



# ORIGINAL RESEARCH PAPER

# Homeopathy

## HOMEOPATHIC MANAGEMENT::BENIGN ACUTE CHILDHOOD MYOSITIS

**KEY WORDS:** Benign Acute Childhood Myositis (bacm), Walking Difficulty, Muscle Pain, Homeopathy Etc.

**Dr. AK Dwivedi\***

Professor and HOD, Department of Physiology and Biochemistry, SKRP Gujarati Medical College, Indore, India \*Corresponding Author

### ABSTRACT

Benign acute childhood myositis (BACM) is a self-limiting activity described by unexpected beginning of muscle pain, more often calf pain, exhibited by walking complexity. Acute muscle pain and walking problems are symptoms corresponding with both benign and acute deteriorating diseases. It is usually preceded by a viral illness, particularly influenza virus infection. In this paper we have discussed how homeopathy helps in curing these diseases.

### INTRODUCTION:

Benign acute childhood myositis (BACM) also called as myalgia cruris epidemic was first described by Ake Lundberg in 1957. The characteristics of this disorder is calf pain and difficulty walking during a viral illness (3-8 days) and creatine kinase levels are mildly or moderately elevated. Recovery occurred within 1 week. Mid-childhood (mean age: 6-8 years) is most commonly affected and boys are more commonly than girls and its ratio is 2.4 : 1.

The etiologic of this disorder, strongly specifies a viral cause: influenza virus (A and B) is the maximum stated. The etiologic mechanism of myositis is still debateable.

### Symptoms Of Bacm:

- Fever
- Constitutional symptoms
- Rhinorrhea
- Cough
- Nausea and vomiting,
- Myalgia
- Weakness

### Diagnosis Of Bacm:

- Elevated CPK,
- LDH,
- Transaminases
- Normal ESR
- CRP

### Homeopathic Management Of Bacm:

Homeopathic do not take care of just the disease, but is prescribed on the base of physical, emotional and genetic condition of a person. Homeopathic medicines act on both the mental and physical levels of individuals.

Homeopathic medicines offer excellent encouraging help to control warning sign in cases of myositis. These medicines can be used along with regular medication for recovering muscle strength, muscle function and easing muscle pain. These medicines help by facilitating the febrile immune system which is triggering muscle tenderness and its resultant signs

### Following Homeopathy Medicines where prescribed based on symptoms and condition of the individuals:

Sr. No.	Name of Medicine	Purpose
1	RHUS TOX	Affects the fibrous tissues the sheaths of muscles Restlessness Cannot stay in one position Lumbago whether pains are better from motion or not special affinity for deep muscles of the back

2	CAUSTICUM	For weakness in Limbs. When joints are stiff & tendons shorten drawing the limbs out of the shape Constant tearing & piercing pain
3	BRYONIA ALBA	Children dislike to be carried or to be raised For weakness and pain. Muscles are sore to touch Better by rest Aggravated by motion
4	GELSEMIUM	For muscle pain and weakness Myalgia, Lack of muscular coordination Dull aching pains in upper & lower limb induced by cold with laming sensation Deep seated muscular pains Weakness dullness trembling
5	ARNICA	For weak muscles Cannot bear pain Cannot walk erect Every things on which lies seems too hard
6	STANNUM MET	For weakness of Limbs & thighs Drops things Ankle swollen Limb suddenly give out when attempting to sit down Dizziness Spasmodic twitching of muscles of forearm & hand
7	CALCAREA CARB	Sharp sticking as if parts were wrenched or sprained Weakness and Pain in Thigh Muscles

### CONCLUSION:

During treatment at our Advanced Ayush Wellness Centre will we have found that the homeopathy helps in curing and helps in fast recovery of the patients suffering from BACM.. If the proper treatment with continuous follow ups has been taken, BACM can be treated with the help of Homeopathy.

### REFERENCES:

1. Antony JH, Procopis PG, Ouvrier RA: Benign acute childhood myositis. Neurology 1979;29: 1068-1071.
2. Karpathios T, Kostaki M, Drakonaki S, Garoufi A, Siahianidou S, Spirou N, Theodoridis C: An epidemic with influenza B virus causing benign acute myositis in ten boys and two girls. Eur J Pediatr 1995; 154:334-336.
3. Lundberg A. Myalgia cruris epidemica. Acta Paediatr 1957; 46: 18-31.
4. McKinlay JA, Mitchell I. Transient myositis in childhood. Arch Dis Child 1976; 51:235-237.
5. MacKay MT, Kornberg AJ, Shield LK, et al. Benign acute childhood myositis: Laboratory and clinical features. Neurology 1999; 53:2127-31.
6. Harrison's Principal of Internal Medicines 17th Edition
7. Davidsons Principal & practice of Medicines
8. J.T.KENT REPERTORY Of Homeopathic M.M.
9. Dr. S.K. Dubey, Text Book Of Material Medica
10. DR. N.M. CHOUDHARI, A Study On Materia Medica
11. DR. WILLIAM BOERICKE, Pocket Manual Of Homeopathic Materia Medica & Repertory.
12. R. H.C. ALLEN Keynotes & Characteristics With Comparisons Of Some Leading Remedies of The Materia Medica With Bowel Nosodes, 8th Edition.
13. Homeopathic Therapeutics by Samuel Lilienthal MD 19<sup>th</sup> Impression 2010