



ORIGINAL RESEARCH PAPER

Anatomy

IMPACT OF COVID 19 PANDEMIC ON ANATOMY EDUCATION- METHODS TO COMBAT THE SITUATION.

KEY WORDS: Covid 19 Pandemic, Anatomy Education, Prosections.

Dr Rabiya Amin

Senior Resident, Department Of Anatomy ,Dr Chandramma Dayananda Sagar Institute Of Medical Education And Research Centre ,Bengaluru.

Dr Ubaid Ali*

Department Of Urology, Institute Of Nephrourology, Bangalore. *Corresponding Author

INTRODUCTION

Readers are aware that the outbreak of the novel coronavirus began in Wuhan, China, in late December 2019 (Zhu et al., 2020), and spread exponentially, in our age where increasing urbanization and frequent international travel allow for the uninterrupted transmission of infectious diseases (Alirol et al., 2011)2p. As governments struggle to contain the vicious spread of Covid-19, and with over a third of the world's population currently under some form of lockdown (Kaplan et al., 2020), the effects the virus has had on people's daily lives is clearly like nothing most people have experienced before. One of the many affected sectors is education (UNESCO, 2020).2p More than 1 billion and 575 million students in approximately 188 countries around the world are reported to have been affected by the closure of schools and universities due to preventive measures taken by countries against the spread of COVID-19 (UNESCO, 2020)1p. Among all educational institutes ,medical colleges were affected badly and this pandemic has had enormous effects on anatomy education (Franchi, 2020).p5. According to the Centers for Disease Control and Prevention (CDC), the COVID-19 outbreak could be of long duration (CDC, 2020), which no one can yet estimate. When students lost access to dissection rooms, they lost access not only to cadavers, but also to a range of other optimal learning modalities: prosections, models, pathology specimens, skeletons, and others (Sugand et al., 2010). To address this gap, the purpose of this study is to explore and describe the new methods of teaching which can make learning anatomy more effective and interesting.

Supplements used to enhance anatomical education

- 1. Plastination:** is a technique or process used in anatomy to preserve bodies or body parts, first developed by Gunther von Hagens in 1977.[7] The water and fat are replaced by certain plastics, yielding specimens that can be touched, do not smell or decay, and even retain most properties of the original sample.[8] Outcomes of studies of the use of plastination in anatomy education are limited and are based mostly on students' reactions and perceptions 9. although one study found that plastination was more acceptable to 2nd-year than 1st-year medical students (10,11).
- 2. 3D Printing:** Three-dimensional printing (3DP) digital models can be made of various materials, e.g., nylon, polyvinyl alcohol, polyacetic acid, acrylonitrile butadiene styrene, wood, metal, and carbon fiber filaments (12). Many authors have compared the test scores after learning using 3DP group with other tools (e.g., text, atlas, 2D images, dried specimens, and disarticulated skulls), and most of them have concluded that the 3DP group is more likely to gain higher scores(13,14,15,16,17,18,19,20).
- 3. Augmented reality:** the surrounding environment is actually 'real' and just adding layers of virtual objects to the real environment. The user is then able to interact with both the real and virtual elements of their surrounding environment. It enhances the student's interactions with the real world by projecting spatial information in the

form of a virtual object that cannot be directly detected by their own senses (21,22) The most distinctive feature of AR is its ability to represent an anatomical model in three dimensions without losing the sense of the user's own environment (23) One study showed that AR resulted in better test scores than traditional lectures and dissection(24). What makes AR an excellent tool for implementation in anatomical education is that most people already own the devices required to run this technology, which makes AR cheap, readily accessible and not requiring specialized equipment for its use.

- 4. Virtual reality:** Virtual reality is an artificial environment that is created with software and presented to the user in such a way that the user suspends belief and accepts it as a real environment. VR has been used and its effectiveness in learning evaluated (25,26,27,28,29,30). One author explained the perceptions of anatomy using 3D skull models and suggested that a desktop could be appropriate for delivering VR resources(31). Interestingly, the authors emphasized that the more important factor was prior knowledge.
- 5. Video:** Dissection videos are useful for bridging the gap created by an 11% curriculum reduction(32). In general, students tend to like video learning and report that it enhances their learning satisfaction(33,34,35)

REFERENCES

- Zhu N, Zhang D, Wang W, Li X, Yang B, Song J, Zhao X, Huang B, Shi W, Lu R, Niu P, Zhan F, Ma X, Wang D, Xu W, Wu C, Gao GF, Tan W, China Novel Coronavirus Investigating and Research Team. 2020. A novel coronavirus from patients with pneumonia in China, 2019. *N Engl J Med* 382:727–733.
- Alirol E, Getaz L, Stoll B, Chappuis F, Loutan L. 2011. Urbanisation and infectious diseases in a globalised world. *Lancet Infect Dis* 11:131–141.
- Kaplan J, Frias L, McFall-Johnsen M. 2020. Business insider. A Third of the Global Population is on Coronavirus Lockdown—Here's our constantly Updated List of Countries and Restrictions. 6 April 2020. Business Insider Inc, New York, NY. URL: <https://www.businessinsider.com/countries-on-lockdown-coronavirus-italy-2020-3?r=US&IR=T> [accessed 6 April 2020].
- UNESCO. 2020. United Nations Educational, Scientific and Cultural Organization. COVID-19 Educational Disruption and Response. UNESCO, Paris, France. URL: <https://en.unesco.org/covid19/educationresponse> [accessed 3 April 2020].
- UNESCO (2020). Covid-19 Impact on Education Data. COVID-19 Education Disruption and Response. The United Nations Educational, Scientific and Cultural Organization, UNESCO, Paris, France.
- Franchi, T. (2020). The Impact of the Covid-19 Pandemic on Current Anatomy Education and Future Careers: A Student's Perspective. *Anat Sci Educ*, 13, 312–315
- "The Idea behind plastination". Institute for Plastination. 2006. Retrieved 1 May 2012.
- Weiglein, A. H. (2005). "Overview & General Principles of the Plastination Procedures". 8th Interim Conf Plast. Archived from the original on 6 July 2011. Retrieved 27 January 2009.
- Chytas, D., Piagkou, M., Johnson, E.O., Tsakotos, G., Mazarakis, A., Babis, G., Nikolaou, V.S., Kaseta, M.K., & Natsis, K. (2019). Outcomes of the use of plastination in anatomy education: current evidence. *Surg Radiol Anat*, 41, 1181–1186.
- Baker, E.W., Slott, P.A., Terracio, L., & Cunningham, E.P. (2013). An innovative method for teaching anatomy in the predoctoral dental curriculum. *J Dent Educ*, 77, 1498–1507.
- Haque, A.T.M.E., Haque, M., Than, M., Khassan, L.H.B.M., Ishak, A.M.B., Azmi, A.D.B.N., & Rezal, M.A.D.B. (2017). Perception on the use of plastinated specimen in anatomy learning among preclinical medical students of UNIKL RCMP, Malaysia. *J Glob Pharm Technol*, 9, 25–33.
- Baguley, R. (2017). (29 December 2017). 3D printing materials: the pros and cons of each type. URL: <https://www.tomsguide.com/us/3d-printing-materials,news-24392.html>
- Kong, X., Nie, L., Zhang, H., Wang, Z., Ye, Q., Tang, L., Huang, W., & Li, J. (2016). Do

- 3d printing models improve anatomical teaching about hepatic segments to medical students? A randomized controlled study. *World J Surg*, 40, 1969–1976.
14. Kong, X., Nie, L., Zhang, H., Wang, Z., Ye, Q., Tang, L., Li, J., & Huang, W. (2016). Do three dimensional visualization and three-dimensional printing improve hepatic segmental anatomy teaching? A randomized controlled study. *J Surg Educ*, 73, 264–269
 15. Lim, K.H., Loo, Z.Y., Goldie, S.J., Adams, J.W., & McMenamin, P.G. (2016). Use of 3D printed models in medical education: a randomized control trial comparing 3D prints versus cadaveric materials for learning external cardiac anatomy. *Anat Sci Educ*, 9, 213–221.
 16. Chen, S., Pan, Z., Wu, Y., Gu, Z., Li, M., Liang, Z., Zhu, H., Yao, Y., Shui, W., Shen, Z., Zhao, J., & Pan, H. (2017). The role of three-dimensional printed models of skull in anatomy education: a randomized controlled trial. *Sci Rep*, 7, 575.
 17. Mogali, S.R., Yeong, W.Y., Tan, H.K.J., Tan, G.J.S., Abrahams, P.H., Zary, N., Low-Beer, N., Ferenczi, M.A. (2018). Evaluation by medical students of the educational value of multimaterial and multi-colored three-dimensional printed models of the upper limb for anatomical education. *Anat Sci Educ*, 11, 54–64.
 18. Garas, M., Vaccarezza, M., Newland, G., McVay-Doornbusch, K., & Hasani, J. (2018). 3DPrinted specimens as a valuable tool in anatomy education: a pilot study. *Ann Anat*, 219, 57–64.
 19. Smith, C.F., Tollemache, N., Covill, D., & Johnston, M. (2018). Take away body parts! An investigation into the use of 3D-printed anatomical models in undergraduate anatomy education. *Anat Sci Educ*, 11, 44–53.
 20. Backhouse, S., Taylor, D., Armitage, J.A. (2019). Is this mine to keep? Three-dimensional printing enables active, personalized learning in anatomy. *Anat Sci Educ*, 12, 518–528.
 21. Azuma RT. 1997. A survey of augmented reality. *Presence Teleoperat Virt Environ* 6:355–385
 22. Ellaway R. 2010. eMedical teacher. *Med Teach* 32:791–793.
 23. Bogomolova, K., van. Der. Ham, I.J.M., Dankbaar, M.E.W., van. Den. Broek, W.W., Hovius, S.E.R., van. der. Hage, J.A., Hierck, B.P. (2019). The effect of stereoscopic augmented reality visualization on learning anatomy and the modifying effect of visual-spatial abilities: a doublecenter randomized controlled trial [published online ahead of print, 2019 Dec 30]. *Anat Sci Educ*, 10.1002/ase.1941. doi:10.1002/ase.1941
 24. Peterson, D.C., & Mlynarczyk, G.S. (2016). Analysis of traditional versus three-dimensional augmented curriculum on anatomical learning outcome measures. *Anat Sci Educ*, 9, 529–536. Pickering, J.D., & Bickerdike, S.R. (2017). Medical student use of Facebook to support preparation for anatomy assessments. *Anat Sci Educ*, 10, 205–214.
 25. Solyar, A., Cuellar, H., Sadoughi, B., Olson, T.R., & Fried, M.P. (2008). Endoscopic Sinus Surgery Simulator as a teaching tool for anatomy education. *Am J Surg*, 196, 120–124.
 26. Khot, Z., Quinlan, K., Norman, G.R., & Wainman, B. (2013). The relative effectiveness of computer-based and traditional resources for education in anatomy. *Anat Sci Educ*, 6, 211–215.
 27. Kockro, R.A., Amaxopoulou, C., Killeen, T., Wagner, W., Reisch, R., Schwandt, E., Gutenberg, A., Giese, A., Stofft, E., & Stadie, A.T. (2015). Stereoscopic neuroanatomy lectures using a three-dimensional virtual reality environment. *Ann Anat* 201:91–98.
 28. Uruthiralingam, U., & Rea, P.M. (2020). Augmented and Virtual Reality in Anatomical Education - A Systematic Review. *Adv Exp Med Biol*, 1235, 89–101.
 29. Zhao, J., Xu, X., Jiang, H., & Ding, Y. (2020). The effectiveness of virtual reality-based technology on anatomy teaching: a meta-analysis of randomized controlled studies. *BMC Med Educ*, 20, 127.
 30. Birbara, N.S., Sammut, C., & Pather N. (2019). Virtual reality in anatomy: a pilot study evaluating different delivery modalities [published online ahead of print, 2019 Oct 6]. *Anat Sci Educ*. 10.1002/ase.1921. doi:10.1002/ase.1921
 31. Topping, D.B. (2014). Gross anatomy videos: Student satisfaction, usage, and effect on student performance in a condensed curriculum. *Anat Sci Educ*, 7, 273–279.
 32. Autry, A.M., Knight, S., Lester, F., Dubowitz, G., Byamugisha, J., Nsubuga, Y., Muyingo, M., & Korn, A. (2013). Teaching surgical skills using video internet communication in a resourcelimited setting. *Obstet Gynecol*, 122, 127–131.
 33. Alameddine, M.B., Englesbe, M.J., & Waits, S.A. (2018). A video-based coaching intervention to improve surgical skill in fourth-year medical students. *J Surg Educ*, 75, 1475–1479
 34. Chen, C.M., & Wu, C.H. (2015). Effects of different video lecture types on sustained attention, emotion, cognitive load, and learning performance. *Comput Educ*, 80, 108–121.