



## ORIGINAL RESEARCH PAPER

## Nursing

### EFFECTIVENESS OF HSTP (HOSPITAL STANDARD TRAINING PROGRAMME) ON AWARENESS REGARDING NABH PROTOCOLS AMONG INTERNSHIP NURSING STUDENTS

**KEY WORDS:** Study, Awareness, Evaluate, Effectiveness, Hospital Standard Training Programme, Nursing Students

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#### INTRODUCTION:

Hospital Standard training program is very important for enhancing students knowledge and skills about standard quality care. Most of govt. and private college not having parental hospital so these college students are practicing in Govt. Hospitals. According to INC norm and curriculum guidelines more emphasis is given to clinical education of students based on clinical subjects but very little focus is given on enhancing quality of care in hospital and other NABH protocols. So their exist barrier between education and quality practice which could be achieved by providing awareness about NABH protocols to student nurses. If we teach and give education about NABH protocols and standard to students this will lead to easy adaptable and comfortable working in NABH hospital.

#### NEED OF THE STUDY

Nurse after entering into professional health care delivery, have little time to academically themselves further. So I find the need to develop a hospital standard training programme for enhancing knowledge among B.Sc. Nursing internship students. It introduce the value, objectives and essential information about NABH working protocols which will enable students nurses to education, skills and experiences that will help them to support and help their patients in all kind of situation.

#### PROBLEM STATEMENT

A Preliminary Study To Evaluate The Effectiveness of HSTP (Hospital Standard Training Programme) On Awareness Regarding NABH Protocols Among Internship Nursing Students In Bombay Hospital College of Nursing, Indore (M.P.).

#### OBJECTIVES OF THE STUDY

1. To assess the awareness level regarding NABH protocols among internship nursing students.
2. To develop a educational training programme in enhancing awareness regarding NABH protocols among internship nursing students.
3. To determine the impact of HSTP on awareness regarding NABH protocols among internship nursing students.

#### HYPOTHESES

**H<sub>0</sub>:** There is no significant difference between pre-test and post-test mean score of awareness regarding NABH protocols among internship nursing students.

**H<sub>1</sub>:** There is significant difference between pre-test and post-test mean score of awareness regarding NABH protocols among internship nursing students.

#### REVIEW OF LITERATURE

**Kapurkar KS, et al 2016** conducted to assess effectiveness of planned teaching programme on National Accreditation Board for Hospitals and Health Care Providers (NABH) guidelines among newly recruited staff nurses at Krishna Hospital, Karad. "This study result show that the mean pre-test score was 11.27 while mean post test score was 18.86 calculated t value is 8.003 (df=39) which show that planned teaching prog. was effective in enhancing knowledge score.

#### METHODOLOGY:

**Study Approach-** In this study quantitative approach was used.

**Research Design-** Pre experimental, (one group pre-test post-test research design).

**Setting:-** The study was conducted at Bombay Hospital College of Nursing, Indore.

**Population:-** The population for this study was internship students working in Bombay Hospital Indore.

**Sampling Technique:-** Probability simple random sampling technique was used to select samples.

**Sample:-** B.Sc. Nursing Internship Students.

**Sample size:-** The sample size for the study was 40.

**Variables:-** Two types of variables were used in this study

**Independent variable:-** HSTP Prog.

**Dependent Variable:-** Awareness Regarding NABH Protocols.

**Inclusion Criteria:-**

- Students who were willing to participate in the study.
- Student who had completed minimum 04 weeks internship at Bombay hospital.

**Exclusion Criteria:-**

- Students nurses who were not available at the time of data collection.

#### RESULT

The analysis of the demographic data of the study samples gives an idea about the general characteristics of the internship Nursing students of Bombay Hospital college of nursing, Indore. The mean post test score 17.53, SD±1.3 is higher than mean pre test practice score 8.43:SD±2.27 and calculated t test value  $t = 20.49$  (df = 39) is found to be significant at the level of 0.05. Hence research hypothesis H<sub>1</sub> is accepted. I.e. there is significant difference between pre-test and post-test mean score of awareness regarding NABH protocols among internship nursing students and null hypothesis is rejected.

#### DISCUSSION

On the basis of results it could be concluded that internship nursing students should have knowledge regarding hospital standard and NABH protocol. In this study it was revealed that in pre-test majority of the student were in average category whereas in post test after HSTP program it was seen that maximum samples were in excellent category.

#### RECOMMENDATIONS

On the basis of findings of the study the following recommendations were made.

- A similar study can be replicated on a larger sample.
- An experimental study can be under taken with control group.

#### NURSING IMPLICATION

- The findings of this study have implications for nursing practice, nursing education, nursing administration and nursing research.

#### CONCLUSION

Hence, the intervention, "HSTP(Hospital Standard Training Programme) prog." was effective in awareness regarding NABH protocols among internship nursing students in Bombay hospital college of nursing.

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