



ORIGINAL RESEARCH PAPER

Zoology

PROTECTIVE EFFECT OF AGERATUM CONYZOIDES AGAINST CARBON TETRACHLORIDE – INCLUDED HEPATIC DAMAGE IN RATS.

KEY WORDS:

Hepatoprotectivity, Havonoides, Glutomic Pyruvic Transaminase.

Manish Soni

Mansarover Global University Bhopal

Amita Gupta

Mansarover Global University Bhopal

Manik Sharma

Department of Zoology Career College Bhopal

ABSTRACT

The present study was conducted to know the Hepatoprotective activity against the carbon tetrachloride including toxic chemical in rats. The Petroleum ether, ethyl acetate and methanol extract of *Ageratum conyzoides* was prepared and evaluated for photochemical screening. The serum level of glutamic oxaloacetate transaminase (SGOT) glutamic pyruvic transaminase (SGPT) and bilirubin were investigated for the assessment of hepatoprotectivity of ethyl acetate extract. Additionally, the histological change in liver was obtained. The primary photochemical investigation of the extract of *Ageratum conyzoides* revealed the presence of flavonoids, tannins, and carbohydrates. Pre-treatment with ethyl acetate extract of *Ageratum conyzoides* caused significant ($P < 0.05$) decrease in serum SGOT, SGPT and bilirubin when compared to control group rats treated with CCl_4 in a dose dependent manner. The outcomes of histological study revealed that there was significant reversal of histological function of liver. In conclusion, the finding of study validated. That the *Ageratum conyzoides* can improve CCl_4 -induced hepato toxicity.

INTRODUCTION:-

Liver regulation in various important metabolic functions does liver damage which is associated with distortion of their metabolic function. Today liver damage is a very common ailment in the world resulting in serious debilities ranging from several metabolic disorders to even mortality.

Liver possesses an antioxidant defense system consisting of antioxidants such as GSH, ascorbic acid, and Vitamin E and antioxidant enzymes such as SOD, catalase, and GPX to produce own all against oxidants system, which causes destruction of all components and causes death. Hepatocytes which make up the majority of the liver structure are very active in the metabolism of exogenous chemicals and this is one of the major reasons why the liver is a target for toxic substances. Carbon tetrachloride in one of the most used hepatotoxins in the experiments and study of liver diseases. The hepatoprotective effect of CCl_4 is largely due to its action on metabolism and trichloromethyl radical. Many traditional remedies employ herbal drugs for the treatment of liver ailments.

Ageratum conyzoides (Asteraceae) is commonly known as "white weed". Its application in herbal medicine varies by region.

MATERIAL AND METHODS.

Preparation of Plant Material:-

The whole plant *Ageratum conyzoides* was collected from the local surrounding at Bhopal region, during the month of August to Oct. 2019. The plant was then dictated by Dr. Tayff Safi (Principal) Gandhi P.G. College Bhopal. The voucher specimens are kept in the P.G. Department of Zoology (Career college Bhopal). The whole plant *Ageratum conyzoides* was collected and washed thoroughly under running tap water then, the dried plant material was coarsely powdered and subjected to extraction.

Preparation of Extract:-

The extract was done by maceration using petroleum ether, ethyl acetate and methanol. The extract obtained was evaporated in a rotary evaporator to get a powdery mass. The powder extract obtained is then subjected to phytochemical analysis to detect the chemical constitution present in each extract.

Animals:-

Male winter rats (135-108g) were used for evaluation of hepatoprotective activity. The animals were housed in

polypropylene cages at $25^\circ C \pm 1^\circ C$ with the relative humidity of $55 \pm 5\%$ under 12h/12h light/dark cycle. They receive a standard chow, water and labium during experimentation, throughout the experiments pressed according to the suggested international ethical guidelines for the care of laboratory animals. The study protocol was approved by the institutional animal. According to the regulation of committee for the purpose of control and supervision of Experimental Animals.

CCl_4 induced hepatotoxicity:-

Assessment of hepatoprotective activity was carried out in a winter albino rats. The animals were segregated into four groups of six animals each. Group I served as normal control receiving 5% CMC (10 ml/kg). Group II received (1 ml/kg ip) with equal volume of olive oil (50% v/v) for two successive days and were maintained as CCl_4 group. Group III animals were treated orally for seven days with suspension of ethyl acetate extract (100 mg/kg). Group IV animals were treated with CCl_4 and ethyl acetate extract (100 mg/kg) after treatment. The blood samples were collected via retro orbital and serum is separated by centrifugation at 2500 rpm for 15 minutes is used for the estimation of biochemical markers. The liver is separated and weighed.

Biochemical determination:-

Biochemical parameters such as serum glutamate oxaloacetate transaminase (SGOT), serum glutamate pyruvate transaminase (SGPT) and serum bilirubin were determined.

Histopathology:-

Liver was excised quickly and fixed in 10% buffered neutral formalin and processed for paraffin embedding following the standard micro techniques. Section of liver is stained with Alumaematoxylin and Eosin were observed microscopically for histopathological changes.

Statistical analysis:-

The results are expressed as mean \pm SUM of six animals from each group. The data were evaluated by ANOVA followed by Turkey's multiple comparison test. P values " < 0.05 " are considered statistically significant.

Results and Discussion:-

Phytochemicals Screening of *Ageratum conyzoides*:-

Presence of classes of secondary metabolites may be a useful indicator of both efficacy and potential toxicity. Hence test for

the presence of phytochemical classes with known bioactivity was done by the Preliminary phytochemical investigation of the extracts of whole plants. The presence of flavonoids treatment with ethyl acetate extracts of *Ageratum conyzoides* at the dose (100mg/kg) decreased. The activity of SGOT, SGPT and total bilirubin on CCl_4 treated.

Table 1. Effect of methanolic extract of isolated compound on biochemical parameters of liver in rats against CCl_4 administration.

S. No.	Treatment	Dose	SGOT/AST (IU/L)	SGPT/ALT (IU/L)	ALP (IU/L)	BILIRUBIN (IU/L)
1	Vehicle Saline	10 ml/kg	32.1±4.845	28.8±3.746	105.4±8.016	0.76±0.048
2	Control (CCl_4)	-	136.6±5.680*	132.6±2.581*	302.3±9.872*	1.81±0.111*
3	Silymarin	100 mg/kg	44.1±3.920**	38.5±8.336**	125.1±7.833**	0.80±0.054**
4	MEEA	200 mg/kg	84.6±4.226**	78.6±6.377**	223.5±9.027**	1.08±0.057**
5	MEEA	400 mg/kg	69.1±4.792**	63.1±6.177**	161.8±5.344**	0.93±0.031**

Each group consist of six animals (N=6). MEEA = Methanolic extract of *Eclipta alba*.

*P<0.001 as compared to vehicle treated group

**P<0.001 as compared to CCl_4 treated group

Table 2 Effect of isolated compound Apigenin of plant product on biochemical parameters of liver in rats against CCl_4 administration.

S. No.	Treatment	Dose	SGOT/AST (IU/L)	SGPT/ALT (IU/L)	ALP (IU/L)	BILIRUBIN (IU/L)
1	Vehicle Saline	10 ml/kg	32.1±4.845	28.8±3.746	105.4±8.016	0.76±0.048
2	Control (CCl_4)	-	136.6±5.680*	132.6±2.581*	302.3±9.872*	1.81±0.111*
3	Silymarin	100 mg/kg	44.1±3.920**	38.5±8.336**	125.1±7.833**	0.80±0.054**
4	Isolated fraction	100 mg/kg	75.36±4.313**	61.76±5.243**	197.5±7.152**	0.902±0.042**
5	Isolated fraction	200 mg/kg	56.1±3.654**	52.4±4.231**	141.1±3.253**	0.877±0.021**

Each group consist of six animals (N=6)

*P<0.001 as compared to vehicle treated group

**P<0.001 as compared to CCl_4 treated group

The present study had been attempted to evaluate the role of hepatoprotective activity of crude methanol extract of *Ageratum conyzoides* and isolated bioactive fractions (F-I) against carbon tetra chloride. The results of the experiment of alanine aminotransferase (ALT), aspartate aminotransferase (AST) alkaline phosphatase (ALP) and Bilirubin in the serum of rats are given in the (Table 1). The table shows that in normal control rats, the serum activity of ALT, AST, ALP and Bilirubin were in normal range.

In Toxicant (ISO+RIF) group the level of SGOT was significantly (P <0.001) elevated to 131.1±8.234 IU/L. In Silymarin + (ISO+RIF) group the level of SGOT was 52.12±5.268 IU/L significantly lower than that of Toxicant (ISO+RIF). In *A. conyzoides* extract 200 mg/kg and 400 mg/kg + (ISO+RIF) the level of SGOT was significantly reduced to 83.66±4.13 and 67.76±3.764 respectively (Table-2).

Results of the biochemical estimations were reported as mean blood glucose levels ± standard deviation (MEAN±SD). The

total variation present in a data was analysed by one way analysis of variance (ANOVA) and followed by Bonferroni multiple comparison test using Sigma stat 3.5. Values were statistically significant at *p<0.001 when compared to all group with diabetic control group.

REFERENCES:-

1. Wolf PC Biochemical of liver diseases India J Clin. Biochem. 1999;14:59-90.
2. Akilavalli N, Radhika J, Brindha P. Hepatoprotective activity of *Ocimum sanctum* Linn. Against lead induced toxicity in albino rats. Asian J. Pharm. Clin. Res. 2011;4:84-87.
3. Saleem TSM, Chetty CM, Ramkanath S, Rajan VST, Kumar KM, Gauthman K. Hepatoprotective herbs-a review. International Journal of Research in pharmaceutical Science 2010;1;1-5.
4. Kaplowitz N, Tsukamoto H. Oxidative Stress, and liver disease. Progress in Liver Diseases. 1996;14:131-159.
5. Tibrell J. Introduction to toxicology. 3rd ed. Taylor and Francis. New York. 2001;57-71.
6. Premitha Abraham P, Wilted G, Ramakrishna B. Decreased activity of hepatic alkaline phosphatase in rats with carbon tetrachloride induced liver cirrhosis. Indian J Exp. Biol. 1999;37:1234-1244.
7. Rose JA, Kasum CM. Dietary flavonoids: bioavailability metabolic effects, and safety. Annu Rev Nutr 2002;22:19-34.
8. Vaya J, Mahmood S. Flavonoid content in leaf extracts of the fig (*Ficus carica* L.) carob (*Ceratonia siliqua* L.) and Pistachio (*Pistacia lentiscus* L. Biofactors. 2006;22:19-34.
9. Jander EA, Machado KCCA, Evolutionary ecology of figs and their associates: Recent progress and outstanding puzzles. Ann Rev Evol. Syst. 2008; 39:439-458.