi experimental design.

**Population:-** B.Sc(N) Final Year students of selected college in Indore

**Target population: -3**rd year B.Sc Nursing 40students of Nursing college in Indore. (M.P).

Sample size: - B.Sc(N) Final Year 40 students

sampling technique: - Non probability Convenient Sampling Technique

#### INDEPENDENT VARIABLES

structured teaching programme on collection of cord blood for stem cell therapy.

#### **DEPENDENT VARIABLE**

the knowledge of B.Sc Nursing 3<sup>rd</sup> year students regarding collection of cord blood for stem cell therapy.

#### **EXTRANEOUS VARIABLE**

In this study it refers to age, religion, any previous knowledge regarding collection of cord blood for stem cell therapy, sources of previous knowledge gained.

#### CRITERIA FOR SELECTION OF SAMPLE **INCLUSIVE CRITERIA**

- -B.Sc Nursing 3<sup>rd</sup>year students who are willing to participate.
- -B.Sc Nursing 3<sup>rd</sup> year students who are available during the period of data collection.

#### **EXCLUSIVE CRITERIA**

- -B.Sc Nursing 3<sup>rd</sup> year students of the colleges.
- -Students who are not willing to participate.

**RELIABILITY: -** Tested by implementation of knowledge based on structured teaching and reliability will be calculated by using formula by (Guttmann split-half).

#### **RESULTS:- ORGANIZATION AND PRESENTATION OF THE** DATA

The collected data were edited, tabulated, analyzed, interpreted and findings obtained were presented in the form of tables and diagrams which were represented under the following sections:

**SECTION – 1:-** This part deals with description of demographic characteristics of sample.

**SECTION – 2:-** Assessment of pre-test and post-test knowledge of students regarding collection of cord blood for stem cell therapy.

**SECTION -3:** Findings related to effectiveness of structured teaching programme by comparing the mean pre-test and mean post-test knowledge scores.

**SECTION -4:-** Association of post-test knowledge scores of students with the selected demographic variables.

**SECTION – 1:-** This part deals with description of demographic characteristics of sample.

TABLE - 1 DISTRIBUTION OF SAMPLES ACCORDING TO SELECTED DEMOGRAPHIC VARIABLES

DEMOGRAPHIC VARIABLES	FREQUENCY	PERCENTAGE %
1.AGE IN YEARS	0	0%
i.16 – 18 years	40	100%
ii.19 – 21 years	0	0%
iii.22 -23 years	0	0%
iv.24 – 25 years		
2.RELIGION	4	10%
I.Hindu	36	90%
ii.Christian	0	0
iii.Muslim	0	0
iv.Others		
3.DO YOU HAVE ANY	29	72.5%
PREVIOUS KNOWLEDGE	11	27.5%
REGARDING COLLECTION OF		
CORD BLOOD FOR STEM		
CELL THERAPY?		
i.Yes		
ii.No		
4.THE PREVIOUS	10	25%
KNOWLEDGE GAINED FROM?	I	22.5%
i.News paper	10	25%
ii.Seminar	11	27.5%
iii.Workshop/Conference		
iv.Unknown		
DEMOGRAPHIC VARIABLES		PERCENTAGE %
5.AGE IN YEARS	0	0%
v.16 – 18 years	40	100%
vi.19 – 21 years	0	0%
vii.22 -23 years	0	0%
viii.24 – 25 years		

volume o pissue s pivia	2015   1141111 15	3311 110. EE30	
6.RELIGION v.Hindu vi.Christian vii.Muslim viii.Others	4 36 0 0	10% 90% 0 0	
7.DO YOU HAVE ANY PREVIOUS KNOWLEDGE REGARDING COLLECTION OF CORD BLOOD FOR STEM CELL THERAPY?  iii. Yes iv. No	29 11	72.5% 27.5%	
8.THE PREVIOUS KNOWLEDGE GAINED FROM? v.News paper vi.Seminar vii.Workshop/Conference viii.Unknown	10 9 10 11	25% 22.5% 25% 27.5%	

#### COMPARISION BETWEEN PRE TEST AND POST TEST **KNOWLEDGE SCORES**

TABLE:-2

N = 40

Score	Grading	Pretest		Post test		
		Frequency	Percentage	Frequency	Percentage	
19-24	Excellent	0	0%	21	52.5%	
13-18	Good	0	0%	19	47.5%	
7-12	Average	32	95%	0	0%	
1-6	Poor	8	5%	0	0%	

Data in the above table shows that maximum number of students had increased knowledge as seen in post test. In pre test, 0 % had scores between 19-24 as compared to 52.5% in post test. 47.5% had good Knowledge scores between 13-18 in post test while only 0 % had good score in pre test. 95 % had pre test score of average that is between 7-12 and 5 % had pretest score of poor i.e., between 0-6 i.e. while none of the participants had average and poor scores in post test.

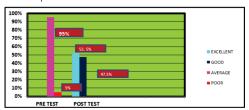


Fig 1:- Bar Diagram showing categorical comparison of knowledge scores between Pre Test and Post Test.

#### SECTION 3 - Effectiveness of structured teaching programme in terms of gained knowledge scores.

This section deals with analysis and interpretation of the data in order to evaluate the effectiveness of Structured Teaching Programme in terms of gain knowledge.

TABLE No. 3 Mean, standard deviation and't' value of pretest and post test knowledge score. (N=40)

Knowledge score	l		Mean difference	't' value
Pretest	8.85	1.65	10.075	25 . 701
Posttest	18.82	1.91		

 $Df-P \le 0.05$ 

SECTION 4. ASSOCIATION BETWEEN PRETEST KNOWLEDGE SCORE AND SELECTED DEMOGRAPHIC VARIABLES.

TABLE NO:-4 NS =Not significant at  $p \le 0.05$  level

 $S^* = Significant at p \le 0.05 level$ 

	Marks	1-6 (poor)	7-12 (average)	13-19 (good)	20-24 (Excellent)	D.F	X2 value	
14	14 www.worldwidejournals.com							

N = 40

Age in years	16-18	0	0	0	0	3	0
	19-21	2	38	0	0	1	NS
	22-23	0	0	0	0		
	24-25	0	0	0	0	]	
Religion	Hindu	1	3	0	0	3	3.741
	Christian	1	35	0	0	]	NS
	Muslim	0	0	0	0	]	
	Others	0	0	0	0		
Do you have any previous knowledge	Yes	1	3	0	0	1	7.868
regarding collection of cord blood for stem cell therapy	No	1	35	0	0		S*
The previous knowledge is gained	Newspaper	1	9	0	0	3	4.098
from	Seminar	0	9	0	0	1	NS
	Workshop/ Conference		10	0	0		
	Unknown	1	10	0	0	1	

The data in table 4.5 depicted the computed chi-squares values between pretest knowledge score and the demographic variables indicated that there is no significant association between, age, religion, sources of previous knowledge and there is significance in previous knowledge about collection of cord blood for stem cell therapy.

#### IMPLICATIONS OF THE STUDY

- 1. Structured teaching programme is an effective way of delivering knowledge to 3<sup>rd</sup> year B.sc nursing students. Nurses can use this structured teaching programme to distribute and circulate among the 3<sup>rd</sup> year B.Sc nursing students in colleges.
- Nurse administrator should take an initiative in creating policies or plans in providing education to the patients during their hospital stay and at the time of the discharge.

#### RECOMMENDATION

On the basis of the findings of the study, it is recommended that,

- 1. A similar study can be replicated on a large sample so that the finding can be generalized.
- 2. A comparative study may be conducted to find out the effectiveness between structured teaching programmes regarding the same topic.
- 3. A study can be conducted to assess the long term effects of structured teaching programme in 3<sup>rd</sup> B.Sc nursing students regarding regular screening.
- An exploratory study may be conducted to identify the knowledge of 3<sup>rd</sup> B.Sc nursing students regarding collection of cord blood for stem cell therapy.

#### CONCLUSION

After the detailed analysis , this study leads to the following conclusion that  $3^{\rm rd}$  year B.Sc nursing students that did not have enough knowledge of collection of cord blood for stem cell therapy .they require further education and information because all of them need to enhance their knowledge regarding collection of cord blood for stem cell therapy .

## **REFERENCES:-**

- A cool brand, MHF Grypdonak July 14, 2010, keeping courage stem cell transplantation a qua; littive research
- Armson meternal/ fetal medicine committee society of obstetrician and gynecologist of Canada 2006.
   Austin E.R, patient pattern a great lack of knowledge regarding umbilical cord
- Austin E.R. patient pattern a great lack of knowledge regarding umbilical cord blood banking August 13, 2010.
   Behzad-Behbahani A, Pouransari R, Tabei SZ et al. Risk of viral transmission via
- Behzad-Behbahani A, Pouransari R, Tabei SZ et al. Risk of viral transmission via bone marrow progenitor cells versus umbilical cord blood haemotopoietic stem cells in bone marrow transplantation.Transplant Protocol.2005;37(7):3211-3212.
- cells in bone marrow transplantation.Transplant Protocol.2005;37(7):3211-3212.

  Bryn Lander Halla Thorsteinsdottir, Peter A. Singer, A. Singer , Abdallah S Daar. Harnessing Stem Cells for health needs in india.Cell stem cell.2008 july 3; 3:1,11-15.Avaliable from: http://www.dancewithshadow.com/.
- D.C Dutta's text book of obstetrics 8th edition, new Delhi, jaypee publishers, 2015 pp.:-729-731