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# ORIGINAL RESEARCH PAPER

# PERSPECTIVE OF DENTAL PROFESSIONALS TOWARDS USE OF CAST PARTIAL DENTURE IN KASHMIR

**KEY WORDS:** Cast partial denture; Curriculum; Dental professionals; Prosthodontists.

Dentistry

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Background: Edentulism is increasing as are the treatment options increasing with the latest technology. With expansion in treatment modalities for rehabilitation on of partially edentulous patients, the use of cast partial denture in clinical practice as well as teaching curriculum has shown declining trend during the century. The objective of this study was to evaluate the perspective of dental professionals towards use of cast partial denture in Kashmir. Methods: The study consisted of nine close-ended questions regarding the use of cast partial denture by dental professionals in clinical practice throughout Kashmir. The web link of the questionnaire was shared via E-mail to dentists practicing in Kashmir, to obtain a response of 350 practicing dentists. Statically analysis was done using SPSS version 26. Results: The study showed that the most preferred choice of rehabilitation was fixed partial denture by all dental professionals around 52.6% of, 60% of prosthodontists and 48.9% by other specialist dentists. The least preferred choice was Removable partial denture about 16.6% by general dental practioners, 18.5% by prosthodontists and 13.3% by other specialist dentists. Among the different types of removable partial dentures, acrylic partial denture was the most preferred one and the primary reason for not recommending cast partial dentures by the dental professionals was too complicated procedure to be carried out. Nevertheless, majority of the dentists were in favor of giving more importance for teaching cast partial dentures in graduation curriculum. Conclusions: The study concluded that the use of cast partial denture is declining in clinical practice in Kashmir due to the complicated procedure of fabrication and esthetic concern. Therefore, there is a need to emphasize the significance of teaching of cast partial dentures in graduation curriculum.

#### INTRODUCTION

ABSTRACT

The proportion of partial edentulism increases, as there is increase in the age of population.<sup>1</sup> Conventionally, such edentulous condition were usually rehabilitated by using cast partial dentures (CPD).<sup>2</sup> However, due to display of metallic components and the complex design of the denture, the use of CPDs is declining.<sup>3</sup> The poor acceptance of CPDs by the patient has not only led to decline in the importance of CPD in clinical practice but also in the teaching curriculum. Several studies showed that 35%–50% of patients never received removable partial dentures (RPDs) or only occasionally wore the dentures.<sup>4,5</sup>

As the reduction in use of RPD has further declined the importance of CPD from academic point of view, a study showed a national average of only ten RPDs fabricated during 3 years of graduate Prosthodontic course in US dental schools.<sup>6,7</sup> Considering the decreased use of conventional RPDs and its limited importance in the teaching curriculum, it becomes essential to determine the status of RPDs in clinical practice in Kashmir. The purpose of this survey was to evaluate the attitudes of dental professionals toward conditions using CPDs in private practice in Kashmir.

## METHODS

This was a descriptive cross-sectional study done by convenience sampling method. The sample size was 343 calculated by using the formula for a finite population.



Where z is the z score (1.96) e is the margin of error (5%) N is population size (Total registered dentist in Kashmir =3200) p is the population proportion

The study included all the dental practioners who gave www.worldwidejournals.com

consent to participate in the study. The questionnaires were sent to all registered dental practioners including general dental practioners (GDPs), prosthodontists and other dental specialists in Kashmir through online methods. The questionnaires were adopted from previous studies<sup>8</sup> and modified after consultation with the experts related to the field.

The self-administered questionnaire consisted of two parts. The first part consisted of socio demographic details of participants. The second part consisted of 9 questions related to perception towards use of cast partial denture. The rest three questions (Q01–Q03) were related to the preference of RPDs, types of RPDs, and how frequent patients prefer it. The next two questions (Q04 and Q05) were related to the number of CPDs given to patients and type of problems faced. The next three questions (Q06 and Q07) were on justification of other RPDs as alternative to CPDs, reason for not recommending CPDs, and finally (Q08 and Q09) was based on the selection

Criteria for RPD or fixed bridge, whether CPD should be recommended ahead of implant for dental graduates. The data were collected and statistical analysis was done using SPSS version 26.

# RESULTS

In the study, 175 GDPs, 130 prosthodontists and 45 other specialist dentists participated. The most preferred choice of rehabilitation on was fixed partial denture by all dental professionals around 52.6% of GDPs, 60% of prosthodontists and 48.9% by other specialist dentists. The least preferred choice was RPD about 16.6% by GDPs, 18.5% by prosthodontists and 13.3% by other specialist dentists.

Among RPDs, acrylic partial denture was the most preferred one and majority of the dentists were in favor of giving more

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importance for teaching cast partial dentures in graduation curriculum.

### DISCUSSION

The modernization on of today's world have led to increasingly strong esthetic demand in patients especially during prosthetic rehabilitation, with an increasing number of patients avoiding RPDs. Further, an increased incidence of dental caries and periodontal breakdown has been reported on denture wearing patients in many studies.8,9 The poor adaptability of patients towards RPDs along with the possible need of an additional long-term treatment option reflect the need to know about attitudes and expectation of patients as well as the clinical knowledge and technique of dentists.<sup>°</sup> If the reason for declining preference of RPD could be identified accurately, the effective methods and techniques could be implemented to give a better outcome. This study has been conducted with a novel aim of knowing the perspectives of dental professionals towards use of cast partial denture in Kashmir.

For rehabilitation of partially edentulous patients, there is availability of various treatment options. The study showed that the most preferred choice of rehabilitation was fixed partial denture by all dental professionals around 52.6% of general dental practioners (GDPs), 60% of prosthodontists and 48.9% by other specialist dentists. Secondly, implant supported prosthesis was preferred by 21.5% GDPs, 30.9% prosthodontists and 17.2% by other specialist dentists. The least preferred choice was Removable partial denture about 16.6% by GDPs, 18.5% by prosthodontists and 13.3% by other specialist dentists. Similar results were obtained in a study by Dikbas et al. where in 18% of US dental schools, RPDs were not a clinical requirement for graduation, which could be a attributed to the increased interest toward implants with high success rates.<sup>6</sup>

Among the different types of RPD's, acrylic partial denture was the most preferred one in clinical practice in Kashmir. When the option of CPD was given to patients, they quite often agreed for the choice. This decline in the use of RPD is attributed to the availability of better treatment modalities such as implant-supported prosthesis. The use of thermoplastic RPDs (flexible RPD) emerged as an alternative to conventional

RPD because of their unbreakable nature, esthetics, and comfort. In a survey by Polyzois *et al*, it was reported that 75% of the patients who received flexible RPDs were satisfied.<sup>3</sup>

According to this study, the number of CPD's delivered per year in clinical practice was highest among prosthodontists. The major problem faced while suggesting CPD's lied in fabrication process. Majority of the dentist felt that it would be not jus able to give acrylic or flexible RPD as an alternative to CPD's. The selection criteria for RPD or FPD in clinical practice mainly depends on socioeconomic status of patient and the primary reason for not recommending CPDs was too complicated procedure to be carried out. Further, the study recommended giving more importance for teaching CPDs in graduation curriculum when compared to implant-supported treatment modalities. Rashedi and Petropoulos stated that in 14% of the US dental schools, RPDs were not a separate course in preclinical curriculum and in 18% of the schools, RPDs was not a requirement for graduation.

With the availability of various treatment options for rehabilitation of partially edentulous patients, there is decrease in the use of conventional RPDs and its limited importance in the teaching curriculum. This study aimed to find the status of CPDs in private practice in Kashmir through this survey and found an alarming condition to promote the significance of RPDs in teaching curriculum as it is one of the cheapest and safest method of rehabilitation.

#### Questionnaires:

- 1. Preference for the rehabilitation of partially edentulous patients in your clinical practice
- If you have to choose RPDs, the type of RPDs you would prefer?
- 3. If CPDs are the option, how often does the patient agree for CPDs
- 4. Number of CPDs delivered per year in your clinical practice?
- 5. Major problems faced while suggesting CPDs to the patients
- 6. Do you feel is it suitable to give acrylic or flexible RPDs as an alternative to CPDs?
- 7. If CPDs are not the option to Q6, then what is the reason for not recommending CPDs?
- 8. What is the selecting criteria for RPD or fixed bridge in your clinical practice
- 9. Do you recommend giving more importance for teaching CPDs in graduation curriculum when compared to implant-supported treatment modalities?

# CONCLUSION

The study also has limitations. There is also a chance of response bias and information bias, which cannot be ignored. The study concluded that the use of CPD is declining in clinical practice in Kashmir due to the complicated procedure of fabrication and esthetic concern. Therefore, there is a need to emphasize the significance of teaching of CPDs in graduation curriculum.

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