



ORIGINAL RESEARCH PAPER

Ayurveda

CONCEPT OF SIMILAR TREATMENT IN AYURVEDA - A LITERATURE REVIEW.

KEY WORDS: Similar Treatment.

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ABSTRACT

The treatment of one disease is same as another or can be treated as that of or treated as like another disease is mentioned at different places in Ayurveda samhita. This inter subject similarities is important during treatment of disease. So it is relevant to review the description available in the ayurvedic text books in relation to same treatment.

INTRODUCTION:

The treatment of one disease is same as another or can be treated as that of or treated as like another disease is mentioned at different places in Ayurveda samhita. This inter subject similarities is important during treatment of disease. So it is necessary to find them and collect them at one place. So it can be easy to understand and easy to learn and can be utilized easily. The aim of Ayurveda is of two fold i.e. 1. Prevention of disease in healthy individual 2.Cure of the disease in diseased person. To fulfill the second aim different Acharayas have described different treatment & also same treatment for two disease. So it is relevant to review the description available in the ayurvedic text books in relation to same treatment. This article focusing the treatment similarities mentioned in Ayurveda.

OBJECTIVES:

To understand the concept of similar treatment in Ayurveda.

METHODS:

Manual searching and collection.

SN	Treatment of disease	Treat as like/Treat same as
1	Grahani	Ajirna & Atisar (A.H.)
2	Kshataj kasa	Pittaj kasa
3	Vata, Kapha Galganda	Granthi Visarpa
4	Raktapitta	Pitta jwara/Ksahta kshin
5	Granthi (Amavashta)	Shophavat
6	Pittaj Vrudhi chikitsa	Pittaj Granthi sadrusha
7	Kaphaj Vrudhi chikitsa	Kaphaj Granthi sadrusha
8	Sanniaptaj Updansha	Drustha vrana
9	Asugdhar chikitsa	Raktapitta
10	Kshinartav	Nashtartav
11	Shatpoanak, Puya rakta	Nadivrana vat
12	Vidradi, Indryudha, Gadharbi, Visphota, Gandhanama, Kaksha, Jalagadarbha, erivellika.	Pittaj Visarpa vat
13	Pittaj Abhishanda, Pittaj Adhimantha & Karnapak	Pittaj Visarpa vat
14	Masurika	Piita kapha visarphavata

15	Sannirudha guda	Nirudhha parkas vat
16	Adhijivaha	Uppjihavat
17	Arjun	Raktaj Abhishandya
18	Arma	Shukravat
19	Dhumadarshi	Raktapitta+Pittanashak + Pittaj Visarpa vat
20	Sadhya Nayanabhighata	Pittarakta Abhishyanda
21	Ananta vata	Suryavarta vat
22	Rakta Gulma	Pitta gulma
23	Pandu Chikitsa	Shopha vat (Sushrut & Vagbhat)
24	Medoj Swarbheda	Kaphaj Swarbheda
25	Raktaj krumi	Kushtavat chikitsa
26	Mutraghata	Ashamri
27	Umand	Apasmar
28	Ati sweda	Visarpa (Kashyap)
29	Vidradi	Gulma
30	Asthila & Pratyasthila	Gulma & Abhyantar vidradi
31	Bhayaj, Shikaj atisar	Vatitisar
32	Dhwaskak/ Vikshay	Vataj Madatyaya
33	Napusankata	Khatkshin vat
34	Angantuj shotha	Visarpa vat

DISCUSSION:

In Ayurveda while treating the disease the hetu, dosha, Dushya, Samprapti are important factor. According to Dosha involved treatment of diseases may be similar. If two diseases having same dosha predominance (eg. Pitta doshadhikya) then treatment of those may be similar (As pittavata). In some examples of same treatment the samprapti ghatak- dushya or samprapti may be similar. This concept of similar treatment is based on similar hetu, or same dosha predominance or same dushya or same samprapti of two diseases. So it is very useful when planning for treatment. If someone is not getting the result with regular mentioned treatment then concept of similar treatment can be used. The drugs mentioned in other disease can be used in the underlying disease by using concept of similar treatment.

CONCLUSION:

The similar treatment concept is useful for treating simple, chronic or complicated disease.

Similar treatment concept adding knowledge regarding treatment of disease.

It is useful for multiple choice questions in different Ayurvedic competitive exams.

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