



ORIGINAL RESEARCH PAPER

Homeopathy

CASE STUDY ON CORONA VIRUS (COVID-19) PREVENTIVE & IMMUNITY BOOSTER EFFECTS OF HOMEOPATHY AT INDORE CENTRAL JAIL

KEY WORDS: COVID-19, SARS-CoV-2, Immunity, Corona viruses, precautionary measures, Homeopathy etc...

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ABSTRACT

The global pandemic COVID-19 is caused by severe acute respiratory syndrome corona virus 2 is spreading rapidly that emerged in Wuhan, China and has now spread to at least 180 countries. A considerable amount of viral nature pathogens from various nosological groups (influenza viruses, para influenza, adenoviruses, respiratory syncytial viruses, corona viruses, picorna viruses, rhinoviruses, entero viruses, herpes viruses, etc.) could cause development of ARVI at human respiratory tract. SARS-CoV-2 is a category of RNA virus which is zoonotic in origin and it is approximated that Corona virus infections are expected to emerge at regular intervals in humans due to repeated cross-species infections and irregular spill over actions. Corona viruses are a large family of viruses that cause the common cold as well as more serious respiratory illness. In this paper we discuss about the possible precautionary measures which may prevent this disease by increasing the immunity power. In this paper we have discussed the prevention of COVID by increasing the immunity using homeopathy.

INTRODUCTION:

The entire World is under risk of Corona virus disease (COVID-19). The current COVID-19 pandemic has resulted in many fatalities and forced scientific communities to advance their Research and Development (R&D) activities. The first case of the COVID-19 pandemic in India was reported on January 30, 2020 and since then the cares are rapidly increasing.

The epidemic spread quickly worldwide within 3 months and was regarded as a pandemic by WHO on March 11, 2020. Currently, there are no accepted specific antiviral agents targeting the novel virus, while some drugs are still under investigation. COVID-19 is a disease caused by the "novel corona virus". The incubation period of COVID 19 is 1 to 14 days.

Corona viruses are a big family of viruses which may cause disease in animals or humans. Seven corona viruses can produce infection in people around the world but generally people get infected with these four human corona viruses: 229E, NL63, OC43, and HKU1. They characteristically cause a respiratory infection ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS) and Severe Acute Respiratory Syndrome (SARS) and the most recently discovered corona virus (COVID-19) caused infectious disease. This disease caused by severe acute respiratory syndrome corona virus 2 (SARS-CoV-2).

Common symptoms are:

- Fever
- Dry cough
- Breathing issues (difficulty in breathing)
- Weakness
- Some patients may have aches and pains, nasal congestion, runny nose, sore throat or diarrhoea

The best way to protect to avoid being exposed to the virus that causes COVID-19:

- Stay home as much as possible and avoid close contact with others.
- Wear a mask that covers your nose and mouth in public settings.
- Clean and disinfect frequently touched surfaces.
- Wash your hands often with soap and water for at least 20 seconds, or use an alcohol based hand sanitizer that contains at least 60% alcohol.

Study on Jail Inmates and its report:

In this pandemic time no one had ever imagined that time and life will come to a sudden halt. Everyone has been forced to

remain imprisoned in their homes or the places they were stuck. There is neither proper treatment of corona nor any method of prevention or treatment is available. Due to this the lock-down has to be implemented and the only way to save lives was to keep them captive inside their homes.

Imagine the problem placed by the prisoners who were in jail, how they would have survived this disease? Indore Central Jail has more than 2500 prisoners, out of which 60 inmates got corona Covid 19 disease. Jail Superintendents became very worried that how to prevent the spread of this disease in the jail and how to save the prisoners from getting sick.

He contacted Dr. Dwivedi and Dr. Dwivedi suggested him Arsenic Album 30 on the basis of advisory issued by Ministry of AYUSH and Arsenic Album was given to all prisoners even after 6 months, no prisoner got corona. There was no death, no one got sick, such inmates who used to have a common cold and cough often did not even have a cold cough after the use of this medicine, 2500 people living in the same place were given arsenic albums, in which all Immunity improved, Arsenic album has contributed in boosting the immunity of all prisoners.

If the Arsenic album is studied properly, it can be the best medicine for the Fear of Death and the people of Corona had the highest Fear of Death. People had used arsenic albums in the past, even if they had corona, its effect was very less on the body and they did not have much trouble and they became healthy by staying at home. Therefore, arsenic album proved to be very helpful in increasing immunity and preventing corona.

Synchrotron based TXRF measurements have been carried out for a homeopathy medicine '**Arsenicum album 30**' to determine exact value of Arsenic amount as well as concentrations of other different elements that are present in this medicine. As mentioned above, TXRF technique is a very sensitive methodology and it comprises of the capability to evaluate concentrations of different elements in various liquid specimens (e.g. Water) at parts per billion levels.

The Elemental analysis shows that the **typical** values of Arsenic in the 'Arsenicum album 30' ranges ~ 2 µg/liter or (2 ppb), which is fairly below the acceptable limit of arsenic concentration in the drinking water (~10 µg/l or 10 ppb), as defined by the WHO guidelines.

CONCLUTIONS:

Form the above studies we can conclude that the Homeopathy medicine has contributed in boosting the immunity of all

prisoners and avoided the spread of corona virus. The studies on Arsenicum album 30' shows that the Arsenic content ranges ~ 2 µg/liter or (2 ppb), which is fairly below the acceptable limit of arsenic concentration in the drinking water (~10 µg/l or 10 ppb), as defined by the WHO guidelines and is safe for use.

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