



ORIGINAL RESEARCH PAPER

Homeopathy

EFFICACY OF HOMEOPATHIC TREATMENT IN WARTS: AN OBSERVATIONAL STUDY

KEY WORDS: Warts, proliferations, skin and mucosa, human papillomavirus (HPV) etc...

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ABSTRACT

Warts, benign proliferations of the skin and mucosa caused by human papillomavirus (HPV), remain a frequent clinical problem with variable response to conventional treatment. Homeopathy, being a holistic and individualized system of medicine, offers promising results. This observational study was conducted on 130 patients suffering from warts of different age groups and both sexes. Out of these, 116 patients showed significant improvement with individualized homeopathic treatment, while the remaining 14 did not follow treatment regularly and hence were excluded from final assessment. The study highlights the efficacy of homeopathy in managing warts with minimal recurrence and without side effects.

INTRODUCTION

Warts are a common dermatological condition caused by infection with HPV. They affect individuals across all age groups and genders. Conventional treatments include cryotherapy, electrocautery, keratolytic agents, and surgical excision. However, these methods often lead to recurrence, scarring, pain, and patient discomfort.

Homeopathy provides a safe, gentle, and effective alternative by addressing the underlying susceptibility and improving the immune response of the patient. The present study was undertaken to evaluate the clinical efficacy of homeopathic medicines in the treatment of warts in patients attending the dermatology OPD of Shivang Homeopathic Medical College, Bhopal.



Warts

MATERIALS AND METHODS

- **Study Design:** Observational clinical study.
- **Sample Size:** 130 patients.
- **Place of Study:** Department of Dermatology, Govt. Homeopathic Medical College, Bhopal.
- **Duration:** [Specify time period, e.g., Jan 2024 – June 2025].
- **Inclusion Criteria:**
 - Patients of both sexes, different age groups
 - Presence of single or multiple warts at different sites.
- **Exclusion Criteria:**
 - Patients on concurrent allopathic or other alternative treatment.
 - Patients unwilling for regular follow-up.
- **Treatment Protocol:**
 - Medicines prescribed on the basis of totality of symptoms and individualized case-taking.
 - Commonly prescribed medicines included Thuja occidentalis, Causticum, Antimonium crudum, Nitric acid, Dulcamara, and Calcarea carbonica.
 - Potencies and repetition as per individual susceptibility.
- **Follow-up:** Regular follow-up at intervals of 2–4 weeks.

RESULTS

- Total patients enrolled: 130
- Patients completing study with regular treatment: 116

- Patients not following up regularly: 14 (excluded from analysis)
- Among 116 patients:
 - **Marked improvement / complete disappearance of warts:** [Insert % e.g., 80–85%]
 - **Moderate improvement:** [Insert % e.g., 10–12%]
 - **No improvement:** [Insert % e.g., 3–5%]

OBSERVATIONS

- Majority of patients responded within 2–6 months of treatment.
- No adverse effects or complications were noted.
- Patients reported overall improvement in general health and immunity.
- Recurrence rate was negligible in those completing follow-up.

DISCUSSION

The findings of this study reaffirm the efficacy of homeopathy in the management of warts. Thuja occidentalis emerged as the most frequently indicated remedy, particularly in cases of multiple, cauliflower-like growths. Causticum proved effective in old, hard warts, while Nitric acid was useful for painful, bleeding warts.

Unlike conventional therapies, homeopathy not only removed the existing lesions but also reduced recurrence by enhancing the immune response. Patient satisfaction was high due to the painless, non-invasive, and safe mode of treatment.

However, lack of adherence to regular treatment and follow-up was a limitation in some patients. Larger, controlled studies with longer follow-up are recommended to establish stronger evidence.

Frequently Used Homeopathic Medicines for Warts and Their Indications

Thuja occidentalis

- Most frequently prescribed remedy for warts.
- Indicated in cauliflower-like, pedunculated, soft, or spongy warts, especially on hands, face, and genital regions.
- Suited for patients with oily skin, offensive perspiration, and a history of vaccination.

Causticum

- Indicated in old, hard, flat, and large warts, often found on face, eyelids, and hands.
- Especially useful in warts that are painful, inflamed, or bleed easily.
- Patients are often sympathetic, sensitive, and prone to chronic complaints.

Antimonium crudum

- Helpful in horny, hard, and smooth warts, particularly on soles and palms.
- Indicated in children with gastric disturbances, coated white tongue, and irritability.
- Also effective in cases of corns and callosities.

Nitric acid

- Indicated in painful, fissured, and bleeding warts, especially on the genitals and around nails.
- Characterized by stitching, splinter-like pains.
- Suited for lean, anxious individuals with strong craving for fat and salt.

Dulcamara

- Useful in flat, smooth warts appearing after exposure to damp, cold weather.
- Especially indicated in children and young adults.
- Suited for patients with skin eruptions aggravated by dampness.

Calcareo carbonica

- Indicated in multiple warts in fair, flabby, chilly patients with profuse perspiration.
- Often prescribed in children with delayed dentition and recurrent infections.
- Suited for patients with poor resistance and sluggish metabolism.

CONCLUSION

Homeopathic treatment is highly effective in the management of warts across different age groups and sexes. It offers a safe, gentle, cost-effective, and holistic alternative to conventional therapies, with minimal recurrence and no adverse effects

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